

NOVEMBER &
DECEMBER 2018

Recreation
OROMOCTO
Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



FALL LEAF COLLECTION
TOWN OF OROMOCTO
NOVEMBER 5 - 16, 2018



In an effort to divert the volume of waste materials from the landfill, the Town will offer a leaf curbside collection of all residential households.

Acceptable Materials

Leaves **ONLY** in clear polyethylene plastic bags of 1.5 ml thickness with a maximum capacity of 55 litres securely tied at the top and not exceeding 20 kg (44 lbs) per bag.

Please **do not** place leaves at curbside in advance of November 5 and not after November 16.

Yard waste can also be taken to the
Fredericton Region Solid Waste Commission
(1775 Alison Blvd.)
during its normal hours of operation:
Mon-Fri 7:30am - 5:00pm &
Saturday 7:30 am - 3:00pm.

Council would like to hear from you!
Open to all residents of the Town of Oromocto



2019 BUDGET CONSULTATION
Wed, Nov 14, 2018 @ 5:30pm

2019 BUDGET PRESENTATION
Tues, Dec 11, 2018 @ 5:30pm

Council Chambers
Municipal Offices - 4 Doyle Drive

Town of Oromocto
2019 BUDGET

NOTICE:

The Municipal Offices will be closed:
November 12 and
December 24 to January 1.
We will re-open on January 2, 2019

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT
Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events	357-4455	jdunn@oromocto.ca
Laurie Muise - Facilities/ Culture/ Tourism	357-4459	lmuisse@oromocto.ca
Bernie Hurley - Arena/Sport Facilities	357-8155	bhurley@oromocto.ca
Bill Jarratt - Director	357-4456	bjarratt@oromocto.ca

ADULT WELLNESS CLASSES

Pilates for the Ultimate CORE

Join Wendy in this ultimate Modern Pilates core conditioning class. This program will increase your core stability, help reduce back pain and improve your overall mobility. Wendy only chooses the safest & most effective Pilates exercises and stays away from traditional Pilates exercises that are now known to potentially cause harm!

Begins: 5 Nov 7:00 to 8:00pm Mon

Fee: \$82/ 6 wks

Restore Yoga

This slow paced Yoga practice unwinds and opens the body using gentle yoga poses, breathwork and body release techniques to enhance the restorative experience. Restore is beneficial to those seeking a slower, deeper practice to improve mobility, lightly strengthen the body and de-stress. Intended for all levels & beginner friendly. Bring pillow/blanket. Yoga mats provided and blocks.

Begins: 7 Nov 7:00 to 8:15pm Wed

Fee: \$82/ 6 wks

HAZEN PARK CENTRE

The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Capacity:

- ◆ 365 - Chairs only
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



For additional information on the Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email lmuisse@oromocto.ca.

LINTUHTINE MUSIC ACADEMY

Lintuhtine Studio, Oromocto Arts & Learning Centre
137 MacDonald Ave

UPCOMING CONCERTS:

"The Christmas Story" - Saturday, Dec. 1 at 7:00pm

Oromocto United Church

Monetary donation at door with proceeds to go to Oromocto Food Bank

"The Christmas Story" - Sunday, Dec. 2 at 7:00pm

Saint Andrew's Presbyterian Church (Fredericton)

Monetary donation at door with proceeds to go to Fredericton Food Bank

"Lintuhtine Welcomes Christmas"

Sunday, December 8 at 7:00pm

Oromocto United Church

Monetary donation at door with proceeds to go to music costs.



TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

**Nomination Forms available at:
Oromocto Municipal Offices - 4 Doyle Drive**

ARTISTS WHO CARE

A variety of arts and music workshops and lessons for our area 55+ population.

Check our Facebook Page @ www.facebook.com/weareartistswhocare the week before for a project description and sample photo of the project.



Monday, November 19 10:00am - 12:00pm
Instructor - Jeanne Cowan

Monday, December 3 10:00am - 12:00pm
Instructor - Barbara Heans

Monday, November, 26 10:00am - 12:00pm
Instructor - Beth McIntosh

Monday, December 10 10:00am - 12:00pm
Instructor - Helen Morag McKinnon

REGISTRATION PROCESS: Fee: \$11.50/ Residents, \$12.65/ Non-Residents

To register, please visit the Service Centre on the 1st floor of the Municipal Offices or www.recreationoromocto.ca to register online.

Registration will start one week before the scheduled class.

The deadline to register will be at noon on the Thursday before the scheduled class.

55+ ACTIVITIES



Locally Owned and Operated!

Helping Clients Hear Better! Call and make an appointment to discuss your hearing needs with one of our Clinical Audiologists!

**Your
Evaluation
is Free!!**

2 Gateway Drive, Unit 3
Oromocto, NB
(506) 446-3658
suzanne@audiocorp.ca
www.audiocorp.ca



55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Hazen Centre. Starts: Sept 11

Please call Helen at 357-6888 for info.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

55+ Bridge

We meet every Wednesdays from 1:00 to 3:15pm at the Hazen Centre & are currently welcoming new members.

Please call Marie at 357-8922 or Sandra at 357-3445.

55+ Chair Yoga

This Yoga class is a gentle approach that incorporates a chair for added support and comfort. It is designed to be accessible to for the more mature participant.

REGISTRATION STARTS ON 29 OCT AT 8:45AM.

Begins: 5 Nov 10:15 to 11:15am Mon

Fee: \$23/ 6 wks

55+ Pilates

A Pilates class designed to fit the needs of the more mature participant. This is a gentle, slow-paced class to improve mobility, balance and increase overall strength. You should have the ability to get up and down off the floor and be cleared for Pilates.

REGISTRATION STARTS ON 29 OCT AT 8:45AM.

Begins: 9 Nov 9:00 to 10:00am Fri

Fee: \$23/ 6 wks

SENIORS' CARD PARTIES

at the Hazen Centre (994 Onondaga St.)

Sunbury Seniors Friendship Group: Fridays @ 7:00pm

Autumn Years Seniors Club: Saturdays @ 7:00pm

**RECREATION & PARKS
BUILD STRONG FAMILIES &
HEALTHY COMMUNITIES!**

OROMOCTO QUILTERS

Meetings held the 3rd Tuesday of the Month from September to June - Hazen Centre at 7pm

New quilters welcome. For more information, please contact:

Sarah DeVarenne 357-3124

sarah.devarenne@gmail.com

Jane Galloway 357-8490

jgallow@bellaliant.net

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre.

Come and join the fun. For more info, please call President Doris Wilson at 357-5644.

LADIES' AUXILIARY - OROMOCTO LEGION BRANCH 93

The next monthly meetings will be Sept 5 & Oct 3 at 2:30p.m.

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact: **Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543**

OROMOCTO PUBLIC HOSPITAL AUXILIARY GIFT SHOP

Open Monday to Friday 9 – 3 PM / Sunday 1 – 3 pm

Located in Main Lobby of Oromocto Hospital. Wide variety of gift items, cards, scarves, purses, jewellery, home knitting, snacks, stuffed animals, coffee & more. All profits are donated for the purchase of medical equipment.

FAY TIDD PUBLIC LIBRARY @ 357-3329

Friday, Nov 2 & Dec 7 PRETEEN CREATING CLUB (for youth in grades 6-8) will meet from 3:30pm-4:30pm. Every month is a new creation!

Saturday, Nov 3 & Dec 1 First Saturday of every month is **FAMILY FUN @ THE LIBRARY** at 2pm! There will be toys, games, art activities...a fun drop in program for the whole family focused on learning through play.

Saturday, Nov 10 & Dec 8 ADULT COLOURING for adults from 2-4pm is a relaxing chance to meet with friends. All materials supplied.

Friday, Nov 9 & Dec 14 The over-sixty crowd is invited to join us for **BROWSE & BRUNCH** at the library from 9-10am.

Friday, Nov 9 & 23 We are hosting two **ADULTING 101** workshops for young adults 15 and older on the two PD days in November at 10:30am. One will focus on searching and applying for jobs and the other on budgeting.

Tues, Nov 13 & Dec 11 The **BOOK CLUB** will meet at 6:30pm. Meet new people and learn about new books. Please come prepared to share a book you have read.

Thurs, Nov 15 & Dec 20 The **HACKMATAACK BOOK CLUB** (for youth in grades 4 to 6) will meet at 3:30pm. Club members meet monthly for activities and discussion on the best Canadian children's books.

Saturday, Nov 17 Join us for **GAMES @ THE LIBRARY** from 2-4pm. Fun for all ages. We have board game classics and some new favourites. Participants are welcome to bring their own games as well.

Saturday, Nov 24 & Dec 22 We'll be showing **CLASSIC MOVIES** Saturday at 2pm. November is **From Here to Eternity** and the Christmas classic **It's A Wonderful Life** is in December.



Friday, Nov 30 The library will be having a **CHRISTMAS TEA** fundraising event at 2pm. Relax with a cup of tea, some sweets, and a visit with friends before the holiday season gets hectic. Tickets are \$5 each. Please pick up your tickets at the library in advance due to limited seating.

Wednesdays, Dec 5, 12, 19 The library is hosting a **CROCHET WORKSHOP** series for preteens (youth in grades 6-8) on Wednesdays at 6:30pm. The project will be a winter headband, perfect for those just learning. Please register in advance since supplies are limited.

Saturday, Dec 15 There'll be a **HOLIDAY EXTRAVAGANZA** for school-aged children at 2pm. Join us for crafts and games! Please register in advance.

Monday, Dec 31 All ages are invited to the library's **NOON YEAR'S EVE PARTY!** The little ones may not be able to stay up to celebrate New Year's at midnight, but they can join us for some fun from 11am-12pm as we count down to noon! There will be crafts, games, and refreshments.

*Our regular children's programs will take a short break in December and run for an 8-week session starting again in January. **Registration will start December 17th.***



For more information about these free programs or to register, please call the library at 357-3329.

LIBRARY HOURS

Mon, Thurs, Fri, Sat 10:00am – 5:00pm
Tues & Wed 10:00am – 9:00pm

The library will be **CLOSED:**
Monday, November 12th
Monday, December 24th
Tuesday, December 25th
Wednesday, December 26th



Recreational Activities
are essential to the
holistic development
of children and youth.





CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC.

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

General Education Development (GED) Program: Continuous Intake for Classes

Covers the 5 Major subject areas: Math, Science, Social Studies, Reading and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available to fit your schedule
- Full or Part time options
- FREE program with continuous enrollment



Getting your GED is a great first start to bigger and better things - many of our graduates are already completing college diplomas. We currently have day & evening classes available at the Oromocto Arts and Learning Centre and day classes at Oromocto First Nation.

Don't wait - contact us today at 357-7892 or admin@cvala.ca to get started!

 "Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc.

COMMUNITY RECREATION & SPORTS CONTACT INFORMATION

Oromocto Minor Hockey Association - www.omhahockey.ca

Oromocto Area Minor Football - www.capitalareafotball.nb.ca

Oromocto Area Soccer Association - www.oromoctosoccer.goalline.ca

Oromocto Skating Club - www.oromoctoskaters.yolasite.com

Oromocto Ringette Association - oromctoringette@gmail.com

Oromocto Dragons Judo Club - info@dragonsjudoclub.com

Oromocto Boxing Club - oromctoboxingclub@gmail.com

Base Gagetown Recreation Association - www.pspgagetown.nb.ca

Oromocto Youth Bowling (YBC) - rodnitz@rogers.com

Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca

Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311

Oromocto & Pickleball Club - visit their Facebook page

Did you know?

Recreational activities are essential to the holistic development of children and youth.

ODC
OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300



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Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

24 Hour turnaround on most issues

Community Notices

OROMOCTO BOXING CLUB

Our Kid's Boxing Program is back! Starting Nov 5! Program will be Mondays and Wednesdays at 5-5:45pm for children aged 6-11, at a monthly cost of only \$40 per child or \$60 for 2 children. This program will be coached by Coach Sean Finnigan, 6-time Provincial Champ, 3-time Canadian Champ. Limited space is available!

Sign up for recurring/non-recurring monthly payment plans at www.romoctoboxingclub.com/catalog/5

Note: there is also a yearly registration fee of \$40 per child.

THE OROMOCTO MARKET, a community co-operative. **NOV 4 & DEC 9, 10am-2pm.** Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

Join Sobeyes Registered Dietitian for our FREE Fall Taste & Learn Classes! Tuesdays 12noon at Oromocto Sobeyes.
To register or for more information, please call 452-9984 or email ellie.doggett@sobeyes.com

OROMOCTO & AREA FOOD AND CLOTHING BANK

SOUPER MONDAY every Monday from 11:00-1:00 in the Community Room. Join us for soup and sandwich selections, desserts and tea/coffee/water. All for a free will donation. And we offer take-out!

OROMOCTO ROTARY CLUB - CHRISTMAS HOUSE TOUR - NOVEMBER 25 from 4-6pm

We have 4 homes to view. Reception to follow at the Hazen Park with entertainment. Tickets: \$10.00
Available at ARP Pharmacy, Oromocto Lotto Booth, Pizza Twice, The Galleria, any Rotarian or call Paula Hiltz 357-8014.



Oromocto Pioneer Gardens Cemetery Company Inc.

Please visit our website at www.romoctopioneergardens.ca

Contact us at 292-2477 or info@romoctopioneergardens.ca

****NEW COLUMBARIUM UNITS ARE NOW ON-SITE****

ROTARY CLUB CALENDARS - \$20

We have draws 2 weekly \$50.00 & 4 draws of \$250.00

Money from these sales go to the Rotary Camp to help families sent their families on a holiday for a week in the summer.

Support this great cause - buy for a Christmas gift. Call any Rotarian for your chance to win.

St. Mary's Catholic Women's League - Cash for Clothes Drive

Help support the Association of Community Living! All donations of clothing, footwear, bedding, linens, purses, etc. are accepted. These do not need to be new clothing: Clothing with rips and tears are also acceptable.

Clothes can be dropped off at St. Mary's Chapel at CFB Gagetown Monday to Friday, 9:00-3:00pm or at 16 Hillcrest Court on Nov. 3 from 10:30-2:30. Please join us in supporting a very worthwhile cause.

St Luke's Thrift Shop open at G332, directly behind St Mary's Chapel

Accepting donations of household goods, clothing and recreational items. No furniture or large electronic equipment.

Operating hours Mon, Tues, Weds 1830-2030, Tues, Weds & Sat 1300-1500 call local 4108 for info.

HOSPITALS SEEKING HELPING HANDS

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week.

Please consider donating your time and contact Tracey Fraser at 506-452-5322.

OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info, please call Jerry McCann at 687-4420.

Town Notices

Notice of Meetings Town of Oromocto



Council in Committee:
14 & 20 Nov 5:30PM
5 & 11 Dec 5:30PM
Regular Session:
22 Nov 7:00PM
13 Dec 7:00PM

HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

Acceptable items include: newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribblers, envelopes, refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons.

**Gateway Plaza, Freeman's Convenience and
Oromocto Market Superstore**

TOWN OF OROMOCTO - 2019 DOG LICENSE

All dogs must be registered in the Town of Oromocto.

\$20 for neutered male/spayed female dog

\$30 for unneutered male/unspayed female dog

**PROOF OF RABIES VACCINATION MUST BE PROVIDED
BEFORE DOG LICENSE CAN BE ISSUED**

Licenses may be purchased at the following locations:

Oromocto Municipal Office	Oromocto SPCA
Oromocto Veterinary Hospital	Vets Love Pets

KING'S ARROW ARENA

2018-19 PUBLIC SKATING

Monday to Friday 11:30am to 1:00pm
2:30pm to 3:45pm
Sunday 3:15pm to 4:45pm

Mandatory Head Protection Policy

All participants ages 18 years and younger will be required to wear a CSA approved helmet.

**Please note the arena is closed for Statutory Holidays
(Holiday closure: Dec 24, 25, 26, 31 & Jan 1)**

Public Information Notice Temporary Storage Shelters

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated.

If you have any questions concerning property setbacks, contact the Planning and Compliance office at 357-4500.

CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

**If you discover any maintenance concerns,
call 357-8155 or e-mail recreation@oromocto.ca**



AUTO PARTS

**Military
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NB MILITARY HISTORY MUSEUM BASE GAGETOWN

Hours of Operation:
Monday to Friday 8am - 4pm
Saturday & Sunday tours by
appointment only



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5

NEED A VENUE FOR YOUR "SPECIAL OCCASION"?



The Town has several facilities
& various meeting spaces
available for rent.

For additional info or to book your event,
please call Laurie at 357-4459 or
email lmuse@oromocto.ca.



OROMOCTO VETERINARY HOSPITAL

357-8880

Mon-Thu 7 AM — 7 PM
Fri 7 AM — 6 PM
Sat 8 AM — 1 PM

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oromoctovethospital.com

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8am-4:30pm • Friday

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Oromocto, N.B.
E2V 2H1

357 - 2228

cb.warrensauto@gmail.com
Owner: Chris Warren



Assisting adults with an intellectual disability

FUNDRAISING BREAKFAST
17 NOV
8:00 to 11:00am

OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

For more info on services offered, please contact:
Lorie Mitchell, Executive Director @ 357-3397 ext 3
Email: lmotec@nb.aibn.com

OROMOCTO ROTARY CLUB

"Service Above Self"



Annual Dinner & Auction
November 30, 2018 - Cost \$25.00 (includes supper)
Doors open: 6pm, Dinner: 6:30pm
Purchase from any Rotarian, by calling Ralph at 357-8312
or order from the Oromocto Rotary Club Facebook page.
Always a fun, entertaining & rewarding event.
Come out & pick up some fabulous gifts for the Christmas
Season. There will be something for everyone on your list.