



MAY & JUNE 2023

Recreation OROMOCTO

Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



MAY 1-12, 2023 SPRING CLEAN-UP

Eligible Items:

- Pieces of trees, brush, lawn rakings, garden refuse and similar articles. However NOT appliances, furniture or tires. We ask residents to please compost where feasible.
- Lawn rakings and other similar rubbish are to be bagged, preferably in compost bags, alternatively in clear plastic bags, and placed at curbside for pick-up.
- Individual bundles or items SHALL NOT exceed one meter (1 yard) in greatest dimension, nor weigh more than 20 kilograms (44 pounds).

Forbidden Items:

- Petroleum, chemical or solvent/paint type products or any hazardous waste is FORBIDDEN.

If you have other non-yard waste items for disposal, please visit our webpage at www.orumocto.ca/recycling-and-garbage for other means of disposal or contact the Fredericton Solid Waste Commission at 506-453-9938.

ALL RESIDENTS ENCOURAGED
TO PARTICIPATE

PICK UP:

Materials MUST be placed at
curbside not earlier than
Monday, 01 May 2023 and no later
than 7:00 am on Friday, 12 May 2023

DROP OFF:

Eligible items can also be taken to the
Town of Oromocto
Dept of Engineering & Public Works
181 Black Watch Avenue
506-357-4409



TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events

357-4455

jdunn@orumocto.ca

Laurie Muise - Facilities/ Culture/ Tourism

357-4459

lmuisse@orumocto.ca

Bernie Hurley - Arena/Sport Facilities

bhurley@orumocto.ca



URBAN/RURAL RIDES
TRANSPORT URBAIN/RURAL

Help Create a Better Sense of Community

**Volunteer as a Driver with
Urban/Rural Rides!**

Volunteer drivers needed

Volunteer drivers are
reimbursed \$.46/km and
undergo a simple screening
process

962-3073 Moncton
999-2102 Greater Fredericton
Area



URBAN/RURAL RIDES
TRANSPORT URBAIN/RURAL

Contact: 506-999-2102
gfaurbanruralrides@gmail.com

**Looking for safe, convenient and
affordable transportation?
Register for free!**

Are you a senior, a person living with moderate
disabilities or a person struggling to afford
transportation? Register today!

NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project
is working with New Brunswick communities in better
supporting people living with dementia and their caregivers.

**If you are a caregiver of a person living with dementia and
would like to talk to us about your experiences,
please contact [Samantha Hachey](mailto:Samantha.Hachey@nbanh.com) at 506-460-6262
or shachey@nbanh.com.**



Active
Transportation
OROMCTO
A Town on the Move!

RECREATION & PARKS

**build strong
families & healthy communities!**

**RECREATIONAL ACTIVITIES
are essential to the holistic
development of
children & youth!**



HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

Acceptable items include: newspapers, cardboard,
boxboard, phonebooks, paperback books, magazines,
catalogues, white & colored paper, computer paper,
scribblers, envelopes, refundable containers (non-
glass only), metal food cans, plastic containers, plastic
grocery bags and milk cartons.

**Behind Fire Station (off MacLaren Ave)
Oromocto Market Superstore
Waasis Road**



Problems with your computer? We will help!

Full support for home or business needs

Servers/ Networking/ Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

24 Hour turnaround time on most issues

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

ADULT FITNESS CLASSES

CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 1 May 7:00 - 8:00pm Mondays

Fee: \$82/ 6 wks

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice.

Begins: 3 May 7:00 - 8:15pm Wednesdays

Fee: \$96/ 7 wks

55+ FITNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally Independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 8 May 10:30 - 11:20am Mondays

Registration begins at 8:45am on 1 May

Fee: \$35/ 6 wks

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 11 May 10:30 - 11:15am Thursdays

Registration begins at 8:45am on 1 May

Fee: \$35/ 6 wks

*For more information about these classes, please visit www.livingfit.ca or
contact Course Instructor Wendy at: wendy@livingfit.ca.*

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month
starting at 1:30 p.m at the Hazen Centre.

45's Card Parties

Friday afternoons at 1:30pm at the Hazen Centre

Come and join the fun.

For more info, please call

President Lucille Crawford at 446-5179

AUTUMN YEARS 50 PLUS CLUB

Meetings will be held the second Tuesday of every
month at the Oromocto Legion.

Card Party on Saturdays @2pm at the Hazen Centre

Call Carmel at 357-5406 for more info.

55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday
morning from 9:00 to 10:00am at the Oromocto Legion.

Please call Carmel at 357-5406 for info.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to
12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.

Please call Moe at 357-1808.

LADIES' AUXILIARY - OROMOCTO LEGION

The next meetings will be May 3 & June 7 at 1:00pm

MEALS ON WHEELS OROMOCTO & AREA

Volunteers Needed. For more info, please contact:

Nancy Nitz-Ashby (Coordinator) 357-0950

Murry Parlee (President) 357-2543

DID YOU KNOW?

Keeping active can improve many aspects of a
Senior's life including cognitive function,
physical strength & social interaction!

TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at:
Online at www.oromocto.ca/grants-amp-awards



OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit www.oromocto.ca/By-Laws for By-Law 417 A.

The general rule is: "Do not feed wildlife."

THE LOWER
RIVER
PASSAGE



CENTRAL VALLEY
ADULT LEARNING
ASSOCIATION INC.

137 MacDonald Avenue, Oromocto Phone: (506) 357-7892 Fax: (506) 357- 4111

Looking to improve your education and career prospects?

The General Education Development (GED) program can help for FREE!

- Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing
- Widely recognized as having a high school equivalency
- We offer DAY and EVENING classes available, with both full and part-time options to fit your schedule.
- Continuous enrollment - you can start at any time and work at your own pace.

At our Oromocto Arts & Learning Centre location, you'll receive expert instruction and support from our dedicated teachers. And when you're ready, we'll help you apply to write your GED tests, which are offered monthly in Oromocto and Fredericton.

But don't just take our word for it - many of our graduates have already gone on to complete college diplomas and achieve their dreams. So why wait?

www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn



FAY TIDD PUBLIC LIBRARY 357-3329

Space is limited, unless otherwise listed as "drop-in". Please call the library at 357-3329 to register. All programs are free of charge.

Wednesdays

Enjoy an hour and a half-long **YIN YOGA** class free at the library. Classes start at 6pm. Register weekly starting Thursday for the following week's class.

Fridays

Having an issue downloading from our online library? Want to learn how to set up an email? We book one-on-one **TECH APPOINTMENTS** on Friday afternoons.

Friday, May 12

Special guests Science East are putting on a **MINECRAFT** event for ages 6-10 years old at 3:30pm. All devices will be provided. Please phone to register.

Saturday, May 13

ADULT ART from 2-4pm is a relaxing chance to meet with friends and complete a project or learn a new skill. All materials supplied.

Saturday, May 27

Join us for **FAMILY FUN DROP-IN**. Toys, games, and art activities will be out all day...a fun drop-in program for the whole family focused on learning through play.

Sat, June 2

The Fay Tidd Public Library Board is having a **PLANT SALE** from 10am-1pm. Donate house and garden plants for the sale by dropping them off at the library on Friday, June 1. Please have them labelled in containers. Stop in to buy plants on the Saturday! All proceeds go to library improvements & programs.

Sat, June 24

We're kicking off **SUMMER READING CLUB** with a **LAUNCH PARTY** for all ages. Join us for fun and games!

The library offers free Internet access as well as printing services.

All library programs are free of charge. Please register in advance by calling 357-3329.

For more information and special events go to www.gnb.ca/publiclibraries or follow us on Facebook.

COVID rapid tests are available for pickup by appointment only.

Please book an appointment on the COVID NB website or by calling 1-833-437-1424.

LIBRARY HOURS

Tues & Wed	10:00am – 8:00pm
Thurs, Fri, Sat	10:00am – 5:00pm



LEISURE LEARNING! OVER 70 IN-PERSON AND ONLINE COURSES

Non-CREDIT COURSES & WORKSHOPS

- Arts & Crafts
- Health & Wellness
- Languages
- Photography
- Lifestyle & Leisure
- Writing & Literature

506-453-4646 or
1-866-599-4646
go.unb.ca/leisurelearning

UNB | Art Centre
EST. 1785 UNIVERSITY OF NEW BRUNSWICK College of Extended Learning
LEISURE LEARNING & DESIGN WORKS



UNB DESIGN WORKS Summer Camps for Kids

- Arts
- Theatre
- Dance
- Cooking
- Game Design
- Fashion

506-453-4646 or
1-866-599-4646
go.unb.ca/designworks

UNB | Art Centre
EST. 1785 UNIVERSITY OF NEW BRUNSWICK College of Extended Learning
LEISURE LEARNING & DESIGN WORKS

Community Notices

Lintuhtine Music Academy of Oromocto

Concert on Sunday, May 28 at 3:00 pm
Hazen Park Centre
Monetary (\$) donation at the door.

For further information,
contact Helen at 506-470-1377.

To register with Patient Connect NB for a primary care provider, please call **811** or visit www.gnb.ca/patientconnectNB.

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.



HOST FAMILIES Wanted!

Every year students in grades 6 to 12 from all over the world choose New Brunswick for a cultural and academic experience. Our school and homestay program is well-recognized and respected in NB and abroad.

Become a host to an international student!

- Learn about a new culture
- Share Canadian cultural experiences
- Create lifelong friendships
- Receive a bi-weekly stipend for hosting
- Access support 24/7 from AEI team

APPLY TODAY!

For more information visit NBISP.CA
Larry Wood larry.wood@nbisp.ca
506-476-7634



ST. LUKE'S THRIFT SHOP - Building G335

Donations are accepted during opening hours or by placing items under the steps in the enclosure.
Operating hours : Mon & Tue: 1830-2000 ~ Tues & Wed: 1300-1430 ~ Fri: 0930-1100 ~ Sat 1300-1500.
All profits go to various local organizations. First right after the main entrance and second chapel on the left.

OROMCTO QUILTERS

We meet the third Thursday of the month at 6:30pm at the Hazen Center. Everyone welcome!
Learn new skills or improve old ones. Membership for the year is only \$20.
For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

OROMCTO PUBLIC HOSPITAL GOLF TOURNAMENT

The OPHF will be having a Golf Tournament at the Gage Golf Club on July 1.
Details will be available on the Oromocto Hospital Foundation Facebook page and at the Gage Golf Club in early May.

The **Oromocto High School Class of 1973** is having a 50th Reunion Dinner and Dance on Thursday, June 29.
For more information and to register by mid May Deadline, search : OHS 1973 Reunion on Facebook.



OROMCTO SPORTS WALL OF FAME

Nomination Forms are available online at: www.oromctoandareasportswalloffame.com
For info, please call Jerry McCann at 687-4420.

Oromocto Pioneer Gardens Cemetery Company Inc.

The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, & executes all matters related to the cemetery.
For more info, email us at info@oromctopioneergardens.ca or check our Facebook page and website: oromctopioneergardens.ca.

HOSPICE SERVICES

Hospice services are now available in the Oromocto area. Volunteers from Oromocto have been trained and are ready to work with individuals and families coping with advanced illness, death and bereavement.
For more information, please email: info@hospicefredericton.ca or visit www.hospicefredericton.ca

Town Notices

COUNCIL HIGHLIGHTS

Land Development

Council authorized the Mayor and Chief Administrative Officer to enter into an agreement for the sale of land located on Cyr Street for the purpose of a new brewery.

Tender Awards

Council approved tenders for the purchase of rubber tracked excavator and a field tractor.



Town of Oromocto

Council in Committee:

10 & 16 May 5:30PM
14 & 20 June 5:30PM

Regular Session:

18 May 5:30PM
22 June 5:30PM

TOWN OF OROMOCTO 2023 DOG LICENSE

All dogs must be registered in the Town.
\$20 for neutered male/spayed female dog
\$30 for unneutered male/ unspayed female dog
**PROOF OF RABIES VACCINATION
MUST BE PROVIDED
BEFORE DOG LICENSE CAN BE ISSUED**
Licenses may be purchased at these locations:
Oromocto Municipal Office ~ Oromocto SPCA
Oromocto Veterinary Hospital

CAUTION

Users may encounter Town maintenance vehicles while visiting the Town Trail System.

**If you discover any maintenance concerns,
call 357-8155 or e-mail recreation@oromocto.ca**

ATTENTION PET OWNERS

As per Town By-law 417 **dogs & cats** "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits. **Please leash your dog & cat in public spaces.**

As per Town By-law 417, if an animal defecates on any public or private property, other than the property of its owner, the owner shall remove such feces.

Please be responsible and clean up after your pets.

TOWN OF OROMOCTO GAS MARINA

506-230-2974 (Marina) 506-357-4409 (Office)

The Town manages the gas Marina located at 4 Wharf Road. Fueling and pump-out services are offered to pleasure craft operators at the docks. Cash & debit/credit payments are accepted.

Summer hours begin the first week in June
(water levels permitting)
11:30 a.m. - 8:00 p.m. (7 days a week)

Happy and safe boating season!



HAZEN PARK CENTRE

The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Occupancy Loads:

- ◆ 500 - Standing
- ◆ 365 - Chairs
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



www.oromocto.ca

**For additional information on the Hazen Centre,
to book an appointment to view or to
book your "special event"
please call Laurie at 357-4459 or
email lmuse@oromocto.ca.**

**NB MILITARY HISTORY MUSEUM
BASE GAGETOWN**

*Tours by appointment only.
Please contact us at
506-422-2000 ext 1304 or
info@nbmilitaryhistorymuseum.ca*



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5



ROTARY CLUB OF
OROMOCTO
NEW BRUNSWICK • CANADA
SERVICE ABOVE SELF SINCE 1982
www.oromctorotary.ca



Follow our Facebook Page
"Oromocto Rotary Club"
for more information!



NAPA OROMOCTO
LOCALLY OWNED
273 Restigouche Rd, Oromocto

506-357-8883
WWW.NAPACANADA.COM

**C.B.
WARREN'S
AUTO CARE**
357 - 2228

9 Seneca St.
Oromocto, N.B.
E2V 2H1

cb.warrensauto@gmail.com
Owner: Chris Warren

LOCAL RECREATION ORGANIZATIONS

NB MILITARY FAMILY RESOURCE CENTRE - 422-3352
PSP GAGETOWN - 422-2749

Oromocto Minor Hockey - www.omhahockey.ca

Oromocto Ringette - oromoctoringette@gmail.com

Oromocto Skating Club - www.oromoctoskaters.yolasite.com

Oromocto Area Minor Football -
www.capitalareafootball.nb.ca

Oromocto Baseball Assoc. - visit their Facebook page

Oromocto Softball Association -
oromoctosoftball@gmail.com

Oromocto Area Soccer Assoc. - www.oromoctosoccer.ca

Oromocto Dragons Judo Club - info@dragonsjudoclub.com

Oromocto Boxing Club - oromoctoboxingclub@gmail.com

Base Gagetown Recreation Association -
www.pspgagetown.nb.ca

Oromocto Youth Bowling (YBC) - rodnitz@rogers.com

Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca

Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311

Oromocto & Area Pickleball Club - visit their Facebook page

Girl Guides

Everything she wants to be.

*Looking for a place where girls are empowered
to take the lead, jump into awesome activities
and explore what matters to them?*

girlguides.ca/jointoday

1-800-565-8111

OTEC AGM

Tentatively

June 15, 2023

5:00pm-7:00pm



Promoting Inclusion For Adults With Disabilities

OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

For more information, please call 357-3397.