



MARCH-APRIL 2018

Recreation OROMOCTO

Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



KING'S ARROW ARENA

2017/18 PUBLIC SKATING

Until 1 April, 2018

Monday to Friday 11:30am to 1:00pm

2:30pm to 3:45pm

Sunday 3:15pm to 4:45pm

Mandatory Head Protection Policy

All participants ages 18 years and younger will be required to wear a CSA approved helmet.

*Please note the arena is closed for Statutory Holidays
(Holiday Closure: 30 March)*

TOWN OF OROMOCTO MILLENNIUM AWARD

Nomination Forms available at:

Oromocto Municipal Offices - 4 Doyle Drive

This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

TOWN OF OROMOCTO RECOGNITION PROGRAM

The annual Town of Oromocto Recognition Program is designed to recognize outstanding achievement in the areas of Sport and Recreation. Categories include:

Provincial / Atlantic & Maritime

National / International Awards

Volunteer & Business Service Awards

The nomination deadline is 2 April 2018.

Forms are available at:

Oromocto Municipal Offices - 4 Doyle Drive
or at www.oromocto.ca



TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events

357-4455

jdunn@oromocto.ca

Laurie Muise - Facilities/ Culture/ Tourism

357-4459

lmuisse@oromocto.ca

Bernie Hurley - Arena/Sport Facilities

357-8155

bhurley@oromocto.ca

Bill Jarratt - Director

357-4456

bjarratt@oromocto.ca

ADULT FITNESS CLASSES

Pilates for the Ultimate CORE

Join Wendy in this ultimate Modern Pilates core conditioning class. This program will increase your core stability, help reduce back pain and improve your overall mobility. Wendy only chooses the safest & most effective Pilates exercises and stays away from traditional Pilates exercises that are now known to potentially cause harm!

Begins: 12 Mar 7:00 to 8:00pm Mon

Fee: \$82/6 wks (No class Mar 26 & Apr 2)

Restore Yoga

This slow paced Yoga practice unwinds and opens the body using gentle yoga poses, breathwork and body release techniques to enhance the restorative experience. Restore is beneficial to those seeking a slower, deeper practice to improve mobility, lightly strengthen the body and de-stress. Intended for all levels & beginner friendly. Bring pillow/blanket. Yoga mats provided and blocks.

Begins: 14 Mar 7:00 to 8:15pm Wed

Fee: \$96/7 wks (No class Mar 28)

TOWN OF OROMOCTO 2018 SUMMER STUDENT CASUAL EMPLOYMENT



Information regarding Summer Student Casual employment with the Town of Oromocto will be available in mid-March. Please check www.romocto.ca for updates.

Applicants must be a full-time student in the 2017-18 school year and entering/ enrolled (full-time) in a post-secondary institution for Fall 2018. Please attach confirmation to application form.

Applications & Job Descriptions will be available in March on-line at www.romocto.ca or at the Oromocto Municipal Offices, 4 Doyle Drive

Dinner & Auction

CANADIAN CANCER SOCIETY

Visions of Hope Team Fundraiser

April 12 - 6pm at the Oromocto Legion

Tickets: \$20 each

A beautiful three course dinner and over 100 auction items to bid on.

Contact Betty at 446-4609

for tickets or auction donations

Are you a local agency in the Oromocto area seeking volunteers?



Volunteer matching software is coming to the Fredericton region and you are invited to sign up!

Access a FREE mobile friendly matching service that drives volunteers to your agency.

Go to www.VolunteerOromoctoAndArea.com
to learn more!

LINTUHTINE MUSIC ACADEMY

at the Oromocto Arts & Learning Centre

Lintuhtine Music Academy of Oromocto offers many music programmes for young children up to and including all ages of adults.

For those interested in private lessons (voice, piano, harp, fiddle, tin whistle, native flute, ukulele & Gaelic (music & language), please call 357 - 3838 for more info.

Upcoming concerts:

End of Year Concert for choirs

Sunday, May 6

7:00 pm - Hazen Centre

Annual Cabaret

Saturday, May 26 & Sunday, May 27

7:00 pm - OHS Theatre



AUTO PARTS

**Military
Discounts**

NAPA OROMOCTO

LOCALLY OWNED

273 Restigouche Rd, Oromocto

Support local

506-357-8883 • WWW.NAPACANADA.COM

55+ ACTIVITIES



Locally Owned and Operated!

Helping Clients Hear Better! Call and make an appointment to discuss your hearing needs with one of our Clinical Audiologists!

**Your
Evaluation
is Free!!**

2 Gateway Drive, Unit 3
Oromocto, NB
(506) 446-3658
suzanne@audiocorp.ca
www.audiocorp.ca



55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Hazen Centre.

Please call Helen at 357-6888 for info.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.

Please call Marie at 357-8922 or Sandra at 357-3445.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

SENIORS' CARD PARTIES

at the Hazen Centre (994 Onondaga St.)

Sunbury Seniors Friendship Group: Fridays @ 7:00pm

Autumn Years Seniors Club: Saturdays @ 7:00pm

55+ Chair Yoga

This Yoga class is a gentle approach that incorporates a chair for added support and comfort. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

REGISTRATION STARTS ON 12 MAR AT 8:45AM.

Begins: 19 Mar 10:15 to 11:15am Mon

Fee: \$19/ 5 wks (No class on Mar 26 & Apr 2)

55+ Pilates

A Pilates class designed to fit the needs of the more mature participant. This is a gentle, slow-paced Pilates class to improve mobility, balance and increase overall strength. You should have the ability to get up and down off the floor and be cleared for Pilates.

REGISTRATION STARTS ON 12 MAR AT 8:45AM.

Begins: 23 Mar 8:45 to 9:45am Fri

Fee: \$19/ 5 wks (No class on Mar 30)

55+ Aquafitness

A great way to stay physically fit! Designed to enhance fitness level and independent living. Tuesday and Thursday mornings from 10 to 11am. Please visit recreationoromocto.ca or 4 Doyle Drive to register.

Begins: 24 Apr 10:00 to 11:00am Tu/ Th

Fee: \$24/ 8 wks

55+ Indoor Walking Club

Enjoy a relaxing walk with our walking club at the Base Fitness Centre from 11:00am to 12noon on Tuesday and Thursday until 29 March.

ARTISTS WHO CARE

A variety of arts and music workshops and lessons for our area 55+ population.
Please check our Facebook Page the week before for a project description & sample photo.



Date: Monday, March 12 10:00am - 12:00pm
Instructor: Helen Morag McKinnon

Date: Monday, April 9 10:00am - 12:00pm
Instructor: Beth McIntosh

Date: Monday, March 26 10:00am - 12:00pm
Instructor: Barbara Heans

Date: April 23 10:00am - 12:00pm
Instructor: Jeanne Cowan

REGISTRATION PROCESS: Fee: \$11.50/Residents, \$12.65/ Non-Residents

To register, please visit the Service Centre on the 1st floor of the Municipal Offices or
www.recreationoromocto.ca to register online.

Registration will start one week before the scheduled class.

The deadline to register will be at noon on the Thursday before the scheduled class.



FAY TIDD PUBLIC LIBRARY

Our regular programs will take a break from March 5-9 to allow for March break programs for school-aged youth.

Tuesday, March 6 Join us at 2pm for a special library **SLEUTHING STORYTIME** for school-aged children with stories, games, activities like writing in code. Please register in advance.

Wednesday, March 7 We'll have a **LIBRARY WHODUNIT** for school-aged children at 2pm. Please register in advance.

Thursday, March 8 Preteens (youth in grades 6-8) are invited to **LOCKED IN THE LIBRARY**, a mystery challenge! Game starts at 2pm. Please register in advance.

Friday, March 9 All ages are invited to our 2pm special screening of Disney's **GREAT MOUSE DETECTIVE!** Popcorn will be served, but please bring your own drinks.

Friday, March 2 & April 6 **PRETEEN CREATING CLUB** (for youth in grades 6-8) will meet at the library every first Friday of the month from 3:30pm-4:30pm. Every month is a new creation.

Saturday, March 3 & April 7 Everyone is invited to the library for a **FAMILY STORYTIME** starting at 10:30am. The whole family can share in stories and activities that foster a lifelong love of reading.

Saturday, March 10 & April 14 **CREATIVE COLOURING** for adults from 2-4pm. Join us for some relaxing colouring and conversation. All materials are supplied.

Tuesday, March 13 The **BOOK LOVER'S DESSERT AND DISCUSSION GROUP** will meet at 6:30pm. Meet new people and learn about new books. Please come prepared to share a book you've read.



Thursday, March 15 The **HACKMATAACK BOOK CLUB** (for youth in grades 4 to 6) will meet at 3:30pm. This is the last meeting for the year so come out prepared to vote for your favourite books!

Friday, March 16 & April 13 The over-sixty crowd is invited to join us for **BROWSE & BRUNCH** at the library from 9:00 to 10:00am. Meet old friends and make new ones.

Saturday, March 17 & April 21 Join us for **GAMES @ THE LIBRARY** every third Saturday of the month from 2-4pm. Fun for the whole family. We have board game classics and some new favourites. Participants are welcome to bring their own games as well.

Saturday, March 24 & April 28 Join us for our **FAMILY MOVIE** showing at 2pm. We will be showing *Despicable Me 3* and the *Emoji* movie.

Tuesdays in April We will be hosting a **LOCAL AUTHOR SERIES** in April. Every Tuesday evening at 6:30pm we will have a different author talking about their work and writing process. Authors include Chuck Bowie, Lina Gardiner, and Peter Gillet.

Library programs are free of charge.
Please register in advance by calling 357-3329.

For more information and special events go to www.gnb.ca/publiclibraries or follow us on Facebook.

The library offers free Internet access
as well as printing services.

The library will be **CLOSED** Friday, March 30 and
Monday, April 2 for the holiday.

LIBRARY HOURS

Mon, Thurs, Fri, Sat 10:00am – 5:00pm
Tues & Wed 10:00am – 9:00pm



Problems with your computer? We will help!

Full support for home or business needs

Servers / Networking / Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

24 Hour turnaround on most issues



CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC.

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111

General Education Development (GED) Program: Continuous Intake for Classes

Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available to fit your schedule
- Full or Part time options
- FREE program with continuous enrollment



Getting your GED is a great first start to bigger & better things - many of our graduates are already completing college diplomas. We currently have classes at the Oromocto Arts and Learning Centre and at our Oromocto First Nation location.

Don't wait — contact us today at 357-7892 or admin@cvala.ca to get started!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc.

OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info, please call Jerry McCann at 687-4420.

Come learn and soar with the Oromocto Air Cadets.

Ages 12-18 years. The Squadron meets every Wed 1815-2100 hrs at Bldg D-15 on Base Gagetown.
For more info, please contact the Sqn Commanding Officer, Capt Meredith Wills at 478-1052.

Orienteering, outdoor skills, biathlon, marksmanship, band - have I piqued your interest yet?
If you are interested in any these activities and are between the ages of 12 and 19 then come out see what

2647 Oromocto Army Cadets Corps is all about.

We meet every Tuesday from 6:30 until 9 PM at building D-57, CFB Gagetown.

Contact Capt. Kailha Winter, 478-7246. Cost: FREE

COMMUNITY RECREATION & SPORTS CONTACT INFORMATION

Oromocto Minor Hockey Association - www.omhahockey.ca

Oromocto Area Minor Football - www.capitalareafootball.nb.ca

Oromocto Area Soccer Association - www.oromoctosoccer.goalline.ca

Oromocto Skating Club - www.oromoctoskaters.yolasite.com

Oromocto Ringette Association - oromoctoringette@gmail.com

Oromocto Dragons Judo Club - info@dragonsjudoclub.com

Oromocto Boxing Club - oromoctoboxingclub@gmail.com

Base Gagetown Recreation Association - www.pspgagetown.nb.ca

Oromocto Youth Bowling (YBC) - rodnitz@rogers.com

Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca

Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311

Oromocto & Pickleball Club - visit their Facebook page

OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

Community Notices

OROMOCTO PUBLIC HOSPITAL AUXILIARY GIFT SHOP

Open Monday to Friday 9 – 3 PM / Sunday 1 – 3 pm

Located in Main Lobby of Oromocto Hospital. Wide variety of gift items, cards, scarves, purses, jewellery, home knitting, snacks, stuffed animals, coffee & more. All profits are donated for the purchase of medical equipment.

Oromocto Hospital Foundation Annual Train Ride - May 12, 2018

Train departs Fredericton Junction at 1 pm. Package includes a return trip to McAdam and supper at the Tri-County Complex. Tickets at the hospital front desk, Scotiabank & Fredericton Junction Village Office.

Adults: \$100, Children (12 & under): \$50 (each child must be accompanied by a paying adult)

THE OROMOCTO MARKET, a community co-operative. **MARCH 11 & APRIL 8, 10am-2pm.** Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

St Luke's Thrift Shop is now open a G332, directly behind St Mary's Chapel

Accepting donations of household goods, clothing and recreational items. No furniture or large electronic equipment.

Operating hours Mon, Tues, Weds 1830-2030, Tues, Weds & Sat 1300-1500 call local 4108 for info.

Profits donated to local and wider missions. No paid staff.

OROMOCTO & AREA FOOD AND CLOTHING BANK

SOUPER MONDAY every Monday from 11:00-1:00 in the Community Room. Join us for soup and sandwich selections, desserts and tea/coffee/water. All for a free will donation. And we offer take-out!

3rd SATURDAY OF EACH MONTH - Pancakes, Scrambled Eggs, Sausages, Tea/Coffee/Water & a 'toast station'.

Adults \$ 7.00, Seniors & Children (under 5 eat for free) \$ 5.00, Family (4) \$ 20.00

Available from 8:30-11:00 on March 17th & April 21.

Join **OROMOCTO SOBEYS PHARMACY DIETITIAN** for a **TASTE & LEARN CLASS**. Classes are Free of Charge.

To Register call 452-9984 or email ellie.dogett@sobeys.com.

Healthier Tacos - Tuesday, March 20 from 12noon – 1pm.

A two part series 'Cooking for one or two' - Tuesday, April 3 & 10 from 12noon – 1pm.



Oromocto Pioneer Gardens Cemetery Company Inc.

Please visit our website at www.romoctopioneergardens.ca

Contact us at 292-2477 or info@romoctopioneergardens.ca

****NEW COLUMBARIUM UNITS ARE NOW ON-SITE****

OROMOCTO QUILTERS

meet the 3rd Tuesday of the month - Hazen Centre 7pm - New quilters welcome

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre.

Come and join the fun. For more info, please call President Doris Wilson at 357-5644.

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact: **Nancy Nitz-Ashby (Coordinator) 357-0950** **Murry Parlee (President) 357-2543**

LADIES' AUXILIARY - OROMOCTO LEGION BRANCH 93

The next monthly meetings will be March 7 & April 4 at 2:30p.m.

Town Notices

Notice of Meetings Town of Oromocto



Council in Committee:
14 & 20 March 5:30PM
11 & 17 April 5:30PM
Regular Session:
22 March 7:00PM
19 April 7:00PM

TOWN OF OROMOCTO - 2018 DOG LICENSE

All dogs must be registered in the Town of Oromocto as per By-law No. 417.

\$20 for neutered male/spayed female dog

\$30 for unneutered male/unspayed female dog

**PROOF OF RABIES VACCINATION MUST BE PROVIDED BEFORE
DOG LICENSE CAN BE ISSUED**

Licenses may be purchased at the following locations:

Oromocto Municipal Office

Oromocto SPCA

Oromocto Veterinary Hospital

Vets Love Pets

Public Information Notice - Temporary Storage Shelters

Please be advised that the Town of Oromocto's Zoning By-Law 522, Section 5.2 requires "Temporary Storage Shelters" to be removed no later than 30 April 2018.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly, covered with vinyl, plastic or other flexible material coverings used for the purpose of temporarily storing an automobile, recreation vehicle or chattels designed for outdoor use.

The cooperation of all property owners, to remove their portable shelters, will be appreciated.

*If you have any questions, contact the
Planning and Compliance Office at 357-4500.*

ON STREET PARKING RESTRICTIONS

Please be advised that the Town of Oromocto's **Traffic By-Law 502, Section 15 (1)** prohibits parking a vehicle on any street, including the entire unpaved right-of-way, in the Town at any time.

The Town requests your cooperation in refraining from parking vehicles on the streets. In this way, we can ensure clean and safe roads are maintained efficiently.

**If you have any questions, please contact the
Planning and Compliance Office at 357-4500.**

FIRE SAFETY TIPS FOR CHILDREN

Children playing with fire cause hundreds of deaths and thousands of injuries each year. Preschoolers are most likely to start these fires, typically by playing with matches and lighters.

- Store matches and lighters out of children's reach and sight, up high, preferably in a locked cabinet
- Never use lighters or matches as a source of amusement for children; they may imitate you
- If your child expresses curiosity about fire or has been playing with fire, calmly but firmly explain that matches and lighters are tools for adults only
- Use only lighters designed with child-resistant features. Remember child-resistant does not mean child-proof.
- Teach young children to tell an adult if they see matches or lighters, and teach school-age children to bring any matches or lighters to an adult.
- If you suspect your child is intentionally setting fires or unduly fascinated with fire, get help. Your local fire department, school or community counseling agency can put you in touch with trained experts.

FOR SALE - À VENDRE



ALEXANDRA
DAIGLE

506.440.7057

adaiglerealty.com



NB MILITARY HISTORY MUSEUM BASE GAGETOWN

Hours of Operation:
Monday to Friday 8am - 4pm
Saturday & Sunday tours by
appointment only



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5

NEED A VENUE FOR YOUR "SPECIAL OCCASION"?



The Town has several facilities
& various meeting spaces
available for rent.

For additional info or to book your event,
please call Laurie at **357-4459** or
email lmuse@oromocto.ca.



OROMOCTO VETERINARY HOSPITAL

357-8880

Mon-Thu 7 AM — 7 PM
Fri 7 AM — 6 PM
Sat 8 AM — 1 PM

Skills that heal  **Hearts that feel**

appt@oromoctovethospital.com
oromoctovethospital.com

OROMOCTO VISION

Dr. M Soicher Dr. T McCarthy
Optometrists

1285 Onondaga St., Oromocto
New Patients Welcome, Please call 357-3392

OFFICE HOURS: 8am-5pm • Monday to Thursday
8am-4:30pm • Friday

Check Us Out at:
www.facebook.com/oromoctovision

On-Line Registration



Girl Guides Guides
of Canada du Canada

www.girlguides.ca/join_us
1-800-565-8111

Visit our Website: www.girlguides.ca

Guiding is *the* place
for today's girls

C.B.
WARREN'S
AUTO CARE
357 - 2228

9 Seneca St.
Oromocto, N.B.
E2V 2H1

cb.warrensauto@gmail.com
Owner: Chris Warren



Assisting adults with an intellectual disability

FUNDRAISING BREAKFASTS
MARCH 17 & APRIL 14
8:00 to 11:00am

OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

For more info on services offered, please contact:
Lorie Mitchell, Executive Director @ 357-3397 ext 3
Email: lmotec@nb.aibn.com

OROMOCTO
ROTARY CLUB
"Service Above Self"



Meetings twice a month
Seniors Bingo at Foresters/ Sunbury Manors
Held First and Second Tuesday monthly
Supper Meetings at United Church 6pm