



SEPTEMBER &
OCTOBER 2023

Recreation
OROMOCTO

Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



Did you know that cooking fires are the leading
cause of home fires and home fire injuries?
Cooking safety starts with YOU.



OPEN HOUSE

COME AND CELEBRATE FIRE
PREVENTION!



OCTOBER
12
2023

6:00 - 7:30 PM
50 MIRAMICHI ROAD

HOPE TO SEE YOU
THERE!



OROMOCTO CLIMATE ACTION CONFERENCE 2023

The Town of Oromocto Climate Action Committee is holding its inaugural Climate Action Conference at the Hazen Centre, **Sept 21st & 22nd**. Come and view the indoor and outdoor exhibitions highlighting the use and development of clean energy, electric vehicles and machinery and other green technology which is free and open to the public.

There will also be presentations and panel discussions focusing on public and private sector projects and programs to reduce carbon emissions.
(\$200.00 registration fee).

If you are interested in volunteering or being a sponsor; or if you would like to highlight your efforts to reduce carbon emissions in the conference or have a display in the indoor and outdoor exhibition space, please contact:

Dallas Gillis RPP, MCIP

Director of Planning and Compliance
506 357 4440 or dgillis@oromocto.ca

For more information, or to register, go to
www.oromocto.ca/climate-action-conference-2023

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Acting Director

506-357-4455

jdunn@oromocto.ca

Laurie Muise - Facilities/ Culture/ Tourism

506-357-4459

lmuisse@oromocto.ca

Ben Noseworthy - Tourism/ Communications

506-357-4458

bnoseworthy@oromocto.ca

Bernie Hurley - Arena/Sport Facilities

506-470-9852

bhurley@oromocto.ca



URBAN/RURAL RIDES
TRANSPORT URBAIN/RURAL

Help Create a Better Sense of Community

**Volunteer as a Driver with
Urban/Rural Rides!**

Volunteer drivers needed

Volunteer drivers are
reimbursed \$.46/km and
undergo a simple screening
process

962-3073 Moncton
999-2102 Greater Fredericton
Area



URBAN/RURAL RIDES
TRANSPORT URBAIN/RURAL

Contact: 506-999-2102
gfaurbanruralrides@gmail.com

**Looking for safe, convenient and
affordable transportation?
Register for free!**

Are you a senior, a person living with moderate
disabilities or a person struggling to afford
transportation? Register today!

NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project
is working with New Brunswick communities in better
supporting people living with dementia and their caregivers.

**If you are a caregiver of a person living with dementia and
would like to talk to us about your experiences,
please contact [Samantha Hachey](mailto:Samantha.Hachey@nbanh.com) at 506-460-6262
or shachey@nbanh.com.**



Active
Transportation
OROMCTO
A Town on the Move!

RECREATION & PARKS

**build strong
families & healthy communities!**

**RECREATIONAL ACTIVITIES
are essential to the holistic
development of
children & youth!**



HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

Acceptable items include: newspapers, cardboard,
boxboard, phonebooks, paperback books, magazines,
catalogues, white & colored paper, computer paper,
scribblers, envelopes, refundable containers (non-
glass only), metal food cans, plastic containers, plastic
grocery bags and milk cartons.

**Behind Fire Station (off MacLaren Ave)
Oromocto Market Superstore
Waasis Road**



Problems with your computer? We will help!

Full support for home or business needs

Servers/ Networking/ Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

24 Hour turnaround time on most issues

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

ADULT FITNESS CLASSES

CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 11 Sept 7:00 - 8:00pm Mondays

Fee: \$82/ 6 wks

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice.

Begins: 13 Sept 7:00 - 8:15pm Wednesdays

Fee: \$96/ 7 wks

55+ FITNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally Independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 18 Sept 10:30 - 11:20am Mondays

Registration begins at 8:45am on 7 Sept

Fee: \$35/ 6 wks

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 21 Sept 10:30 - 11:15am Thursdays

Registration begins at 8:45am on 7 Sept

Fee: \$35/ 6 wks

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month starting at 1:30 p.m at the Hazen Centre.

45's Card Parties

Friday afternoons at 1:30pm at the Hazen Centre

**For more info, please call
President Lucille Crawford at 446-5179**

AUTUMN YEARS 50+ CLUB

Meetings held the 2nd Tuesday every month starting at 1:00pm at the Oromocto Legion (starting 12 September)

Card Parties

Saturday afternoons at 2:00pm at the Hazen Centre
Please call Carmel at 357-5406 for more info.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

55+ RECYCLED TEENS

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Oromocto Legion.

Please call Carmel at 357-5406 for info.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.
Please call Moe at 357-1808.

MEALS ON WHEELS OROMOCTO & AREA

Volunteers Needed. For more info, please contact:
Nancy Nitz-Ashby (Coordinator) 357-0950
Murry Parlee (President) 357-2543

HOSPITALS SEEKING HELPING HANDS

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week.

Please consider donating your time and contact Tracey Fraser at 506-452-5322.

DID YOU KNOW?

Keeping active can improve many aspects of a Senior's life including cognitive function, physical strength & social interaction!



506-357-4409
publicworks@oromocto.ca

The Town of Oromocto's Marina will be transitioning to Fall Hours (weekends only) effective 8 Sept. 2023.

The Town of Oromocto's **Fall Leaf Pickup program** will be taking place over two (2) weeks from **November 6-17** (for the exception of Friday, November 10th due to the offices being closed in observance of Remembrance Day). Yard waste items can be left at curbside. Our crews will be collecting items throughout the Town during this period. Any questions pertaining to the Fall Pickup Program can be made to our Roads & Grounds division at 506-447-0450, or by emailing publicworks@oromocto.ca.

HAZEN PARK CENTRE

The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Capacity:

- ◆ 365 - Chairs only
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



For additional information, to arrange an appointment to view, or to book your "special event", please call Laurie at 506-357-4459 or email lmuisse@oromocto.ca.

OROMCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

THE LOWER
RIVER
PASSAGE



CENTRAL VALLEY
ADULT LEARNING
ASSOCIATION INC.

137 MacDonald Avenue, Oromocto Phone: (506) 357-7892 Fax: (506) 357- 4111

Looking to improve your education and career prospects?
The General Education Development (GED) program can help for FREE!

- Covers the 5 Major subject areas: **Math, Science, Social Studies, Reading, and Writing**
- Widely recognized as having a high school equivalency
- We offer DAY and EVENING classes available, with both full and part-time options to fit your schedule.
- Continuous enrollment - you can start at any time and work at your own pace.

At our Oromocto Arts & Learning Centre location, you'll receive expert instruction and support from our dedicated teachers. And when you're ready, we'll help you apply to write your GED tests, which are offered monthly in Oromocto and Fredericton.

But don't just take our word for it - many of our graduates have already gone on to complete college diplomas and achieve their dreams. So why wait?



www.facebook.com/CentralValleyAdultLearningAssn



Registration for library programs will start Tuesday, Sept 5.
Space is limited, unless otherwise listed as "drop-in".
Please call the library at 357-3329 to register.

Fridays starting Sept 8 Having an issue downloading from our online library? Want to learn how to set up an email? We book one-on-one **TECH APPOINTMENTS** on Friday afternoons.

Sat, Sept 9 We're hosting a **WASHER TOSS TOURNAMENT** for adults 18 years and older from 2-3pm.

Tues, Sept 12 & Oct 10 The **BOOK CLUB** will meet at 6pm. Meet new people and learn about new books.

Wednesdays starting Sept 13 Enjoy an hour and a half-long **YIN YOGA** class free at the library. Classes start at 6pm. Register weekly, starting Thur for the following week's class.

Thu, Sept 21 Witches and wizards ages 9 and up can join us for **POTIONS AND POISONS** at 3:30pm. Please register in advance to reserve a spot.

Sat, Sept 30 We're hosting a special **OPEN HOUSE** from 10am-2pm to showcase all the services the library has to offer. A barbeque, tours, activities, something for everyone!

Tues, Oct 3 We're hosting a **HARRY POTTER TRIVIA NIGHT** for adults 18 years and older at the library on Tuesday night at 6:30pm. Test your knowledge of the books. Please register in advance to reserve a spot. Costumes are encouraged.

Fri, Oct 6 Our first **FUN FRIDAY** is a **HARRY POTTER TRIVIA EVENT** at 3:30pm for ages 8 and up. Test your knowledge of the books. Please register in advance to reserve a spot. Costumes are encouraged.

Fri, Oct 13 Our **FUN FRIDAY** event is a **PUPPET SHOW** from 3:30-4:30 for all ages. No registration is necessary.

Sat, Oct 14 **PUMPKIN PAINTING** for adults 18 and older will take place from 2-4pm. Please register in advance to reserve your pumpkin. All supplies provided.

Fri, Oct 20 Our **FUN FRIDAY** event is a **LEGO CHALLENGE EVENT** at 3:30pm for ages 5 and up. Please register in advance.

Thurs, Oct 26 Ages 9 and older can join us for campfire style **SCARY STORIES** at 3:30pm. Register and reserve a spot.

Fri, Oct 27 Our **FUN FRIDAY** event is **PUMPKIN PAINTING** at 3:30pm for ages 5 and up. Please register in advance to reserve a pumpkin. All supplies are provided.

Sat, Oct 28 Join us for a **HALLOWEEN FAMILY FUN DROP-IN**. Toys, games, and art activities will be out all day... a fun drop-in program for the whole family focused on learning through play.

Sat, Oct 28 Join us for a special book club for children and their parent/ guardian. This **FAMILY BOOK CLUB** will have juice, snacks and discussion. Register in advance at the library to pick up your copy of the book. Books are appropriate for ages 8 and up.

Our regular children's programs will start in October.

Thursday **BABIES IN THE LIBRARY** is a 30-minute program for parents or guardians and babies (infants to 18 months) that runs on Thursday mornings at 10:15am.

Friday We are having a **FAMILY STORYTIME** at 10:15am. Learn important early literacy skills through stories, play, songs, rhymes, and activities.

All library programs are free of charge.
Please register in advance by calling 357-3329.

For more information and special events go to
www.gnb.ca/publiclibraries or follow us on Facebook.

The library offers free Internet access
as well as printing services.

The library will be CLOSED Thursday, Sept 28.

LIBRARY HOURS

Tues & Wed	10:00am – 9:00pm
Thurs, Fri, Sat	10:00am – 5:00pm



LEISURE LEARNING!

OVER 70 IN-PERSON AND ONLINE COURSES

NON-CREDIT COURSES & WORKSHOPS

- Arts & Crafts
- Health & Wellness
- Languages
- Photography
- Lifestyle & Leisure
- Writing & Literature

506-453-4646 or
 1-866-599-4646
go.unb.ca/leisurelearning



Art Centre
 College of Extended Learning
LEISURE LEARNING & DESIGN WORKS

Community Notices

BASE GAGETOWN FALL EXPO 9 SEPT 2023 10AM TO 2PM

CLUBS/ GROUPS/ ACTIVITIES

To reserve your table, please email
FOWLER.SARAH@CFMWS.COM
Tables are \$20 plus tax



To register with Patient Connect NB for a primary care provider, please call **811** or visit www.gnb.ca/patientconnectNB.

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.



HOST FAMILIES Wanted!

Every year students in grades 6 to 12 from all over the world choose New Brunswick for a cultural and academic experience. Our school and homestay program is well-recognized and respected in NB and abroad.

Become a host to an international student!

- Learn about a new culture
- Share Canadian cultural experiences
- Create lifelong friendships
- Receive a bi-weekly stipend for hosting
- Access support 24/7 from AEI team

APPLY TODAY!

For more information visit NBISP.CA
Larry Wood larry.wood@nbisp.nb.ca
506-476-7634



ST. LUKE'S THRIFT SHOP - Building G335

Donations are accepted during opening hours or by placing items under the steps in the enclosure.
Operating hours : Mon & Tue: 1830-2000 ~ Tues & Wed: 1300-1430 ~ Fri: 0930-1100 ~ Sat 1300-1500.
All profits go to various local organizations. First right after the main entrance and second chapel on the left.

OROMOCTO QUILTERS

We meet the third Thursday of the month at 6:30pm at the Hazen Center. Everyone welcome!

Learn new skills or improve old ones. Membership for the year is only \$20.

For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

LINTUHTINE MUSIC ACADEMY OF OROMOCTO (Oromocto Arts & Learning Centre)

Like to sing? We have a FABULOUS combined choir (of TEENS & ADULTS) which learns & performs a great variety of music.

Mostly on break for the summer but will have a couple of singing sessions.

More information, please contact (Director) Helen at 1-506-470-1377 or eilidhmarag2012@gmail.com.

Registration dates: Aug 31: 3:00-5:30pm, Sept 6: 3:00-5:30pm & Sept 7: 3:00-5:30pm Choir Rehearsals begin on Sept 11

OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available online at: www.oromoctoandareasportswalloffame.com

For info, please call Jerry McCann at 687-4420.

Oromocto Pioneer Gardens Cemetery Company Inc.

The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, & executes all matters related to the cemetery.

For more info, email us at info@oromoctopioneergardens.ca or check our Facebook page and website: oromoctopioneergardens.ca.

HOSPICE SERVICES

Hospice services are now available in the Oromocto area. Volunteers from Oromocto have been trained and are ready to work with individuals and families coping with advanced illness, death and bereavement.

For more information, please email: info@hospicefredericton.ca or visit www.hospicefredericton.ca

Town Notices

JULY/ AUGUST COUNCIL HIGHLIGHTS

Project Planning for a New Multi-Purpose Facility

The Chief Administrative Officer was directed by Council to begin the project planning for the construction of a new multi-purpose facility, to be situated at the former Hubbard Street School location.

Land Sale – Brayson Boulevard

Town Council has authorized the sale of land on Brayson Boulevard, PID 60195054, in the amount of \$131,979 for the purpose of a business expansion located at the corner of Brayson Boulevard and Black Watch Avenue.

Public Hearing of Written Objections

Council held a public hearing of written objections for the Municipal Plan By-Law to be amended to allow for a future residential housing development off Waasis Road in Oromocto West. Council will now be seeking the views of the Planning Advisory Committee on this project.

Staffing

Ms. Barbara Hatt was hired to fill the vacant position as the Human Resources Manager and Mr. Ben Noseworthy was hired to the new position of Tourism & Communications Officer.


John Fife Memorial

The Town Council and staff participated in an unveiling of a memorial plaque at the Gage Golf and Curling Club to honour the Town's former Chief Administrative Officer, Mr. John Fife.

WALK/WHEEL/RIDE
RUN WITH
MARCHÉ/PATINEZ/ROULEZ
COUREZ AVEC

TERRY

**SUNDAY
SEPT 17
2023**



Register online at terryfox.org

**OROMCTO
TERRY FOX
RUN**

Sunday, Sept 17

Please register
in advance at
www.terryfox.org

1:00pm -
Run starts

Hazen Centre -
994 Onondaga St

Town of Oromocto



Council in Committee:

13 & 19 Sept 5:30PM
11 & 17 Oct 5:30PM

Regular Session:

21 Sept 5:30PM
19 Oct 5:30PM



**Canadian
Red Cross**

1-800-418-1111



TOWN OF OROMCTO

2023 DOG LICENSE

All dogs must be registered in the Town.

\$20 for neutered male/spayed female dog

\$30 for unneutered male/ unspayed female dog

**PROOF OF RABIES VACCINATION MUST BE PROVIDED
BEFORE DOG LICENSE CAN BE ISSUED**

Licenses may be purchased at these locations:

Oromocto Municipal Office ~ Oromocto SPCA
Oromocto Veterinary Hospital

CAUTION

Users may encounter Town maintenance vehicles while visiting the Town Trail System.

If you discover any maintenance concerns,
call 357-4409 or e-mail recreation@oromocto.ca



**RECREATION & PARKS build
families & healthy commu**



**NB MILITARY HISTORY MUSEUM
BASE GAGETOWN**

*Tours by appointment only.
Please contact us at
506-422-2000 ext 1304 or
info@nbmilitaryhistorymuseum.ca*



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5



**ROTARY CLUB OF
OROMOCTO**
NEW BRUNSWICK • CANADA
SERVICE ABOVE SELF SINCE 1982
www.oromctorotary.ca



Follow our Facebook Page
"Oromocto Rotary Club"
for more information!



NAPA OROMOCTO
LOCALLY OWNED
273 Restigouche Rd, Oromocto

506-357-8883
WWW.NAPACANADA.COM

**C.B.
WARREN'S
AUTO CARE**
357 - 2228

9 Seneca St.
Oromocto, N.B.
E2V 2H1

cb.warrensauto@gmail.com
Owner: Chris Warren

LOCAL RECREATION ORGANIZATIONS

NB MILITARY FAMILY RESOURCE CENTRE - 422-3352
PSP GAGETOWN - 422-2749

Oromocto Minor Hockey - www.omhahockey.ca

Oromocto Ringette - oromctoringette@gmail.com

Oromocto Skating Club - www.oromctoskaters.yolasite.com

Oromocto Area Minor Football -
www.capitalareafootball.nb.ca

Oromocto Baseball Assoc. - visit their Facebook page

Oromocto Softball Association -
oromctosoftball@gmail.com

Oromocto Area Soccer Assoc. - www.oromctosoccer.ca

Oromocto Dragons Judo Club - info@dragonsjudoclub.com

Oromocto Boxing Club - oromctoboxingclub@gmail.com

Base Gagetown Recreation Association -
www.pspgagetown.nb.ca

Oromocto Youth Bowling (YBC) - rodnitz@rogers.com

Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca

Gage Curling Club - www.gagegolfandcurling.com

Oromocto & Area Pickleball Club - visit their Facebook page

Girl Guides

Everything she wants to be.

*Looking for a place where girls are empowered
to take the lead, jump into awesome activities
and explore what matters to them?*

girlguides.ca/jointoday

1-800-565-8111

**BREAKFAST
FUNDRAISERS**

**16 September
21 October
18 November**



OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

For more information, please call 357-3397.