



SEPTEMBER  
OCTOBER 2021

# Recreation OROMOCTO

*Building a Healthy Community*



TO REGISTER: ONLINE at [WWW.RECREATIONOROMOCTO.CA](http://WWW.RECREATIONOROMOCTO.CA)  
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE  
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333





Make plans to join us for a celebration on the evening of Saturday, September 4, 2021!

Entertainment at Sir Douglas Hazen Park green followed by fireworks at dusk.

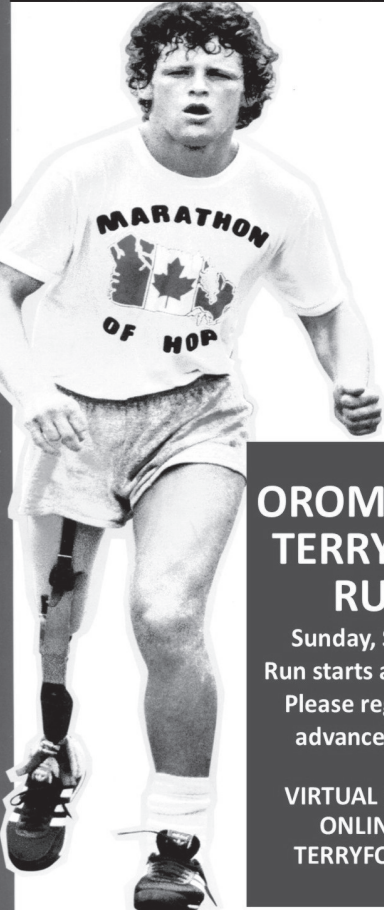
Check our Facebook page for more info.

sponsored by



WALK/WHEEL/RIDE  
**RUN WITH**  
MARCHEZ/PATINEZ/ROULEZ  
**COUREZ AVEC**

Register online at [terryfox.org](http://terryfox.org)



**TERRY**

SUNDAY  
SEPT 19  
2021

**OROMOCTO  
TERRY FOX  
RUN**

Sunday, Sept 19  
Run starts at 1:00PM  
Please register in advance online

VIRTUAL OPTION  
ONLINE AT  
[TERRYFOX.ORG](http://TERRYFOX.ORG)

## TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT Info & online registration at [WWW.RECREATIONOROMOCTO.CA](http://WWW.RECREATIONOROMOCTO.CA)

Jackie Dunn - Programs/Special Events	357-4455
Laurie Muise - Facilities/ Culture/ Tourism	357-4459
Bernie Hurley - Arena/Sport Facilities	357-8155
Bill Jarratt - Director	357-4456

[jdunn@oromocto.ca](mailto:jdunn@oromocto.ca)  
[lmuisse@oromocto.ca](mailto:lmuisse@oromocto.ca)  
[bhurley@oromocto.ca](mailto:bhurley@oromocto.ca)  
[bjarratt@oromocto.ca](mailto:bjarratt@oromocto.ca)

## ADULT FITNESS CLASSES

### CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

**Begins: 13 Sept 7:00 - 8:00pm Mondays**

**Fee: \$82/ 6 wks**

### Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice.

**Begins: 15 Sept 7:00 - 8:15pm Wednesdays**

**Fee: \$96/ 7 wks**

*In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, Wendy may transition to online classes. If this occurs, refunds will not be provided as classes will still be offered in virtual form.*

### MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact:

Nancy Nitz-Ashby (Coordinator) 357-0950

Murry Parlee (President) 357-2543

### HOSPITALS SEEKING HELPING HANDS

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week.

*Please consider donating your time and contact Tracey Fraser at 506-452-5322.*

### AUTUMN YEARS 50 PLUS CLUB

The next meeting will be held on September 14 at 1:00pm at the Royal Canadian Legion Oromocto.

*New members are welcome. \*Note the change of venue.*

### SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre.

Come and join the fun.

For more info, please call

President Doris Wilson at 357-5644.

## 55+ FITNESS CLASSES

### 55+ Chair Yoga \*New time

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

**Begins: 13 Sept 10:30 - 11:20am Mondays**

**Registration begins at 8:45am on 8 Sept**

**Fee: \$23/ 6 wks**

### 55+ Move Well (Pilates based) \*New day & time

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

**Begins: 16 Sep 10:30 - 11:15am Thursdays**

**Registration begins at 8:45am on 8 Sept**

**Fee: \$27/ 7 wks**

*In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, Wendy may transition to online classes. If this occurs, refunds will not be provided as classes will still be offered in virtual form.*

### 55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Hazen Centre. Starts: Sept 13 **Please call Helen at 357-6888 for info.**

### 55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

**Please call Betty at 357-6664.**

### 55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.

**Please call Moe at 357-1808**

## SENIORS' CARD PARTIES

**at the Hazen Centre (994 Onondaga St.)**

Sunbury Seniors Friendship Group: Fridays @ 7:00pm

Autum Years 50 Plus Club : Saturdays @ 7:00pm  
(Starting 18 Sept)

**HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS**

**Acceptable items include:** newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribblers, envelopes, refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons.

**Gateway Plaza,  
Freeman's Convenience  
and Oromocto Market Superstore**



**LOCAL RECREATION ORGANIZATIONS**

**NB MILITARY FAMILY RESOURCE CENTRE - 422-3352  
PSP GAGETOWN - 422-2749**

- Oromocto Minor Hockey Association - [www.omhahockey.ca](http://www.omhahockey.ca)
- Oromocto Ringette Association - [oromctoringette@gmail.com](mailto:oromctoringette@gmail.com)
- Oromocto Skating Club - [www.oromctoskaters.yolasite.com](http://www.oromctoskaters.yolasite.com)
- Oromocto Area Minor Football - [www.capitalareafotball.nb.ca](http://www.capitalareafotball.nb.ca)
- Oromocto Baseball Assoc. – visit their Facebook page
- Oromocto Softball Association - [oromctosoftball@gmail.com](mailto:oromctosoftball@gmail.com)
- Oromocto Area Soccer Assoc. - [www.oromctosoccer.ca](http://www.oromctosoccer.ca)
- Oromocto Dragons Judo Club - [info@dragonsjudoclub.com](mailto:info@dragonsjudoclub.com)
- Oromocto Boxing Club - [oromctoboxingclub@gmail.com](mailto:oromctoboxingclub@gmail.com)
- Base Gagetown Recreation Association - [www.pspgagetown.nb.ca](http://www.pspgagetown.nb.ca)
- Oromocto Youth Bowling (YBC) - [rodnitz@rogers.com](mailto:rodnitz@rogers.com)
- Piranhas Youth Volleyball - [nic.boucher@nbed.nb.ca](mailto:nic.boucher@nbed.nb.ca)
- Gage Curling Club - [shawn.riggs@forces.gc.ca](mailto:shawn.riggs@forces.gc.ca) or 999-2311
- Oromocto & Area Pickleball Club - visit their Facebook page

**O  
D  
C** OROMOCTO  
DENTAL  
CENTRE

**DR JESSICA NIELSEN  
DR JONATHAN GALLANT**

**202 RESTIGOUCHE RD  
(506) 446-3300**

**TOWN OF OROMOCTO  
2021 DOG LICENSE**

All dogs must be registered in the Town.  
\$20 for neutered male/spayed female dog  
\$30 for unneutered male/  
unspayed female dog

**PROOF OF RABIES VACCINATION  
MUST BE PROVIDED  
BEFORE DOG LICENSE CAN BE ISSUED**

**Licenses may be purchased at these locations:**  
Oromocto Municipal Office ~ Oromocto SPCA  
Oromocto Veterinary Hospital ~ Vets Love Pets

**Hazards of Feeding Wildlife in an Urban Area**

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit [www.oromocto.ca/page/widepage/By-Laws](http://www.oromocto.ca/page/widepage/By-Laws) for By-Law 417 A.

**The general rule is: "Do not feed wildlife."**

## ATTENTION PET OWNERS

As per Town By-law 417 **dogs & cats** "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

**Please leash your dog & cat in public spaces.**

As per Town By-law 417, if an animal defecates on any public or private property, other than the property of its owner, the owner shall remove such feces.

**Please be responsible and clean up after your pets.**

To register with Patient Connect NB for a primary care provider, please call **811** or visit [www.gnb.ca/patientconnectNB](http://www.gnb.ca/patientconnectNB).

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.



THE LOWER  
RIVER  
PASSAGE



LE CIRCUIT  
DU BAS  
SAINT-JEAN

## NOTICE

### GATEWAY TRAIL Parking Area Closed Alternate Trail Access

Please be advised that the Gateway Wetland trail head parking lot and picnic area off Gateway Drive will be closed as construction for the new visitor and interpretive centre will begin.

Most of the trail is still accessible, and parking is available at Canadian Tire Oromocto on Miramichi Road.

A Wetland trail access point is directly across from Canadian Tire and there is a crosswalk leading to it. Please use caution when crossing this busy street.

Another parking and access option is at the end of D'Amours St.



### CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

**If you discover any maintenance concerns, call 357-8155 or e-mail [recreation@oromocto.ca](mailto:recreation@oromocto.ca)**



Problems with your computer? We will help!

Full support for home or business needs

Servers / Networking / Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

1299 Hanwell Road

Tel: 206-6300

[help@pcgirls.ca](mailto:help@pcgirls.ca)

[www.pcgirls.ca](http://www.pcgirls.ca)

*24 Hour turnaround on most issues*

# FAY TIDD PUBLIC LIBRARY

## 357-3329

Fall programming at the library will start up on the week of October 7<sup>th</sup>.

We will be offering some fun programs like Storytimes in both English and French, Babies in the Library, Building Bonanza, S.T.E.A.M., Preteen Creating, and more!

Stop by the library, call us at 357-3329, or keep up on our Facebook page during September to find out more information.

*You can access our online resources from the comfort of your home! No card? No problem! Request a library card through our website: [www.gnb.ca/publiclibraries](http://www.gnb.ca/publiclibraries)*

*You'll gain access to online resources such as eBooks, animated story books, language learning tools, car repair resources, and more!*

*For the most current information, please check our website or visit us on Facebook.*

### LIBRARY HOURS

Tues: 2pm to 5pm and 6pm to 8pm

Wed, Thurs, Fri and Sat:  
10 am to 12 pm and 1pm to 4pm

Sunday and Monday: CLOSED



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

### Occupancy Loads:

- ◆ 500 - Standing
- ◆ 365 - Chairs
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



**For additional information on the Hazen Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email [lmuisse@oromocto.ca](mailto:lmuisse@oromocto.ca).**



## CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC.

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111  
[www.cvala.ca](http://www.cvala.ca) ~ [www.facebook.com/CentralValleyAdultLearningAssn](http://www.facebook.com/CentralValleyAdultLearningAssn)

### General Education Development (GED) Program

Covers the 5 Major subject areas:  
Math, Science, Social Studies, Reading and Writing

Small Class Sizes

Flexible Schedule, Day & Evening Classes

Part-time or Full-time Enrollment  
Work at Your Own Pace!

**Free!**

Continuous Enrollment!

Register today!  
Call 357-7892 or  
email [admin@cvala.ca](mailto:admin@cvala.ca)

### Digital Literacy Program

Do you need to develop your digital skills to achieve your educational or employment goals?

- \* Device/OS Basics & File Management
  - \* Internet
  - \* Email
- \* Device Security, Privacy & Ethics
- \* Productivity Programs
- \* Social Media - Share and Collaborate
- \* Much More!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning

# Community Notices

## OROMOCTO QUILTERS

We meet the third Thursday in September, October and November at 6:30pm at the Hazen Center. Everyone welcome! Learn new skills or improve old ones. Membership for the year is only \$20. First meeting is September 16. For more information call Ute Lamb at 440-2131 or email [utelamb@gmail.com](mailto:utelamb@gmail.com)

## OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For info, please call Jerry McCann at 687-4420.

## DID YOU KNOW?

Keeping active can improve many aspects of a Senior's life including cognitive function, physical strength & social interaction!

## LINTUHTINE MUSIC ACADEMY

Lintuhtine Studio, Oromocto Arts & Learning Centre  
137 MacDonald Ave

Registration (please use back entrance)

August 31	3:30 - 5:30pm
Sept 9 & 10	3:30 - 5:00pm



Classes begin on Monday, September 13  
High School Teens & Adults: Mondays from 7:00 - 8:30 pm  
Grades 6 - 8 singers: Mondays from 5:30 - 6:30pm  
Special practices: Mondays from 8:40 - 9:10 pm  
(These singers will know ahead of time)

For the time being, we regret that we will not be able to have programmes in place for the under 12 year old category.

**Cost: Adults & Senior teens -\$130 (full year)**  
**Younger teens - \$120 (full year)**

To keep this as safe as possible, several rules will apply including: At registration, proof must be shown of your double vaccination. On the way in and out of the building, a mask must be worn. Masks are removed while singing.

Please visit our Facebook page or contact the Director for additional precautions or more info on the program.

Director - H. McKinnon at 506-470-1377 or e-mail: [eilidhmorag2012@gmail.com](mailto:eilidhmorag2012@gmail.com)

**THE OROMOCTO MARKET**, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

## Oromocto Pioneer Gardens Cemetery Company Inc.



The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors.

This community-based organization manages, organizes, and executes all matters related to the cemetery.

For more info or to volunteer please contact [info@oromoctopioneergardens.ca](mailto:info@oromoctopioneergardens.ca)

## Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit [www.oromocto.ca/page/widepage/By-Laws](http://www.oromocto.ca/page/widepage/By-Laws) for By-Law 417 A.

**The general rule is: "Do not feed wildlife."**

# Town Notices

## COUNCIL HIGHLIGHTS for JULY - AUGUST 2021

### Hiring of Chief Administrative Officer

Council accepted the recommendation of the Selection Committee and appointed Mr. John Fife to the position of Chief Administrative Officer/Town Clerk. Mr. Fife started his position 16 August 2021.

### RCMP 3<sup>rd</sup> Floor Lease Agreement

Council entered into a seven-year lease agreement with the RCMP for administrative office space within the Oromocto Municipal Building.

### Land Sales

The Director of Planning and Compliance has been actively involved in the negotiations of a number of land sales within the Town. Council approved the following sales:

Lots 1 & 2 – 26 and 30 Terry Fox Drive

3.8 acres of serviced land on Black Watch Ave and Doyle Drive

6.78 acres of raw land in Oromocto West off of Terry Fox Drive

8.59 acres of raw land in Oromocto West off of McConnell Ave

The cumulative value of all land sold was: \$ 859,600.00

### Howland Street

The Town accepted the recommendation of the Planning Advisory Committee for a new street to be named "Howland Street" to be developed in the Greg Stewart Ltd. Subdivision.

### Conservation Agreement – Ducks Unlimited for Deer Park

Council entered into a conservation agreement with Ducks Unlimited Canada for the right to maintain and manage the Ducks Unlimited Canada dam and water control structure to improve it for the wildlife and waterfowl in Deer Park.

### Fredericton Regional Aquatics Centre

Council entered into an agreement with the Regional Pool Committee for the design phase only of the Fredericton Regional Aquatics Centre in the amounts of \$15,597 in 2021 and \$36,393 in 2022, contingent upon participation by all the other local, regional and senior government jurisdictions.

### Labour Day Community Event

The Director of Recreation and Tourism was authorized to commence the planning process for a community event to celebrate the end of the mandatory order to be held during the Labour Day weekend.

### 2020 Annual Report

Council approved the 2020 Town of Oromocto Annual Report for publishing. A copy may be viewed online at [www.oromocto.ca](http://www.oromocto.ca).

## Notice of Town of Oromocto



### **Council in Committee:**

14 September 5:30PM

19 October 5:30PM

### **Regular Session:**

16 September 5:30PM

21 October 5:30PM

## Public Information Notice Temporary Storage Shelters

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated.

*If you have any questions, please contact the  
Planning and Compliance office at 357-4500.*

**NB MILITARY HISTORY MUSEUM  
BASE GAGETOWN**

*Tours by appointment only.  
Please contact us at  
506-422-2000 ext 1304 or  
info@nbmilitaryhistorymuseum.ca*



**www.nbmilitaryhistorymuseum.ca**  
**Base Gagetown, Building A5**



**RECREATION & PARKS**  
**build strong families &**  
**healthy communities!**

**RECREATIONAL ACTIVITIES**  
are essential to the holistic  
development of  
children and youth!



**TOWN OF OROMOCTO  
MILLENNIUM AWARD**



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

**Nomination Forms available at:**  
**Online at [www.romocto.ca/grants-amp-awards](http://www.romocto.ca/grants-amp-awards)**

**C.B.  
WARREN'S  
AUTO CARE**  
**357 - 2228**

9 Seneca St.  
Oromocto, N.B.  
E2V 2H1

cb.warrensauto@gmail.com  
Owner: Chris Warren



**NAPA OROMOCTO**

**LOCALLY OWNED**  
273 Restigouche Rd, Oromocto

**506-357-8883**  
**WWW.NAPACANADA.COM**

**Girl Guides**

Everything she wants to be.

*Looking for a place where girls are empowered  
to take the lead, jump into awesome activities  
and explore what matters to them?*

[girlguides.ca/jointoday](http://girlguides.ca/jointoday)

**1-800-565-8111**



Assisting adults with an intellectual  
disability towards achieving  
independence and securing gainful  
employment within their Community.

**OROMOCTO TRAINING & EMPLOYMENT CENTRE**  
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5  
Monday-Friday 7:30am-4:00pm

Lorie Mitchell, Executive Director @ 357-3397 ext 3  
Email: [lmotec@nb.aibn.com](mailto:lmotec@nb.aibn.com)

**OROMOCTO  
ROTARY CLUB**  
"Service Above Self"  
[www.romoctorotary.ca](http://www.romoctorotary.ca)



**2021 Calendars are available.**  
*A chance to win weekly - 104 draws a year  
Help Rotary support Local!*  
There are **Goldmine Toonie draws**  
every Monday for **\$2.00 weekly.**  
Any Rotarian can help you with calendars  
or the Goldmine.