

MARCH & APRIL 2020

Recreation OROMOCTO

Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



TOWN OF OROMOCTO RECOGNITION PROGRAM

The annual Town of Oromocto Recognition Program is designed to recognize outstanding achievement in the areas of Sport and Recreation. Categories include:

Provincial , Atlantic/Maritime,
 National & International Awards
 Volunteer & Business Service Awards

The nomination deadline is 1 April 2020.

Forms are available at: Oromocto Municipal Offices - 4 Doyle Drive or at www.oromocto.ca



Recreation OROMOCTO

RECREATIONAL ACTIVITIES

are essential to the holistic development of children and youth! TOWN OF OROMOCTO 2020 SUMMER STUDENT CASUAL EMPLOYMENT



Information regarding Summer Student Casual employment with the Town of Oromocto will be available in March. Please check **www.oromocto.ca** for updates.

For most positions, applicants must be a full-time student in the 2019-20 school year and entering/ enrolled (full-time) in a post-secondary institution for Fall 2020. Please attach confirmation to application form.

Applications & Job Descriptions will be available in March on-line at www.oromocto.ca or at the Oromocto Municipal Offices, 4 Doyle Drive

DID YOU KNOW? Keeping active can improve many aspects of a Senior's life including cognitive function, physical strength & social interaction!

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events Laurie Muise - Facilities/ Culture/ Tourism Bernie Hurley - Arena/Sport Facilities Bill Jarratt - Director

357-4455 357-4459 357-8155 357-4456 jdunn@oromocto.ca lmuise@oromocto.ca bhurley@oromocto.ca bjarratt@oromocto.ca



OROMOCTO & AREA MINOR BASEBALL ASSOC. 2020 REGISTRATION

In person registration: April 9 & 16 at the Hazen Park Centre (994 Onondaga St) from 6pm-8pm

Online registration: Opens March 1, 2020

Early bird registration: Until April 16 both online & in person

Check out our Facebook page for updates!

ADULT FITNESS CLASSES

Pilates for Back Care & Core

Are you are suffering from back pain or simply want a stronger and more stable core? This Pilates class will have you covered. This program will increase your core stability, help reduce back pain and improve your overall mobility. Wendy only chooses the safest and most effective Pilates exercises.

Must have the ability to get up and down off the floor and be cleared for exercise. Pilates Props provided. Limited Mats provided.

Begins: Mar 9	7:00 - 8:00pm	Mondays
Fee: \$96/ 7 wks		

Restore Yoga for Stress Release

This slower paced Yoga practice includes basic Yoga poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and wellbeing. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back.

Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor.

Bring pillow/blanket. Straps/blocks provided. Limited Mats provided.

Begins: Mar 11 7:00 –

7:00 – 8:15pm Wednesdays

Fee: \$110/ 8 wks

To register for the above classes, please visit the Service Centre located on the first floor of the Municipal Offices at 4 Doyle Drive or at www.recreationoromocto.ca.

LOCAL RECREATION ORGANIZATIONS

COMMUNITY RECREATION & SPORTS CONTACTS

NB MILITARY FAMILY RESOURCE CENTRE - 422-3352 PSP GAGETOWN - 422-2749

Oromocto Minor Hockey Association - www.omhahockey.ca Oromocto Ringette Association - oromoctoringette@gmail.com Oromocto Skating Club - www.oromoctoskaters.yolasite.com Oromocto Area Minor Football - www.capitalareafootball.nb.ca Oromocto Baseball Assoc.- www.facebook.com/OromoctoBaseball/ Oromocto Softball Association - oromoctosoftball@gmail.com Oromocto Area Soccer Assoc. - www.oromoctosoccer.goalline.ca Oromocto Dragons Judo Club - info@dragonsjudoclub.com Oromocto Boxing Club - oromoctoboxingclub@gmail.com Base Gagetown Recreation Association - www.pspgagetown.nb.ca Oromocto Youth Bowling (YBC) - rodnitz@rogers.com Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311 Oromocto & Area Pickleball Club - visit their Facebook page

Please visit the *Community Notices* section on page 6 for more info on local community groups.

LINTUHTINE MUSIC ACADEMY Lintuhtine Studio, Oromocto Arts & Learning Centre 137 MacDonald Ave

Info: Helen Mórag McKinnon at eilidhmorag2012@gmail.com

UPCOMING CONCERTS:

Sunday, April 26 at 7:00pm - Oromocto United Church Lintuhtine Welcomes Spring!! Monetary donation at the door which goes towards music costs.

Friday, May 15 at 7:00pm - Saint Andrew's Presbyterian Church Lintuhtine Choirs in concert with a British Columbia Men's Choir

Saturday, May 30 at 7:00pm - École Sainte Anne's theater Lintuhtine's Annual Cabaret

ARTISTS WHO CARE

A variety of arts and music workshops and lessons for our area 55+ population. Check our Facebook Page @ www.facebook.com/weareartistswhocare the week before for a project description and sample photo of the project.

Monday, March 9 - 10:00am - 12:00pm Instructor - Barbara Heans

Monday, March 23 - 10:00am - 12:00pm Instructor - Helen McKinnon-Bagnell Monday, April 6 - 10:00am -12:00pm Instructor - Jeanne Cowan

Monday, April 20 - 10:00am -12:00pm Instructor - Beth McIntosh

REGISTRATION PROCESS: Fee: \$15/ Residents, \$16.50/ Non-Residents To register, please visit the Service Centre on the 1st floor of the Municipal Offices or www.recreationoromocto.ca to register online. Registration will start one week before the scheduled class. The deadline to register will be at noon on the Thursday before the scheduled class.

55+ ACTIVITIES



Locally Owned and Operated!

Helping Clients Hear Better! Call and make an appointment to discuss your hearing needs with one of our Clinical Audiologists!

Your Evaluation is Free!! 2 Gateway Drive, Unit 3 Oromocto, NB (506) 446-3658 suzanne@audiocorp.ca www.audiocorp.ca



55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Hazen Centre. Please call Helen at 357-6888 for info.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre. Please call Moe at 357-1808, Marie at 357-8922 or Sandra at 357-3445.

SENIORS' CARD PARTIES at the Hazen Centre (994 Onondaga St.)

Sunbury Seniors Friendship Group: Fridays @ 7:00pm Autumn Years Seniors Club: Saturdays @ 7:00pm

55+ WELLNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle approach program that incorporates a chair for added support and comfort. It is designed to be accessible to those who may be recovering from an injury or for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere. Must be cleared for exercise and functionally independent.

Begins: 9 Mar 10:15 - 11:15am Mon Registration begins at 8:45am on Mar 4 Fee: \$25/ 7 wks

55+ Pilates

A Pilates movement class designed to fit the needs of the more mature participant. This is a slower-paced/ adapted Pilates class to improve mobility, balance and increase overall strength for 55+ participants. Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Pilates Props provided. Limited Mats provided.

Fri

Begins: 13 Mar 9:00 - 9:50am Registration begins at 8:45am on Mar 4 Fee: \$21/ 6 wks

55+ Aquafitness

A great way to stay physically fit! Designed to enhance fitness level and independent living. Begins: 14 Apr 10:00 to 11:00am Tu/Th Registration begins at 8:45am on Apr 1 Fee: \$40/10 wks

To register for the above classes, please visit: www.recreationoromocto.ca or the Service Centre located on the first floor of the Municipal Offices at 4 Doyle Drive.

55+ WALKING CLUB until 31 March 2020

Enjoy a relaxing walk with our walking club at the Base Fitness Centre from 11:00am to 12noon on Tuesdays and Thursdays. Registration occurs on-site directly before the walk.

OROMOCTO QUILTERS

Meetings held the 3rd Tuesday of the Month from September to June - Hazen Centre at 7pm New quilters welcome. For more information, please contact:

> Sarah DeVarenne Jane Galloway

357-3124sarah.devarenne@gmail.com357-8490jgallow@bellaliant.net

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre. Come and join the fun. For more info, please call President Doris Wilson at 357-5644.



FAY TIDD PUBLIC LIBRARY @ 357-3329

MARCH BREAK Tuesday, Mar 3 at 6:30pm Join in our 2-hour READ-A- THON for school-age youth! Bring a pillow, a blanket, and a book (optionalwe have lots to choose from). Snacks, prizes, and fun activities for reading breaks. Please register in advance. Children under 12 must be accompanied by an adult.	Saturday, Mar 28 The library board is hosting a special 50s SOCK HOP fundraiser for the library at the Hazen Park Centre from 7:30-11pm. Tickets are \$20 and can be purchased in advance at the library. Must be 19+ to attend Tuesday, Apr 7 Join us at 7pm for a POETRY NIGHT. Adults are welcome to attend and listen or share poetry.
Wednesday, Mar 4 at 2:30pm We're doing a WINTER STORY WALK for families at the Deer Park Trails. Nous faisons une PROMENADE DU CONTE pour les familles aux sentiers Deer Park.	Wednesday, Apr 22 The library is hosting a FILM SCREENING FOR EARTH DAY at 7pm. Short documentaries will focus on environmental issues and spark discussion. All videos will be rated PG-13 and above.
Thursday, Mar 5 at 3pmCome to our STAYCATIONFamily Event! Tickets will be available at the library startingFebruary 15. Check our website for more information.Friday, Mar 6 at 10:30amSchool-aged children willHouse fun logaring obsut animal tracks % aget with guest	Regular children's programs will start March 9thTuesdaysBABIES IN THE LIBRARY is a 30-minuteprogram for parents or guardians and babies (infants to 18months) that runs on Tuesday mornings at 10:15am.
have fun learning about animal tracks & scat with guest presenters NATURE NB . Please register in advance as space is limited.	Wednesdays PRESCHOOL STORYTIME for 3-5 year olds will be Wednesday mornings at 10:15am.
Saturday, Mar 7 Hit the sliding hill and drop into the library to get warm with our hot-chocolate bar and drop-in activities. We're hosting a special FAMILY FUN DROP IN .	Thursdays TODDLER TALES (18 months – 3 years old) takes place Thursday mornings at 10:15am.
Tuesday, Mar 10 & Apr 14 The BOOK CLUB will meet at 6:30pm. Meet new people and learn about new books. New members are always welcome.	Fridays L'heure du conte en Français pour les enfants. Ce programme amusant inclut des histoires, des chansons et un bricolage. Tout les vendredis à 10h15.
Friday, Mar 13 & Apr 17 The over-sixty crowd is invited to join us for BROWSE & BRUNCH at the library at 9am. Please phone to register.	Mar 20 & Apr 3, 17 BUILDING BONANZA is Friday afternoon at 3:30pm for school-aged children (5 years old and up). Children will explore their inner builder during this hour-long program.
Saturday, Mar 14 & Apr 11 ADULT ART from 2-4pm is a chance to meet new people and try new skills. March's project will be needle felting and April's will be cross-stitch. All materials supplied. Please phone to register.	Mar 13, 27 & Apr 24 School-aged children (5 years old and up) looking for a fun challenge should join us for S.T.E.A.M. STORYTIME (Science, Technology, Engineering, Art, Math) Fridays at 3:30pm.
Saturday, Mar 28 & Apr 25 Our monthly WRITE YOUR STORY program is for adults and open to new members. Please bring a short piece of original writing to share with the group for foodback and ideas	For more information about these free programs or to register, please call the library at 357-3329.
group for feedback and ideas.	
Saturday, Mar 28 & Apr 25 We're showing a MOVIE at 2pm. March is "Eat Pray Love" (2010) and April is "A League of their own" (1992).	LIBRARY HOURS Mon, Thurs, Fri, Sat 10:00am – 5:00pm Tues & Wed 10:00am – 9:00pm
Friday, Mar 27 & Apr 24PRETEEN CREATING CLUB(for youth in grades 6-8) will meet from 3:30pm-4:30pm.Every month is a new creation!	The library will be CLOSED FRIDAY, April 10 & Monday April 13
To register with Patient Connect NB for a primary care	
provider, please call 811 or visit www.gnb.ca/patientconnectNB.	TOWN OF OROMOCTO - 2020 DOG LICENSE
 Patients will need to provide their name, address, 	All dogs must be registered in the Town of Oromocto \$20 for neutered /spayed • \$30 for unneutered/unspayed
phone number and Medicare number.	PROOF OF RABIES VACCINATION MUST BE PROVIDED
 A number of health-related questions will be asked. The registry is on a first-come first-serve basis. 	BEFORE DOG LICENSE CAN BE ISSUED
• The registry is on a first-come first-serve basis.	Licenses may be purchased at the following locations: Oromocto Municipal Office Oromocto SPCA
	Oromocto Veterinary Hospital Vets Love Pets





137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111 www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

General Education Development (GED) Program: Classes are completely Free!

Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available to fit your schedule
- Continuous enrollment so get started at any time



Getting your GED is a great first start to bigger and better things — many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests. Don't wait — contact us today at 357-7892 or admin@cvala.ca to get started!

"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning



HAZEN PARK CENTRE

The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Occupancy Loads:

- 500 Standing
- 365 Chairs
- 228 Liquor license (no dancing)
- 167 Liquor license (with dancing)

For additional information on the Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email Imuise@oromocto.ca.



OROMOCTO

DENTAL



Problems with your computer? We will help!

Full support for home or business needs Servers / Networking / Wireless Virus cleanups 1299 H Hardware and software support T Remote assistance or onsite support help New & Refurbished Computers ww

1299 Hanwell Road Tel: 206-6300 help@pcgirls.ca www.pcgirls.ca

24 Hour turnaround on most issues



THE OROMOCTO MARKET, a community co-operative. MAR 8 & APR 5, 10am-2pm. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

ALZHEIMER SOCIETY - CAREGIVER SUPPORT NETWORK - 4th Tuesday of every month

Are you caring for someone with Alzheimer's disease or dementia? This group meets each month to share experiences and to support one another. Location: Oromocto Special Care Home, 225 Mitchell Street, Education room, downstairs. Registration is mandatory by contacting Tina Burns at 459-4280, 1-800-664-8411 or tburns@alzheimernb.ca.

OROMOCTO & AREA FOOD AND CLOTHING BANK

SOUPER MONDAY every Monday from 11:00-1:00 in the Community Room. Join us for soup and sandwich selections, desserts and tea/coffee/water. All for a free will donation. And we offer take-out!

LADIES' AUXILIARY - OROMOCTO LEGION BRANCH 93

The next monthly meetings will be March 4 & April 1



Oromocto Pioneer Gardens Cemetery Company Inc.

Please visit our website at www.oromoctopioneergardens.ca Contact us at 292-2477 or at info@oromoctopioneergardens.ca Sales can be arranged by contacting us either at the above number or through e-mail. PRICE INCREASE TAKES EFFECT ON 1 JANUARY 2020.

OROMOCTO ANGLICAN CHURCH

"Soups On" every Thursday from 11am - 1pm. Free will donation. What a great way to socialize, meet friends and help an organization. See you there.

OROMOCTO PIONEERS SQUARE DANCE CLUB

Monday evenings from 7:30-9:30pm at the Oromocto Community Centre (66 Miramichi Road) \$5 per person/ night • Newcomers - your first three classes are free! Individuals, couples and families are welcome! Please dress in comfortable, casual attire/ footwear.

For more info, please contact: Vernon Cliff-357-3923 or Ellen Reid 260-2334

OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info, please call Jerry McCann at 687-4420.

OROMOCTO PUBLIC HOSPITAL AUXILIARY GIFT SHOP

Open Monday to Friday 9 – 3 PM / Sunday 1 – 3 pm

Located in Main Lobby of Oromocto Hospital. Wide variety of gift items, cards, scarves, purses, jewellery, home knitting, snacks, stuffed animals, coffee & more. All profits are donated for the purchase of medical equipment.

HOSPITALS SEEKING HELPING HANDS

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week. Please consider donating your time and contact Tracey Fraser at 506-452-5322.

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact: Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

Town Notices

Notice of Meetings Town of Oromocto

	Council in C	committee:
	11 & 17 Mar	5:30PM
	8 & 14 Apr	5:30PM
1	Regula	r Session:
0	19 Mar	7:00PM
0		



Did you still need vour parents at age 10, age 12... what about at age 14 or 16?

Social Development invites you to learn about foster care and older child adoption in New Brunswick. There are children and vouth in our communities who need a loving. supportive home to grow up in.

Find out how you could be the difference for a child

Aviez-vous encore besoin de vos parents à l'âge de 10 ans, de 12 ans ou encore à l'âge de 14 ou de 16 ans ?

Le ministère du Développement social vous invite à en apprendre davantage au sujet des familles d'accueil et de l'adoption d'enfants plus âgés. Il y a des enfants dans nos communautés qui ont besoins d'un domicile qui offre de l'amour et du support.

Découvrez comment vous pouvez faire la différence pour un enfant

www.gnb.ca/SocialDevelopment

www.gnb.ca/Développementsocial 453-3181 1 1-800-990-0119

Public Information Notice Temporary Storage Shelters

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated. If you have any questions, please contact the Planning and Compliance office at 357-4500.

COUNCIL HIGHLIGHTS JANUARY - FEBRUARY 2020

A lot of great work is planned for this year and we look forward to an exciting 2020!

Projects and Budgets

Staff kicked off the year with a number of major projects:

- New Visitor Information Centre a tender for the building of the new visitor information centre has been issued and we expect to award a contract in March 2020.
- In January, Council approved a resolution to purchase replacement Self Contained Breathing Apparatus equipment for the firefighters at a cost of \$583.294.
- The Town has tendered for a service provider to occupy the small craft aquatic center.
- As part of the long-term fleet renewal, Council approved a resolution to purchase a new loader for use by the Engineering and Public Works Department in the amount of \$287,550.

Sculpture Saint John

Council submitted its preferred artist selection to Sculpture Saint John to create a second granite sculpture for the Town in 2020. It is expected the sculpture will be completed in the Fall.

Committee Appointments

Council would like to take this opportunity to thank Mr. Joseph Longphee and Mr. Leo Hynes who have each been reappointed to serve an additional term as members of the Planning Advisory Committee.

Oromocto and Area Food Bank Montreal Canadiens Alumni Game

Congratulations to Mr. Mel Vance, a volunteer with the Oromocto and Area Food Bank, for his fundraising efforts in organizing the Montreal Canadiens Alumni Game. Council was pleased to be a partner on this worthwhile activity, along with Base Gagetown. Well done by all those involved!

Oromocto is a leader in Organics (Compost) Management

Did you know that Oromocto is part of the innovative organic management program in partnership with the Fredericton Region Solid Waste Commission? This project is mostly invisible to our citizens, but we are excited to share this information. The landfill gas program converts our organic waste to green electricity through a series of extraction wells. What does that mean? This program removes the equivalent of about 15,000 cars from the road each year in terms of greenhouse gases and creates enough green and renewable energy to power 2000 homes! More information can be found at https://frswc.ca/landfill-gas-plant/

KING'S ARROW ARENA		
PUBLIC SKATING		
ARENA CLOSES ON 29 MARCH 2020		
Monday to Friday	11:30am to 1:00pm	
	2:30pm to 3:45pm	
Sunday	3:15pm to 4:45pm	
Mandatory Head Protection Policy		
All participants ages 18 years and younger will be required to		
wear a CSA approved helmet.		
Public skating may be cancelled for special events.		

Please note the arena is closed for Statutory Holidays.

NB MILITARY HISTORY MUSEUM BASE GAGETOWN

Tours by appointment only. Please contact us at 506-422-2000 ext 1304 or info@nbmilitaryhistorymuseum.ca



www.nbmilitaryhistorymuseum.ca Base Gagetown, Building A5

ALEXANDRA DAIGLE

506-440-7057 daiglerealty@gmail.com DaigleGroup.ca

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MAPA AUTO PARTS

NAPA OROMOCTO

LOCALLY OWNED

273 Restigouche Rd, Oromocto

506-357-8883

WWW.NAPACANADA.COM

OROMOCTO TRAINING & EMPLOYMENT CENTRE 286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5

Monday-Friday 7:30am-4:00pm

For more info on services offered, please contact:

Lorie Mitchell, Executive Director (a) 357-3397 ext 3

Email: lmotec@nb.aibn.com

Assisting adults with an intellectual disability

FUNDRAISING BREAKFAST

March 21 & April 18 8:00 to 11:00am

TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at: Oromocto Municipal Offices - 4 Doyle Drive or online at www.oromocto.ca/grants-amp-awards



cb.warrensauto@gmail.com Owner: Chris Warren

Girl Guides

Everything she wants to be.

Looking for a place where girls are empowered to take the lead, jump into awesome activities and explore what matters to them?

girlguides.ca/jointoday

1-800-565-8111

OROMOCTO ROTARY CLUB "Service Above Self" www.oromoctorotary.ca



2020 Calendars are available. \$20/ each. A chance to win weekly 104 draws with 4 x \$250.00. Help Rotary support Local! There are **Goldmine draws** every Monday for **\$2.00 weekly**.

Any Rotarian can help you with calendars or the Goldmine.