



NOVEMBER & DECEMBER 2022

Recreation OROMOCTO

Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



KING'S ARROW ARENA 2022-23 FREE PUBLIC SKATING



Monday to Friday: 11:30am to 1:00pm &
2:30pm to 3:45pm

Sunday: 3:15pm to 4:45pm

Mandatory Head Protection Policy:
All participants ages 18 years and younger will
be required to wear a CSA approved helmet.

All children under the age of 12 must be
accompanied by an adult over the age of 18.

Please note:
- The arena is closed for Statutory Holidays.
- Public skating may be
cancelled for special events.



LOCAL RECREATION ORGANIZATIONS

- NB MILITARY FAMILY RESOURCE CENTRE - 422-3352
- PSP GAGETOWN - 422-2749
- Oromocto Minor Hockey - www.omhahockey.ca
- Oromocto Ringette - oromocroringette@gmail.com
- Oromocto Skating Club -
www.oromoctoskaters.yolasite.com
- Oromocto Area Minor Football -
www.capitalareafootball.nb.ca
- Oromocto Baseball Assoc. – visit their Facebook page
- Oromocto Softball Association -
oromoctosoftball@gmail.com
- Oromocto Area Soccer Assoc. - www.oromoctosoccer.ca
- Oromocto Dragons Judo Club - info@dragonsjudoclub.com
- Oromocto Boxing Club - oromoctoboxingclub@gmail.com
- Base Gagetown Recreation Association -
www.pspgagetown.nb.ca
- Oromocto Youth Bowling (YBC) - rodnitz@rogers.com
- Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca
- Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311
- Oromocto & Area Pickleball Club - visit their Facebook page

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events	357-4455	jdunn@oromocto.ca
Laurie Muise - Facilities/ Culture/ Tourism	357-4459	lmuisse@oromocto.ca
Bernie Hurley - Arena/Sport Facilities		bhurley@oromocto.ca
Bill Jarratt - Director	357-4456	bjarratt@oromocto.ca



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Occupancy Loads:

- ◆ 500 - Standing
- ◆ 365 - Chairs
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



www.oromocto.ca

For additional information on the Hazen Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email lmuisse@orumocto.ca.



Contact: 506-999-2102
gfaurbanruralrides@gmail.com

Looking for safe, convenient and affordable transportation? Register for free!

Are you a senior, a person living with moderate disabilities or a person struggling to afford transportation? Register today!



Help Create a Better Sense of Community

Volunteer as a Driver with Urban/Rural Rides!

Volunteer drivers needed

Volunteer drivers are reimbursed \$.46/km and undergo a simple screening process

962-3073 Moncton
999-2102 Greater Fredericton Area



CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

If you discover any maintenance concerns, call 357-8155 or e-mail recreation@orumocto.ca



RECREATION & PARKS build strong families & healthy communities!

RECREATIONAL ACTIVITIES are essential to the holistic development of children & youth!



Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit www.oromocto.ca/page/widepage/By-Laws for By-Law 417 A.

The general rule is: "Do not feed wildlife."

ADULT FITNESS CLASSES

CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 7 Nov 7:00 - 8:00pm Mondays

Fee: \$82/ 6 wks

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice.

Begins: 9 Nov 7:00 - 8:15pm Wednesdays

Fee: \$82/ 6 wks

55+ FITNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally Independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 14 Nov 10:30 - 11:20am Mondays

Registration begins at 8:45am on 1 Nov

Fee: \$21/ 5 wks

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 10 Nov 10:30 - 11:15am Thursdays

Registration begins at 8:45am on 1 Nov Sept

Fee: \$25/ 6 wks

For more information about these classes, please visit www.livingfit.ca or contact Course Instructor Wendy at: wendy@livingfit.ca.

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre.

Come and join the fun.

For more info, please call

President Doris Wilson at 357-1770

55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Oromocto Legion.

Please call Carmel at 357-5406 for info.

AUTUMN YEARS 50 PLUS CLUB

Meetings will be held at the Oromocto Legion on
November 8 at 1pm
December 13 at 12pm

Card Party on Saturdays @7pm at the Hazen Centre

NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.

If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, contact Samantha at 506-460-6262 or shachey@nbanh.com.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.

Please call Moe at 357-1808

DID YOU KNOW?

Keeping active can improve many aspects of a Senior's life including cognitive function, physical strength & social interaction!

LINTUHTINE MUSIC ACADEMY

Lintuhtine Studio

Oromocto Arts & Learning Centre , 137 MacDonald Ave

Info: Helen Mórág McKinnon at eilidhmorag2012@gmail.com or 506-470-1377

FaceBook - Lintuhtine Music Academy - public page

Upcoming Concerts (Monetary donation at the door)

Directed by Helen Mórág McKinnon

Accompanist - Lynn Mills

In Remembrance

a.) Sun. Nov. 6th - 3:00 pm Saint Andrew's Presbyterian Church, Fredericton

b.) Sun. Nov. 13th 3:00 pm Hazen Park Centre, Oromocto

The Christmas Story for more info call or text 1-506-470-1377

a.) Sat. Dec. 3rd - 3:00 pm

b.) Sun. Dec. 4th - 3:00 pm



OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at:

Online at www.oromocto.ca/grants-amp-awards



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If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, please contact **Samantha Hachey** at 506-460-6262 or shachey@nbanh.com.



CENTRAL VALLEY
ADULT LEARNING
ASSOCIATION INC.

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

General Education Development (GED) Program: Classes are completely Free! Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available; Full or Part-time options
- Continuous enrollment so get started at any time



Getting your GED is a great first start to bigger and better things — many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests.

Don't wait — contact us today at 357-7892 or testing@cvala.ca to get started!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc. Inc



FAY TIDD PUBLIC LIBRARY 357-3329

Space in programs is limited, unless otherwise listed as "drop-in". Please call the library at 357-3329 to register.

Wednesdays Enjoy an hour and a half-long **YIN YOGA** class free at the library. Classes start at 6pm. Register weekly starting Thursday for the following week's class.

Fridays Having an issue downloading from our online library? Want to learn how to set up an email? We book one-on-one **TECH APPOINTMENTS** on Friday mornings.

Saturdays in November The library will be giving people a chance to try out some digital point and shoot cameras and techniques in this 90-minute program series at 10:30am on Saturdays in November. A multi-generational program for ages 12 to 102 to explore and experiment with **PHOTOGRAPHY**. Space is limited. Please call to register.

Tues, Nov 8 & Dec 13 The **BOOK CLUB** will meet at 6pm. Meet new people and learn about new books.

Wed, Nov 9 & Dec 14 We're hosting a **COFFEE KLATCH** at the library. A chance for adults to meet, socialize, and partake in coffee and tea from 2-3pm.

Sat, Nov 12 & Dec 10 **ADULT ART** from 2-4pm is a relaxing chance to meet with friends and complete a project or learn a new skill. All materials supplied.

Sat, Nov 19 & Dec 17 **CATURDAY CREATING CLUB** for youth 12 and older is for Crafting and Technology. The Club will meet from 2:30pm-3:30pm. Every month is a new creation! Please note: no cats will be present for this program.

Fri, Nov 25 **GREAT FOSSIL HUNT!** Join us Nov 25th at 3:30 for a hands-on fossil hunt with the Quartermain Earth Science Center. For grades K-3. Registration required.

Sat, Nov 29 **Family Fun Drop-In** all day. Toys, games, art activities...a fun drop-in program for the whole family focused on learning through play.

Fri, Dec 9 **GINGERBREAD HOUSE CHALLENGE** is on Dec 9th at 3:30. This fun STEAM based program will challenge you to build a free-standing gingerbread house. For grades K-3. Registration is required.

Sat, Dec 31 All ages are invited to the library's **NOON YEAR'S EVE PARTY!** The little ones may not be able to stay up to celebrate New Year's at midnight, but they can join us for some fun from 11am-12pm as we count down to noon!

All library programs are free of charge. Please register in advance by calling 357-3329.
For more information and special events go to www.gnb.ca/publiclibraries or follow us on Facebook.
The library offers free Internet access as well as printing services.

LIBRARY HOURS

Tues & Wed 10:00am – 9:00pm
Thurs, Fri, Sat 10:00am – 5:00pm

The library will be closed on November 11 and December 24 & 27.



Problems with your computer? We will help!

Full support for home or business needs

Servers/ Networking/ Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

24 Hour turnaround time on most issues

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

Community Notices

To register with Patient Connect NB for a primary care provider, please call **811** or visit www.gnb.ca/patientconnectNB.

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.



BATTLE ON THE BASE FIGHT NIGHT

Saturday, Dec. 10 at the Maritime Club (Cottonwood St)

Doors open at 6pm. Fights start at 7pm.

Tickets: \$20 at the Door

VIP Tables available

Email: oromoctoboxingclub@gmail.com

HOST FAMILIES Wanted!

Every year students in grades 6 to 12 from all over the world choose New Brunswick for a cultural and academic experience. Our school and homestay program is well-recognized and respected in NB and abroad.

Become a host to an international student!

- Learn about a new culture
- Share Canadian cultural experiences
- Create lifelong friendships
- Receive a bi-weekly stipend for hosting
- Access support 24/7 from AEI team

APPLY TODAY!

For more information visit NBISP.CA
Larry Wood larry.wood@nbed.nb.ca
506-476-7634



OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building,
4 Doyle Drive, 3rd Level.

For info, please call Jerry McCann at 687-4420.

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact:

Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

OROMOCTO QUILTERS

We meet the third Thursday in October and November at 6:30pm at the Hazen Center. Everyone welcome!

Learn new skills or improve old ones. Membership for the year is only \$20.

For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

THE OROMOCTO MARKET, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

Oromocto Pioneer Gardens Cemetery Company Inc.

The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, & executes all matters related to the cemetery.

For more info, email us at info@oromoctopioneergardens.ca or check our Facebook page and website: oromoctopioneergardens.ca.

SRSCC 341 NIPIGON SEA CADETS

Are you ready for your next adventure? The Sea Cadet Program may be just what you're looking for!

The Cadet Program is open to youth ages 12-18, has no fee to join and is committed to providing safe, fun, and challenging experiences it's participants won't get anywhere else. Visit our Facebook page for more info!



Town Notices

COUNCIL HIGHLIGHTS FOR SEPTEMBER & OCTOBER

Council Chambers/3rd Floor Boardroom Renovations

Council authorized the CAO to remodel Council Chambers to accommodate two additional Councillors due to Local Governance Reform, as well as the 3rd floor boardroom to allow for more office space.

Local Government Services Easement

Council assented to the location of an existing Local Governance Service Easement in order to maintain the underground infrastructure in preparation for the construction of a new apartment building.

Space Rental Agreement – NB EMO

Council authorized that the Mayor and CAO negotiate a rental agreement with the New Brunswick Emergency Measures Organization for the lease of storage space at the Wood Street compound.

Local Governance Reform Advisory Committee

Work continues with the Local Governance Reform Advisory Committee.



Town of Oromocto Notice of Meetings

Council in Committee:

9 & 15 November 5:30PM
14 & 20 December 5:30PM

Regular Session:

17 November 5:30PM
22 December 5:30PM

TOWN OF OROMOCTO 2023 DOG LICENSE

On sale starting 1 November 2022

All dogs must be registered in the Town.
\$20 for neutered male/spayed female dog
\$30 for unneutered male/ unspayed female dog
**PROOF OF RABIES VACCINATION MUST BE PROVIDED
BEFORE DOG LICENSE CAN BE ISSUED**

Licenses may be purchased at these locations:

Oromocto Municipal Office ~ Oromocto SPCA
Oromocto Veterinary Hospital

DISCHARGE OF FIREARMS

The discharge of firearms (hunting) is prohibited
within the Town of Oromocto (By-law 407).



HOLIDAY CLOSURE NOTICE

The Town Municipal Offices
will be closed from December 24
until 8:30am on Tuesday, January 3.

FALL LEAF COLLECTION TOWN OF OROMOCTO NOVEMBER 7 - 18, 2022



Please **do not** place leaves at curbside earlier than
Nov. 7 and no later than 7:00am on Nov. 18.

Eligible Items:

- Yard Waste such as leaf's, pieces of trees, brush, lawn rakings, garden refuse and similar articles. However, lumber, appliances, furniture, tires, will not be picked up.
- Leaves and other similar yard waste are to be bagged. Residents are encouraged to use compostable bags, alternatively clear plastic bags can be used, and placed at curbside for pick-up.
- Individual bundles or items are not to exceed one meter (1 yard) in greatest dimension, nor weigh more than 20 kilograms (44 pounds).

Forbidden Items:

- Petroleum, chemical or solvent/paint type products or any hazardous waste is FORBIDDEN. Please contact the Fredericton Solid Waste Commission at 506-453-9938.

Eligible items can also be taken to the
Department of Engineering & Public Works
181 Black Watch Avenue • 506-357-4409

All residents are encouraged to participate!

**NB MILITARY HISTORY MUSEUM
BASE GAGETOWN**

*Tours by appointment only.
Please contact us at
506-422-2000 ext 1304 or
info@nbmilitaryhistorymuseum.ca*



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5



ROTARY CLUB OF
OROMOCTO
NEW BRUNSWICK • CANADA
SERVICE ABOVE SELF SINCE 1982
www.oromocrotorotary.ca



Follow our Facebook Page
"Oromocto Rotary Club"
for more information!



NAPA OROMOCTO

LOCALLY OWNED
273 Restigouche Rd, Oromocto

506-357-8883
WWW.NAPACANADA.COM

C.B.
WARREN'S
AUTO CARE
357 - 2228

9 Seneca St.
Oromocto, N.B.
E2V 2H1

cb.warrensauto@gmail.com
Owner: Chris Warren

ATTENTION PET OWNERS

As per Town By-law 417 **dogs & cats** "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

Please leash your dog & cat in public spaces.

As per Town By-law 417, if an animal defecates on any public or private property, other than the property of its owner, the owner shall remove such feces.

Please be responsible and clean up after your pets.

Girl Guides

Everything she wants to be.

*Looking for a place where girls are empowered
to take the lead, jump into awesome activities
and explore what matters to them?*

girlguides.ca/jointoday

1-800-565-8111

TEMPORARY STORAGE SHELTERS

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated.

*If you have any questions, please contact the
Planning and Compliance office at 357-4500.*



Promoting Inclusion For Adults With Disabilities

**BREAKFAST
FUNDRAISER
November 19**

OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

For more information, please call 357-3397.