



SEPTEMBER OCTOBER 2020

Recreation OROMOCTO

Building a Healthy Community



**TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333**



ADULT FITNESS CLASSES

CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges. Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 21 Sept 7:00 - 8:00pm Mondays
Fee: \$82/ 6 wks

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice

Begins: 23 Sept 7:00 – 8:15pm Wednesdays
Fee: \$96/ 7 wks

*To register for the above classes,
please visit the Service Centre located on the
third level of the Municipal Offices at 4 Doyle Drive or
online at www.recreationoromocto.ca.*

55+ FITNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere. Must be cleared for exercise and functionally independent. Note: This class is not held entirely seated. Bring your own mat.

Begins: 21 Sept 10:15 - 11:15am Mondays
Registration begins at 8:45am on 10 Sept
Fee: \$21/ 6 wks

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength. Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 25 Sept 10:15 - 11:00am Fridays
Registration begins at 8:45am on 10 Sept
Fee: \$25/ 7 wks

*To register for the above classes,
please visit the Service Centre located on the
third level of the Municipal Offices at 4 Doyle Drive or
online at www.recreationoromocto.ca.*

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events
Laurie Muise - Facilities/ Culture/ Tourism
Bernie Hurley - Arena/Sport Facilities
Bill Jarratt - Director

357-4455
357-4459
357-8155
357-4456

jdunn@oromocto.ca
lmuisse@oromocto.ca
bhurley@oromocto.ca
bjarratt@oromocto.ca



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Occupancy Loads:

- ◆ 500 - Standing
- ◆ 365 - Chairs
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



www.oromocto.ca

**For additional information on the Centre,
to book an appointment to view or to book your "special event"
please call Laurie at 357-4459 or
email lmuisse@oromocto.ca.**

TOWN OF OROMOCTO 2020 DOG LICENSE

All dogs must be registered in the Town.

\$20 for neutered male/spayed female dog

\$30 for unneutered male/
unspayed female dog

**PROOF OF RABIES VACCINATION MUST BE PROVIDED
BEFORE DOG LICENSE CAN BE ISSUED**

Licenses may be purchased at these locations:

Oromocto Municipal Office ~ Oromocto SPCA

Oromocto Veterinary Hospital ~ Vets Love Pets



OROMOCTO

VIRTUAL

TERRY FOX RUN

SUNDAY, 20 SEPT, 2020

WWW.TERRYFOX.ORG

The Terry Fox Foundation is excited to announce that Canadians will continue to support cancer research through Virtual Runs from coast to coast to coast this September.

Terry once said, "Anything is possible if you try." Today, 40 years later, we will have to innovate as well – we can't think of anything that Terry would appreciate more.

Help us celebrate the 40th anniversary of Terry's Marathon of Hope by joining us today.

THE TERRY FOX RUN

ONE DAY. YOUR WAY.

SUNDAY SEPTEMBER 20, 2020

REGISTER AND FUNDRAISE AT TERRYFOX.ORG

**WALK, BIKE, RUN, HIKE, WHEEL, RIDE, SKATE
FOR CANCER RESEARCH**

Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit this link <http://www.oromocto.ca/page/widepage/By-Laws> for By-Law 417 A.

The general rule is: "Do not feed wildlife."

TOWN COUNCIL ADDRESSES USE OF TRANS CANADA TRAIL BY OFF-ROAD VEHICLES

The Oromocto Town Council is committed to ensuring the safety of its citizens and creating safe places for families. Driving off-road vehicles on the Trans Canada Trail is prohibited and illegal.

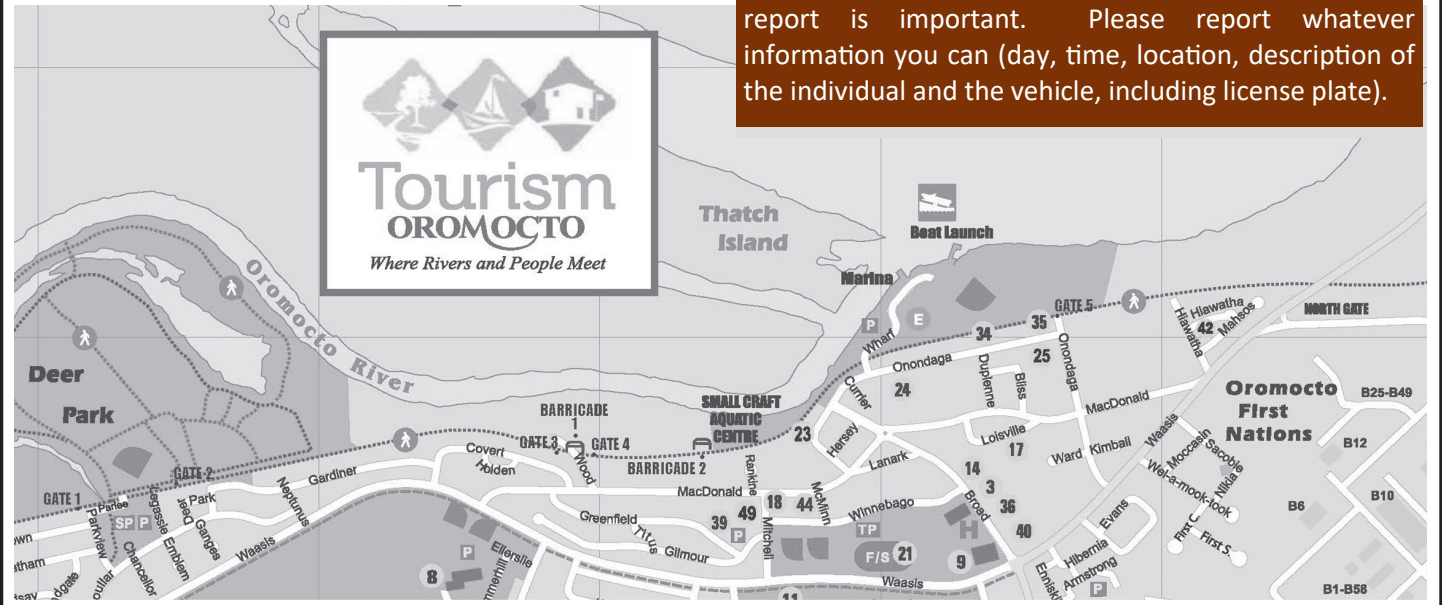
Although mitigation efforts will be employed, there may still be some that choose to disobey the law. If so, residents are to contact the RCMP or the Off-Road Vehicle Enforcement Unit.

ACTIONS TO BE TAKEN IMMEDIATELY INCLUDE:

- *Safety Gates and Barricades (see map)*
- *Warning Signs*
- *Camera Installations (at barricades)*
- *Increased Enforcement*

If you witness the illegal use of the trail, please report it to the provincial **Off-Road Vehicle Enforcement Unit** at **1-877-449-2244** or OffRoadVehicle@gnb.ca and the **RCMP** at **1-888-506-RCMP (7267)**.

The RCMP prioritize their resources on data, so your report is important. Please report whatever information you can (day, time, location, description of the individual and the vehicle, including license plate).



OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

LINTUHTINE MUSIC ACADEMY

Lintuhtine Studio, Oromocto Arts & Learning Centre
137 MacDonald Ave

Info: Helen Mórág McKinnon at eilidhmorag2012@gmail.com

Until the Coronavirus pandemic subsides, there are no practices for our groups. However, as soon as we are able to, we will resume with our rehearsing.

Please check out our Facebook page for a possible new music project in the works.

To register with Patient Connect NB for a primary care provider, please call **811** or visit www.gnb.ca/patientconnectNB.

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.





FAY TIDD PUBLIC LIBRARY @ 357-3329

Here's what to expect when visiting your library:

Maximum Capacity: There is a limit of 5 people in the library at a time.

Face Masks: We encourage wearing community face masks while visiting.

Physical Distancing: There are directional arrows in tight areas, but please look before you go.

Quarantine: Returned items will be quarantined for 72 hours and will remain on your account for that time.

Grab n' Go: We encourage people to make their visit as brief as possible (10 - 15 minutes).

Computer Usage: Computer stations are available to book for a half hour.

Printing Services: Printing, photocopying, and faxing are available. Please ask at the information desk.
Payment is cash only.

You can access our online resources from the comfort of your home! No card? No problem! Request a library card through our website: www.gnb.ca/publiclibraries. You'll gain access to online resources such as eBooks, animated story books, language learning tools, car repair resources, and more!

For the most current information, please check our website: www.gnb.ca/publiclibraries or follow the Fay Tidd Public Library on Facebook.

LIBRARY HOURS

Tuesday - 3pm to 5pm and 6pm to 8pm

Wednesday, Thursday, Friday and Saturday -
10 am to 12 pm and 1pm to 3pm

Sunday and Monday
CLOSED



**CENTRAL VALLEY
ADULT LEARNING
ASSOCIATION INC.**

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

General Education Development (GED) Program: Classes are completely Free!

Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available to fit your schedule
- Full or Part-time options
- Continuous enrollment so get started at any time



Getting your GED is a great first start to bigger and better things — many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests.

Don't wait — contact us today at 357-7892 or admin@cvala.ca to get started!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning

LINTUHTINE MUSIC ACADEMY
Lintuhtine Studio
Oromocto Arts & Learning Centre
137 MacDonald Ave
Info: Helen Mórág McKinnon at
eilidhmorag2012@gmail.com or
1-506-470-1377



For the future, please e-mail or text to let Helen know if you wish to be contacted regarding any of the available programmes - that way you will be put on a contact list.

Public Information Notice Temporary Storage Shelters

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated.

If you have any questions, please contact the Planning and Compliance office at 357-4500.

ATTENTION PET OWNERS

As per Town By-law 417 **dogs & cats** "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

Please leash your dog & cat in public spaces.

HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

Acceptable items include: newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribblers, envelopes, refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons.

**Gateway Plaza,
Freeman's Convenience
and Oromocto Market Superstore**



**Did you still need
your parents at age
10, age 12... what
about at age 14 or 16?**

Social Development invites you to learn about foster care and older child adoption in New Brunswick. There are children and youth in our communities who need a loving, supportive home to grow up in.

*Find out how
you could be the
difference for a child*

www.gnb.ca/SocialDevelopment

**Aviez-vous encore besoin de
vos parents à l'âge de 10 ans,
de 12 ans ou encore à l'âge de
14 ou de 16 ans ?**

Le ministère du Développement social vous invite à en apprendre davantage au sujet des familles d'accueil et de l'adoption d'enfants plus âgés. Il y a des enfants dans nos communautés qui ont besoin d'un domicile qui offre de l'amour et du support.

*Découvrez comment vous
pouvez faire la différence
pour un enfant*

www.gnb.ca/DéveloppementSocial

[453-3181] [1-800-990-0119]



Problems with your computer? We will help!

Full support for home or business needs

Servers / Networking / Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

24 Hour turnaround on most issues

Community Notices

ARTISTS WHO CARE



Our art classes continue to be canceled until further notice.

Please visit our Facebook page for updates on when classes might be able to start again.

We hope that all of you continue to feel healthy and keep on being safe.

Sincerely,
Barb, Beth, Jeannie & Helen

CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

If you discover any maintenance concerns, call 357-8155 or e-mail recreation@oromocto.ca

LOCAL RECREATION ORGANIZATIONS

NB MILITARY FAMILY RESOURCE CENTRE - 422-3352
PSP GAGETOWN - 422-2749

Oromocto Minor Hockey Association - www.omhahockey.ca
Oromocto Ringette Association - oromctoringette@gmail.com
Oromocto Skating Club - www.oromctoskaters.yolasite.com
Oromocto Area Minor Football - www.capitalareafootball.nb.ca
Oromocto Baseball Assoc. – visit their Facebook page
Oromocto Softball Association - oromctosoftball@gmail.com
Oromocto Area Soccer Assoc. - www.oromctosoccer.ca
Oromocto Dragons Judo Club - info@dragonsjudoclub.com
Oromocto Boxing Club - oromctoboxingclub@gmail.com
Base Gagetown Recreation Association - www.pspgagetown.nb.ca
Oromocto Youth Bowling (YBC) - rodnitz@rogers.com
Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca
Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311
Oromocto & Area Pickleball Club - visit their Facebook page

OROMOCTO & SURROUNDING AREA COMMUNITY GARDENS

The Oromocto Community Gardens has available beds for anyone wishing to dabble in growing their own produce, herbs, or flowers. If interested, please message us directly from our Facebook page.

THE OROMOCTO MARKET, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info, please call Jerry McCann at 687-4420.



Oromocto Pioneer Gardens Cemetery Company Inc.

Please visit our website at www.oromctopioneergardens.ca
Contact us at 292-2477 or at info@oromctopioneergardens.ca
Sales can be arranged by contacting us either at the above number or through e-mail.

HOSPITALS SEEKING HELPING HANDS

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week. Please consider donating your time and contact Tracey Fraser at 506-452-5322.

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact: Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

Town Notices

COUNCIL HIGHLIGHTS JULY - AUGUST 2020

Building Permits Are Up!

So far this year it has been an extremely busy one for construction within the Town. The Director of Planning reported to Council in July that the value of construction to date is over \$9 million so far this year, a 155% increase over this time last year.

Service/Payment Centre Relocated

The service/payment centre for the Town of Oromocto has relocated to the third level of the municipal building to better serve our customers. Citizens may now enter the main doors and be greeted on the third level for payments, registrations, and general information. To minimize the number of people in the building, we are still strongly encouraging residents to continue to make their payments and registrations on-line as much as possible.

Town of Oromocto Awarded Age Friendly Community Accreditation

The Town has been awarded an Age Friendly Community Accreditation. This is an internationally recognized program where the age-friendly community has policies, services, and structures in place that promote healthy aging and wellness. They are communities designed to assist seniors to age actively. In other words, the community is set up to help seniors live safely, enjoy good health and stay involved. Council would like to thank the citizens who participated in the creation of the Town's age-friendly action plan. Your efforts and contributions were greatly appreciated and helped to successfully obtain this notable accreditation.

New ATV Trail Through the Town

The Rusagonis ATV Club and QuadNB have been working with the Town and other landowners to create a safe, off-road trail for recreational use through the Town of Oromocto. The new route is expected to open this Fall and will follow the current snowmobile corridor. This route will enable visitors to stop at local businesses for their food, gas, etc. and will connect the local riders to the vast number of trails in the surrounding areas. The Town continues to work with all partners to keep ATVs off trails where they are not permitted, including the Hazen Park area. If ATVs are operating where they are not permitted, please call RCMP at 1-888-506-RCMP (7267).

Council Reviewed Plans for the Re-opening of the King's Arrow Arena

The Director of Recreation and Tourism presented the King's Arrow Arena COVID-19 User Group Operation Plan to Council in August. This plan addresses key areas such as physical distancing, cleaning, and disinfecting, hand and respiratory hygiene and pre-screening for symptoms. All user groups will be required to develop their respective COVID-19 Operational Plans and submit them to the Director of Recreation and Tourism for review prior to their initial ice times.

Notice of Meetings

Town of Oromocto



Council in Committee:

15 Sept - 5:30PM

20 Oct - 5:30PM

Regular Session:

17 Sept - 5:30PM

22 Oct - 5:30PM

RECREATION & PARKS

build strong families & healthy communities!

RECREATIONAL ACTIVITIES

are essential to the holistic development of
children and youth!

**NB MILITARY HISTORY MUSEUM
BASE GAGETOWN**

*Tours by appointment only.
Please contact us at
506-422-2000 ext 1304 or
info@nbmilitaryhistorymuseum.ca*



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5

RECREATIONAL ACTIVITIES

are essential to the holistic development
of children and youth!

*Keeping active can improve many aspects
of a Senior's life including
cognitive function, physical strength &
social interaction!*

**TOWN OF OROMOCTO
MILLENNIUM AWARD**



This award is presented to a deserving Volunteer who
has made an outstanding contribution to arts &
culture, community service, sports or recreation in
Oromocto.

Nomination Forms available at:
Online at www.oromocto.ca/grants-amp-awards

**C.B.
WARREN'S
AUTO CARE**
357 - 2228

9 Seneca St.
Oromocto, N.B.
E2V 2H1

cb.warrensauto@gmail.com
Owner: Chris Warren



NAPA OROMOCTO
LOCALLY OWNED
273 Restigouche Rd, Oromocto

506-357-8883
WWW.NAPACANADA.COM

Girl Guides

Everything she wants to be.

*Looking for a place where girls are empowered
to take the lead, jump into awesome activities
and explore what matters to them?*

girlguides.ca/jointoday

1-800-565-8111



Assisting adults with an intellectual
disability towards achieving
independence and securing gainful
employment within their Community.

OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

Lorie Mitchell, Executive Director @ 357-3397 ext 3
Email: lmotec@nb.aibn.com

**OROMOCTO
ROTARY CLUB**
"Service Above Self"
www.oromctorotary.ca



2020 Calendars are available. \$20/ each.

*A chance to win weekly 104 draws with
4 x \$250.00. Help Rotary support Local!
There are **Goldmine draws** every Monday
for **\$2.00 weekly**.*

*Any Rotarian can help you with calendars
or the Goldmine.*