



JANUARY &
FEBRUARY 2024

Recreation OROMOCTO

Building a Healthy Community



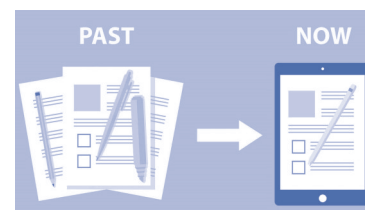
TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-4400



UPCOMING CHANGES TO THE DELIVERY OF THE COMMUNITY GUIDE

The Town of Oromocto is modernizing the Community Guide and becoming more environmentally friendly.

Beginning with the March 2024 edition, we will no longer be delivering a printed copy to every household in Oromocto & Lincoln.



Options to view the Community Guide:

1. Online: by visiting www.recreationoromocto.ca.

A direct link to the guide will be shared through our social media accounts.

2. Pick up a paper copy: A limited number of printed copies will be made available for pickup in high traffic areas such as: Town of Oromocto Municipal Building, Hazen Centre, Arts and Learning Centre, King's Arrow Arena, and Gateway Visitor Information Centre.

3. Via email: If you'd like to receive the guide directly via email please confirm your subscription by contacting recreation@oromocto.ca.



TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Acting Director	506-357-4455	jdunn@oromocto.ca
Laurie Muisse - Facilities/Culture/Tourism	506-357-4459	lmuisse@oromocto.ca
Ben Noseworthy - Tourism/Communications	506-357-4458	bnoseworthy@oromocto.ca
Bernie Hurley - Arena/Sport Facilities	506-470-9852	bhurley@oromocto.ca

KING'S ARROW ARENA 2023-24 FREE PUBLIC SKATING



Monday to Friday: 11:30am to 1:00pm &
2:30pm to 3:45pm

Sunday: 3:15pm to 4:45pm

Mandatory Head Protection Policy:
All participants ages 18 years and younger will be required to wear a CSA approved helmet.

All children under the age of 12 must be accompanied by an adult over the age of 18.

Please note:

- The arena is closed for Statutory Holidays.
- Public skating may be cancelled for special events.



CHRISTMAS TREE DISPOSAL

Christmas Trees may be dropped off at the following sites from Christmas Day until 2 January:

King's Arrow Arena Parking Lot (immediately to the right from Fraser Ave)

End of Saint John Ave (just prior to Mackenzie Ave)

Waasis Road West (past store and mailbox, prior to the Skate Park)

Did you know?

Trails in the Town of Oromocto are groomed & maintained in winter months!

The Department of Engineering & Public Works grooms Gateway Wetlands and Deer Park, as permitted.

The Department also clears and sands Anniversary Park and Great Trail of Canada.



Contact: 506-999-2102
gfaurbanruralrides@gmail.com

**Looking for safe, convenient and affordable transportation?
Register for free!**

Are you a senior, a person living with moderate disabilities or a person struggling to afford transportation? Register today!



Help Create a Better Sense of Community

Volunteer as a Driver with Urban/Rural Rides!

Volunteer drivers needed

Volunteer drivers are reimbursed \$.46/km and undergo a simple screening process

962-3073 Moncton
999-2102 Greater Fredericton Area



NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.

If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, please contact **Samantha Hachey** at 506-460-6262 or shachey@nbanh.com.



Problems with your computer? We will help!

Full support for home or business needs

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Hardware and software support

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New & Refurbished Computers

24 Hour turnaround time on most issues

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

ADULT FITNESS CLASSES

CentreFit (Pilates)

Wendy's CentreFit Program is a mat inspired Pilates program that uses your own whole body as resistance while continually challenging and engaging your spine/core. Each class will help develop a strong and stable core while promoting flexibility and total body movements.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 15 Jan 7:00 - 8:00pm Mondays

Fee: \$82/ 6 wks

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice.

Begins: 17 Jan 7:00 - 8:15pm Wednesdays

Fee: \$82/ 6 wks

55+ FITNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally Independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 15 Jan 10:30 - 11:20am Mondays

Registration begins at 8:45am on 4 Jan

Fee: \$35/ 6 wks

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 18 Jan 10:30 - 11:15am Thursdays

Registration begins at 8:45am on 4 Jan

Fee: \$35/ 6 wks

*For more information about these classes, please visit www.livingfit.ca or
contact Course Instructor Wendy at: wendy@livingfit.ca.*

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from
1:30 p.m. to 3:30 p.m. at the Hazen Centre.

Come and join the fun.

For more info, please call

President Doris Wilson at 357-1770

55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday
morning from 9:00 to 10:00am at the Oromocto Legion.

Please call Carmel at 357-5406 for info.

AUTUMN YEARS 50 PLUS CLUB

Meetings will be held the second Tuesday of every
month at the Oromocto Legion.

Card Party on Saturdays @2pm at the Hazen Centre

Call Carmel 357-5406 for more info.

55+ WALKING CLUB

Tentatively scheduled to start in January.

Check our Facebook page for updates on a start date!

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to
12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.

Please call Moe at 357-1808

DID YOU KNOW?

**Keeping active can improve many aspects of
a Senior's life including cognitive function,
physical strength & social interaction!**

TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at:
Online at www.oromocto.ca/grants-amp-awards



OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit
www.oromocto.ca/page/widepage/By-Laws for By-Law 417 A.
The general rule is: "Do not feed wildlife."

THE LOWER
RIVER
PASSAGE



LE CIRCUIT
DU BAS
SAINT-JEAN



CENTRAL VALLEY
ADULT LEARNING
ASSOCIATION INC.

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

General Education Development (GED) Program: Classes are completely Free!
Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available; Full or Part-time options
- Continuous enrollment so get started at any time



Getting your GED is a great first start to bigger and better things — many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests.

Don't wait — contact us today at 357-7892 or testing@cvala.ca to get started!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc. Inc



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Occupancy Loads:

- ◆ 500 - Standing
- ◆ 365 - Chairs
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



www.oromocto.ca

For additional information on the Hazen Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email lmuisse@oromocto.ca.

**BREAKFAST
FUNDRAISERS**
20 Jan & 17 Feb



OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5

For more info, please call (506) 357-3397.



RECREATION & PARKS build strong families & healthy communities!

RECREATIONAL ACTIVITIES are essential to the holistic development of children & youth



f FAY TIDD PUBLIC LIBRARY

January/ February Library Programs 2024

Please call the library at 357-3329 to register unless otherwise listed as "drop-in".

Wednesdays: Enjoy an hour and a half-long YIN YOGA class free at the library. Classes start at 6pm. Register weekly on Thursday for the following week's class.

Fridays: Having an issue downloading from our online library? Want to learn how to set up an email? We book one-on-one TECH APPOINTMENTS on Friday afternoons.

Fridays: Every Friday afternoon we have FUN FRIDAY. For school aged children. Please see our monthly calendar or Facebook page for more information.

Fridays: We are having a FAMILY STORYTIME at 10:15am. For children 18 months to 4 years old. Learn important early literacy skills through stories, play, songs, rhymes, and activities. Please register in advance.

Sat, Jan 13: Set your goals and intentions in our JOURNALING session. For adults 18 years and older. Please register as supplies are limited.

Thurs, Jan 18: We're JOURNALING with the preteens at 3:30pm! Registration is for youth in grades 4-6.

Tues, Jan 9 & Feb 13: BOOK CLUB will meet at 6pm. Meet new people and learn about new books. Please call as space is limited.

Sat, Jan 27 & Feb 24: Join us for FAMILY FUN DROP-IN. Toys, games, and art activities will be out all day...a fun drop-in program for the whole family focused on learning through play.

The library offers free Internet access as well as printing services.

All library programs are free of charge.
Please register in advance by calling 357-3329.

For more information and special events go to www.gnb.ca/publiclibraries or follow us on Facebook.

LIBRARY HOURS

Tues & Wed	10:00am – 9:00pm
Thurs, Fri, Sat	10:00am – 5:00pm

Community Notices

LOCAL RECREATION ORGANIZATIONS

NB Military Family Resource Centre— (506) 422-3352

PSP Gagetown - (506) 422-2749

Oromocto Minor Hockey Assoc. - www.omhahockey.ca

Oromocto Ringette Assoc. - visit their Facebook page

Oromocto Skating Club—visit their Facebook page

Capital Area Minor Football Assoc. - visit their FB page

Oromocto & Area Minor Baseball Assoc.— visit their FB page

Oromocto Minor Softball Assoc. - visit their FB page

Oromocto Area Soccer Assoc. - visit their Facebook page

Oromocto Dragons Judo Club - info@dragonsjudoclub.com

Oromocto Boxing Club - oromoctoboxingclub@gmail.com

Oromocto Youth Bowling (YBC) - rodnitz@rogers.com

Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca

Gage Golf & Curling - www.gagegolfandcurling.com

Oromocto & Area Pickleball Club - visit their FB page

**To have your group listed, please email
bnoseworthy@oromocto.ca**

HOST FAMILIES Wanted!

Every year students in grades 6 to 12 from all over the world choose New Brunswick for a cultural and academic experience. Our school and homestay program is well-recognized and respected in NB and abroad.

Become a host to an international student!

- Learn about a new culture
- Share Canadian cultural experiences
- Create lifelong friendships
- Receive a bi-weekly stipend for hosting
- Access support 24/7 from AEI team

APPLY TODAY!

For more information visit **NBISP.CA**
Larry Wood larry.wood@nbed.nb.ca
506-476-7634



Outdoor Ice Rinks

The Town of Oromocto has two (2) outdoor skating rinks. Located at Winnebago St at the Tennis Courts is the main rink. We have another at Anniversary Park in Oromocto West. The rinks are weather dependent.

Find us on Facebook @RecreationOromocto where notice will be posted when rinks open.

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact:

Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

OROMOCTO QUILTERS

We meet the third Thursday of the month at 6:30pm at the Hazen Center. Everyone welcome!

Learn new skills or improve old ones. Membership for the year is only \$20.

For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

THE OROMOCTO MARKET, a community co-operative. Check Facebook page for dates.

Stop by for lunch, get some shopping done, and meet other members of this wonderful community!

Both rooms of the Hazen Centre are full of vendors.

Oromocto Pioneer Gardens Cemetery Company Inc.

The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, & executes all matters related to the cemetery.

**For more info, email us at info@oromoctopioneergardens.ca or check our Facebook page
www.oromoctopioneergardens.ca.**

OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building,
4 Doyle Drive, 3rd Level. For info, please call Jerry McCann at 687-4420.

Town Notices

COUNCIL HIGHLIGHTS

Facility Fee Schedule: Council approved a new facility fee schedule for the coming year.

Residential Garbage Tender Award: FERO Waste and Recycling Inc. was the sole bid received for a three-year term with an option for a one-year extension in the amount of \$3.6 million.

Municipal Capital Borrowing Board: Council approved an application for authorization to borrow \$2.1 million over a 15-year term for the purchase of a fire truck.

5-Year General Capital Plan: A new 5-Year Capital Plan for 2024 through to 2028 was approved. The Town has made a commitment to its five-year financial plan that will see slight tax rate increases in part to fund the design and construction of the new generational facility and some other capital projects as well as pay for the new local governance fees of the Capital Region Service Commission. There are two tax rates established for residential properties (in accordance with the Town's 5-year financial plan approved on 21 September 2023). The rate for Wards 1, 2 and 3 will increase by 1.5 cents to \$1.4201 and the rate for Ward 4- Lincoln will increase by 4 cents to \$0.9407. The multiplier for non-residential properties will remain at 1.7.

2024 General Operating and Capital and Water and Sewer General Operating and Capital Budgets

At the regular meeting of Council held on Thursday, 16 November 2023, the Oromocto Town Council passed resolutions to adopt the balanced 2024 operating (\$26M) and capital (\$2.281M) budgets and the utility operating (\$4.487M) and (\$250K) utility capital budgets. The Chief Administrative Officer presented the budget to Council at a public session held on 14 November 2023 which included the following capital budget highlights:

- Proceed with the multi-generational/cultural centre project to be located at Hubbard Street;
- Continue catch up on some delayed capital investment in equipment and fleet;
- Manage the growing cost of water/sewer appropriately and reduce deficit
- Continue to proceed with planning of new sewage treatment/force main system and assuming the responsibilities of the water treatment/wastewater treatment plants;
- Begin to reinvest in aging water and sewer infrastructure;
- Funding for road infrastructure (MacLaren Drive, Brayson Boulevard, Hibernia Crescent and Dakota Drive);
- Building capital program (Public Works storage building and gate; Fire Department heat pump and former Public Works site cleanup)
- Parks and Recreation: (fence for sports field; soccer nets; age-friendly bench; marina gas pump and gas line, and ice painter and water applicator)
- Fleet and Equipment: (water truck, sander, mower, asphalt hot box, TMR radio equipment, critical and technical rescue equipment, training site equipment and small vehicles (pickup truck x2, fire x1 and a trailer).



Town of Oromocto Notice of Meetings

Council in Committee:

10 & 16 Jan 5:30PM
14 & 20 Feb 5:30PM

Regular Session:

18 Jan 5:30PM
22 Feb 5:30PM



Winter News from the Department of Engineering and Public Works:

We wish to remind the residents of Oromocto that parking of vehicles on Town streets is prohibited as established by By-Law 502, Parking, Section 15.(1).

It is important that the Town roadways are kept clear so that the plow equipment can properly clean the service areas. It is also advised that any snow removed from driveways is not to be placed on the road right-of-way's, as per By-Law 501, Debris Disposal, Section 7.(3).

Should homeowners have reflective markers at the end of their driveways, we kindly ask that they are placed 4' from the street. This is to ensure sufficient distance for the plows to pass by.

The safety of our residents is of utmost importance and our operators do their best to ensure this during inclement and hazardous weather.

Service Priorities

Plowing, sanding & salting Snow removal and maintenance order:

- 1) Roadways (major arteries and hospital routes, then collector streets, followed by residential streets and minor roads)
- 2) Sidewalks
- 3) Trails
- 4) Street Widening

Recycling Program Reminder:

Wrapping Paper: Not all types of gift wrap are recyclable. Plain wrapping paper is ok to recycle, however metallic or glitter-embellished wrapping paper should be thrown out or re-used next year. The same goes for ribbon and string. We appreciate your cooperation.

Bin Locations:

Behind Fire Station / Freeman's Convenience
& Oromocto Mall



The Oromocto Galleria

Showcasing over 100 Local
Crafters & Artisans

Celebrating 10 Years!

Store Hours:

Tues/Weds – 10 to 5

Thurs - 10 to 6

Fri – 10 to 5

Sat 10 to 4

Closed Sun & Mon

291 Restigouche Road,
Oromocto, NB
506 208-9508



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cb.warrensauto@gmail.com
Owner: Chris Warren

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Follow our Facebook Page
"Oromocto Rotary Club"
for more information!

www.oromoctorotary.ca