



**MORE THAN RIVERS  
CONNECT US**



TOWN OF  
**Oromocto**

**ORWRC**

**OROMOCTO REGIONAL  
WELLNESS & RECREATION CENTRE**

# Oromocto Regional Wellness & Recreation Centre

## *More Than Rivers Connect Us*

As our community grows and our recreation and cultural infrastructure ages, it's time for the Town to invest in modern, energy-efficient, and inclusive facilities.

The Oromocto Regional Wellness & Recreation Centre (ORWRC) will be a multi-use facility providing modern spaces for community health care, public gatherings, community programs, educational classes, and recreational activities.

Accessible for all ages, the ORWRC will offer diverse activities, including ice sports, pickleball, exercise classes, and a walking track, promoting a healthy and active community.

Designed as a community hub, the ORWRC will be a welcoming and sustainable space for all. Residents can enjoy activities, visit the library, meet friends, or simply relax in common areas.



## The facility will feature:



NHL Size Ice Pad  
with Walking Track



Gymnasium with  
Family Changerooms



Fay Tidd  
Public Library



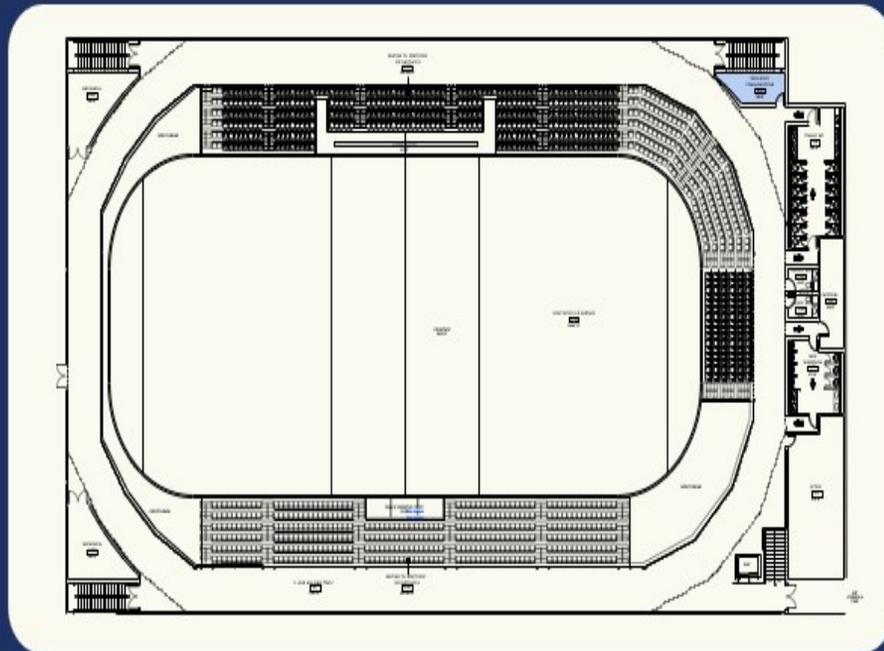
Medical Clinic  
Rental Space



Meeting  
& Common Spaces

# Ice Surface and Walking Track

- Single NHL-size ice pad (200' x 85')
- Indoor walking track
- Seating for 1,000
- Concessions
- Eight change rooms, including two fully accessible
- Community room
- Recreation staff offices



# Fay Tidd Public Library

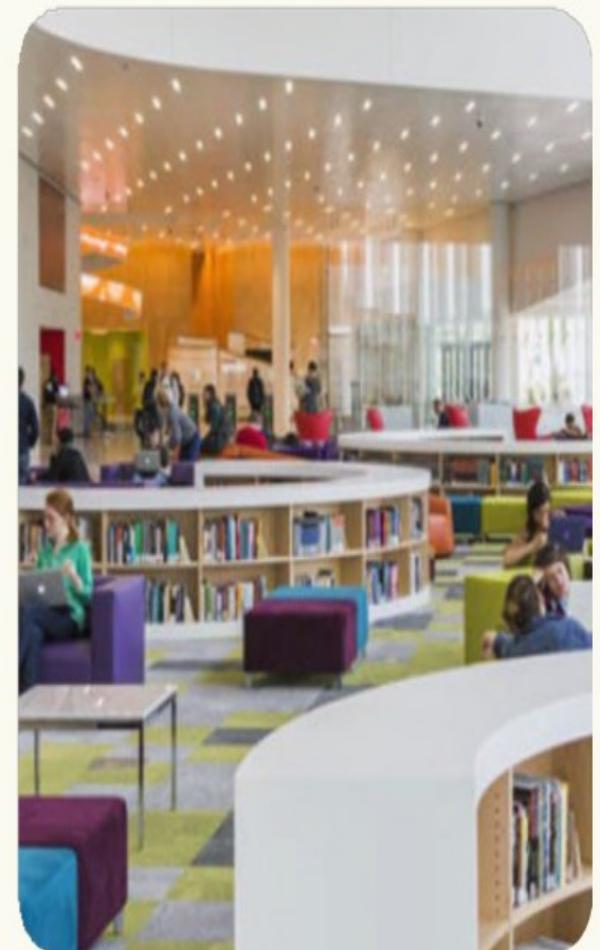
The new library will be a vibrant, welcoming, and adaptable space designed to meet the evolving needs of the community.

This library will reflect the community's vibrancy through public art, exhibitions, and programming while embracing technological advancements.



## Features include:

- A **family-friendly area** with toys, games, and books to nurture a lifelong love of reading.
- **Comfortable spaces** for adults to relax, read, or meet friends.
- A **programming room for activities and events** for all ages.
- **Access to technology**, including computers, printing services, and internet.
- A **diverse collection of materials** for education, information, and recreation.
- **Flexible spaces** for meetings, studying, and larger community events.



# Multi-use and open spaces

The ORWRC will feature a large, tech-enabled multi-use room, divisible into two spaces. It will be ideal for meetings, workshops, training, and presentations, as well as community events like breakfasts and fundraisers.

The main lobby will include inviting seating areas, fostering connection, belonging, and well-being.

## The ORWRC will:

- 🌱 **Provide opportunities** for older adults to combat loneliness.
- 🌱 **Offer newcomers** a chance to meet others.
- 🌱 **Support families** in engaging in physical activities together.
- 🌱 Give youth a safe, positive outlet for **recreation and cultural pursuits.**



“Social connections foster mental, physical, and emotional well-being, reducing risks of anxiety, depression, and cognitive decline”

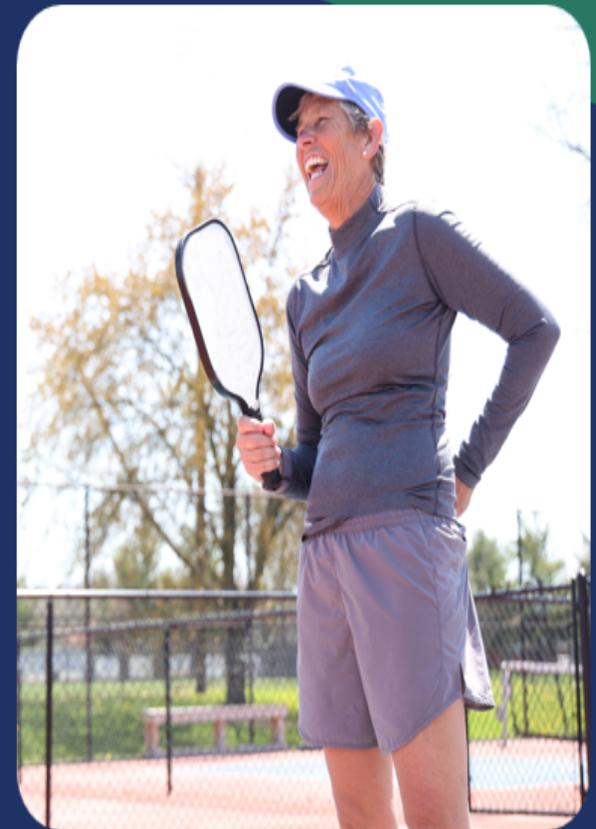
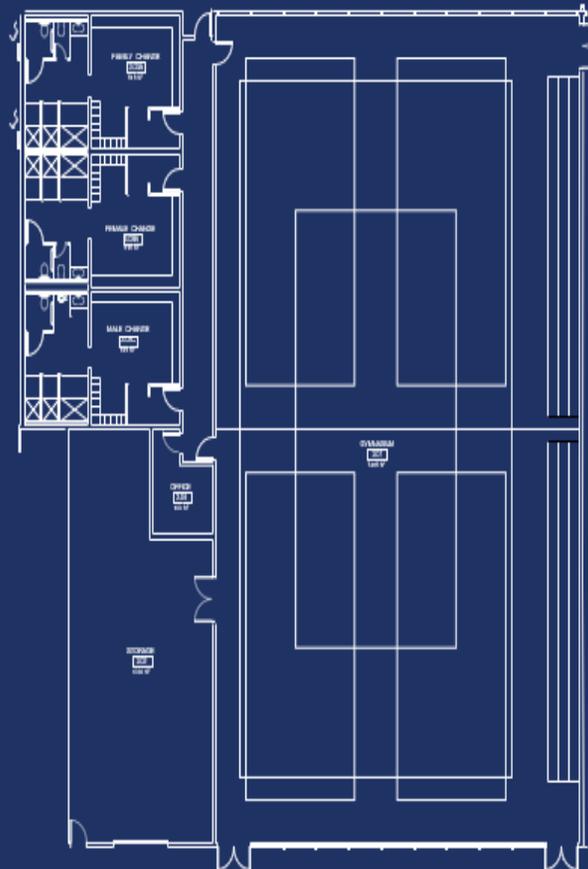
(Source: NIH)

# Gymnasium

The new gymnasium will be a hub for recreation, offering:

- 🐾 **Low-cost activities** for families.
- 🐾 **Programming for local sports** organizations during off-seasons.
- 🐾 **Wellness classes** for adults and older adults.

With family change rooms, water bottle refill stations, and equipment available to sign out, this facility will encourage year-round physical activity and social engagement.



## Recreation Benefits:

- Improves balance, strength, and flexibility.
- Reduces risks of chronic conditions like diabetes, heart disease, and stroke.
- Investing in recreation is investing in health care.

# Accessibility & inclusion

The ORWRC will prioritize accessibility and inclusion with:



Indoor walking track



Wellness classes



Universal change rooms and washrooms



*“My hubby and I recently joined the Oromocto Senior’s Walking Club, and we both love it!*

*Our exercise routine is now far less of a chore for those two times a week.*

*No worries about the cold, the ice or uneven walking surfaces, and, best of all, we get to walk & talk with all the other old fogeys in town who have turned up for the same reasons.*

*And it would be nice during the blistering heat of the summer, too. Wish it was all year round!”*

**Jackie Muise**, Oromocto resident

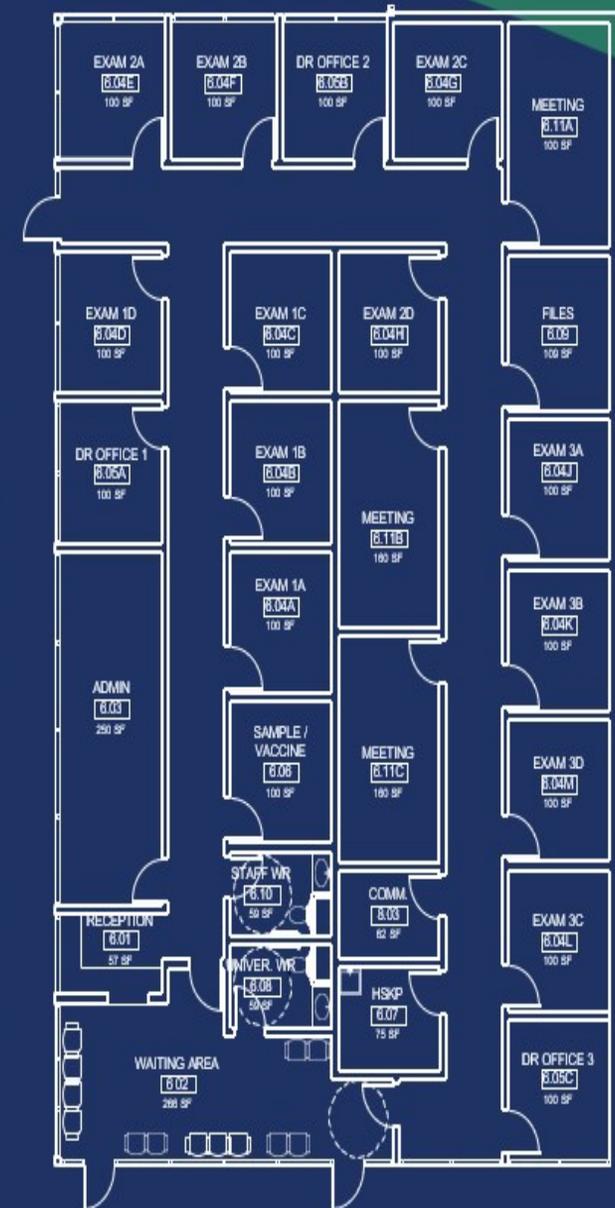
Recreation reduces anxiety, depression, and cognitive decline while improving attention span, problem-solving, and memory.

# Healthcare clinic space

The ORWRC will address the critical need for primary care providers in Oromocto by offering rental space for healthcare professionals.

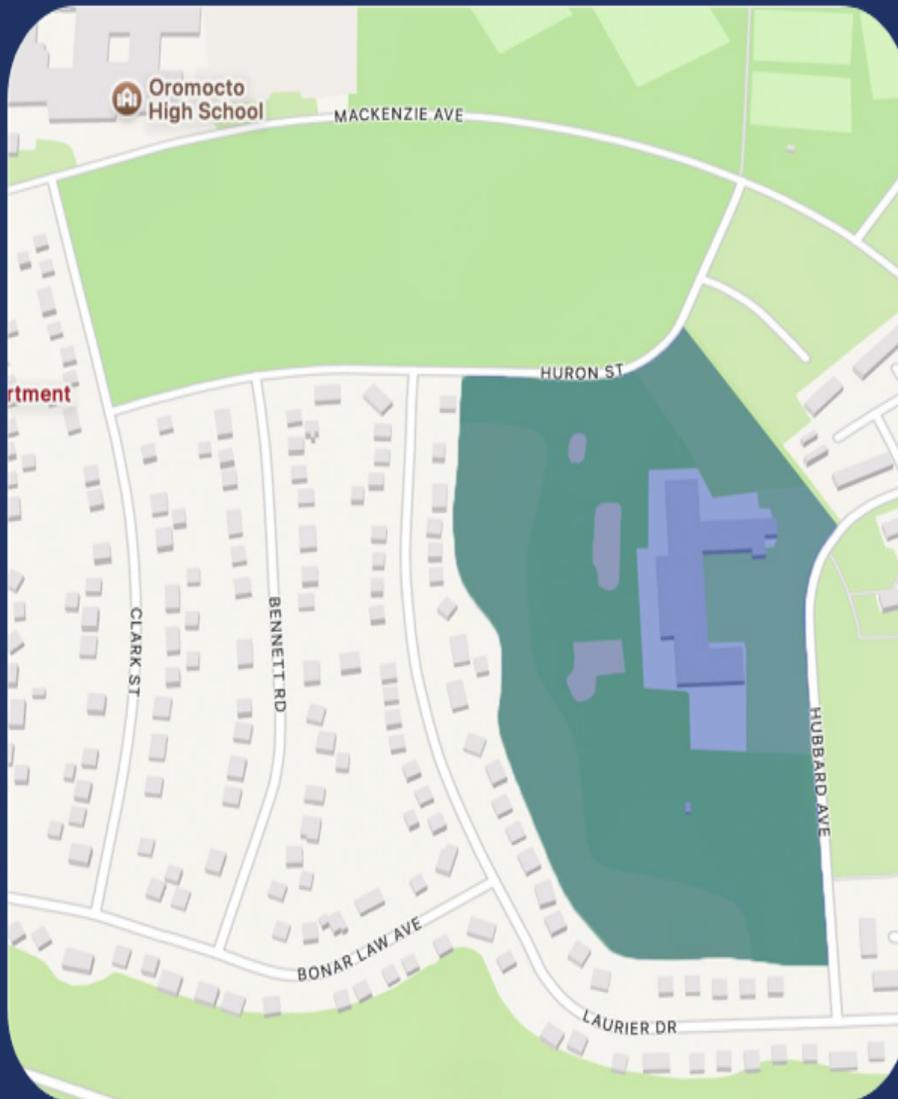
The clinic will be purpose-built for collaborative healthcare, creating synergy between wellness, recreation, and physical activity.

This integration promotes a holistic approach to community health.



The Town will continue working with Horizon Health, the Department of Health, and other stakeholders to support primary care providers and enhance healthcare access in the region.

# The new ORWRC



The ORWRC will be located on the former Hubbard school grounds, conveniently central to schools, the hospital, a new nursing home, 5th CDSB Gagetown, and local sports fields.

This facility will also serve as the Town's Emergency Operations Centre, providing critical resources like:

- ☘ Warming/cooling relief
- ☘ Evacuation sites
- ☘ Charging stations
- ☘ Registration/inquiry spaces

The ORWRC's accessible and energy-efficient spaces will offer something for everyone, fostering social, mental, and physical engagement for all ages.



# Oromocto Regional Wellness & Recreation Centre

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