



JANUARY & FEBRUARY 2023

Recreation OROMOCTO

Building a Healthy Community



**TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333**



Message from the Mayor

WELCOME to our newest Town residents from Ward 4 Lincoln!

I would like to congratulate and acknowledge our new Council members that were recently sworn in: Councillor Brad Whalen representing the military ward 2 and Councillors Gary VonRichter and Ryan Carr representing the Lincoln ward 4.

I am honored to be the Mayor of our newly expanded Town and look forward to working with our newest Council members to serve our community. This is a very exciting and promising time for our Town. While we are facing a number of opportunities and challenges, I know we are in great hands with our unified and dedicated Council and staff. We are committed to the continuance of responsible fiscal and sustainable leadership with every decision we make.

With your support and valued input we, as your Town Council, will continue to move Oromocto forward together in unity.

Please feel free to contact me with any questions or comments at mayor@oromocto.ca or contact the Municipal Building at (506) 357-4428. I look forward to hearing from you.

Robert E Powell
Mayor



Canada's *Model Town*
OROMOCTO

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events	357-4455	jdunn@oromocto.ca
Laurie Muise - Facilities/ Culture/ Tourism	357-4459	lmuisse@oromocto.ca
Bernie Hurley - Arena/Sport Facilities		bhurley@oromocto.ca
Bill Jarratt - Director	357-4456	bjarratt@oromocto.ca

KING'S ARROW ARENA 2022-23 FREE PUBLIC SKATING



Monday to Friday: 11:30am to 1:00pm &
2:30pm to 3:45pm

Sunday: 3:15pm to 4:45pm

Mandatory Head Protection Policy:
All participants ages 18 years and younger will be required to wear a CSA approved helmet.

All children under the age of 12 must be accompanied by an adult over the age of 18.

Please note:

- The arena is closed for Statutory Holidays.
- Public skating may be cancelled for special events.



CHRISTMAS TREE DISPOSAL

Christmas Trees may be dropped off at the following designated sites until 6 January:

King's Arrow Arena Parking Lot (immediately to the right from Fraser Ave)

End of Saint John Ave (just prior to Mackenzie Ave)

Waasis Road West (past store and mailbox, prior to the Skate Park)

CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

If you discover any maintenance concerns, call 357-8155 or e-mail recreation@oromocto.ca



Contact: 506-999-2102
gfaurbanruralrides@gmail.com

Looking for safe, convenient and affordable transportation?
Register for free!

Are you a senior, a person living with moderate disabilities or a person struggling to afford transportation? Register today!



Help Create a Better Sense of Community

Volunteer as a Driver with Urban/Rural Rides!

Volunteer drivers needed

Volunteer drivers are reimbursed \$.46/km and undergo a simple screening process

962-3073 Moncton
999-2102 Greater Fredericton Area



NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.

If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, please contact **Samantha Hachey** at 506-460-6262 or shachey@nbanh.com.



Problems with your computer? We will help!

Full support for home or business needs

Servers/ Networking/ Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

24 Hour turnaround time on most issues

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

ADULT FITNESS CLASSES

CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 9 Jan 7:00 - 8:00pm Mondays

Fee: \$96/ 7 wks

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice.

Begins: 11 Jan 7:00 - 8:15pm Wednesdays

Fee: \$96/ 7 wks

55+ FITNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally Independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 9 Jan 10:30 - 11:20am Mondays

Registration begins at 8:45am on 4 Jan

Fee: \$40/ 7 wks

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 12 Jan 10:30 - 11:15am Thursdays

Registration begins at 8:45am on 4 Jan

Fee: \$40/ 7 wks

For more information about these classes, please visit www.livingfit.ca or contact Course Instructor Wendy at: wendy@livingfit.ca.

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre.

Come and join the fun.

For more info, please call

President Doris Wilson at 357-1770

AUTUMN YEARS 50 PLUS CLUB

Meetings will be held the second Tuesday of every month at the Oromocto Legion.

Card Party on Saturdays @2pm at the Hazen Centre

Call Carmel 357-5406 for more info.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.

Please call Moe at 357-1808

55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Oromocto Legion.

Please call Carmel at 357-5406 for info.

55+ WALKING CLUB

Tentatively scheduled to start in January.

Check our Facebook page for updates on a start date!

Enjoy a relaxing walk with our walking club at the

Base Fitness Centre (Lanes 3 & 4)

from 11:00am to 12noon on

Tuesdays and Thursdays.

Registration occurs on-site directly before the walk.

DID YOU KNOW?

Keeping active can improve many aspects of a Senior's life including cognitive function, physical strength & social interaction!

TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at:
Online at www.oromocto.ca/grants-amp-awards



OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit www.oromocto.ca/page/widepage/By-Laws
for By-Law 417 A.

The general rule is: "Do not feed wildlife."

THE LOWER
RIVER
PASSAGE



**CENTRAL VALLEY
ADULT LEARNING
ASSOCIATION INC.**

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

General Education Development (GED) Program: Classes are completely Free! Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available; Full or Part-time options
- Continuous enrollment so get started at any time



Getting your GED is a great first start to bigger and better things — many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests.

Don't wait — contact us today at 357-7892 or testing@cvala.ca to get started!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc. Inc



FAY TIDD PUBLIC LIBRARY 357-3329

Space is limited, unless otherwise listed as “drop-in”. Please call the library at 357-3329 to register.

Tues, Jan 10 & Feb 14 The **BOOK CLUB** will meet at 6pm. Meet new people and learn about new books.

Sat, Jan 14 & Feb 11 **ADULT ART** from 2-4pm is a relaxing chance to meet with friends and complete a project or learn a new skill. All materials supplied.

Wed, Jan 18 We’re hosting a special **CANNING INFORMATION SESSION** provided by Kylie Robichaud. Learn best practices, helpful resources and have all your questions answered. Please contact us to reserve a seat.

Thurs, Jan 19 Our special guests **SCIENCE EAST** will eat us to code using robots! At 3:30pm. For youth 12 and up. Please phone to register.

Sat, Jan 21 Join us for a special book club for children and their parent/ guardian. This **FAMILY BOOK CLUB** will have juice, snacks and discussion. Register in advance at the library to pick up your copy of the book. Books are appropriate for ages 8 and up.

Wednesdays Enjoy an hour and a half-long **YIN YOGA** class free at the library. Classes start at 6pm. Register weekly starting Thursday for the following week’s class.

Fridays Having an issue downloading from our online library? Want to learn how to set up an email? We book one-on-one **TECH APPOINTMENTS** on Friday mornings.

Tues, Jan 24 Join us for a **POETRY NIGHT** starting at 6:30pm. Guests are invited to share their own poetry or enjoy others’.

Fri, Jan 27 School-aged children (5 years old and up) looking for a fun challenge should join us for **S.T.E.A.M.-ing HOT CHOCOLATE** (Science, Technology, Engineering, Art, Math) at 3:30pm. Learn everything there is to know about Hot Chocolate before a tasty treat.

Sat, Jan 28 & Feb 25 Join us for **FUN DROP-IN**. Toys, games, and art activities will be out all day...a fun drop-in program for the whole family focused on learning through play.

Fri, Feb 24 School-aged children (5 years and up) can learn all about Van Gogh’s *Starry Night* in this special **S.T.E.A.M. STORYTIME** at 3:30pm.

Fri, Feb 10 School-aged children (5 years and up) are invited to a Special **S.T.E.A.M. STORYTIME** to learn all about the light spectrum and make a kaleidoscope at 3:30pm.

Fri, Feb 24 School-aged children (5 years and up) can learn all about Van Gogh’s *Starry Night* in this special **S.T.E.A.M. STORYTIME** at 3:30pm.

Our regular children’s programs will start the second week of January.

mercredi **Les Bébes à la bibliothèque !** Une heure du conte en Français pour les enfants de 0-18 mois. Les mercredis à 14h.

Thursday **BABIES IN THE LIBRARY** is a 30-minute program for parents or guardians and babies (infants to 18 months) that runs on Tuesday mornings at 10:15am. Our next Babies program will start in November.

Friday We are having a **FAMILY STORYTIME** at 10:15am. Learn important early literacy skills through stories, play, songs, rhymes, and activities.

1st & 3rd Fridays **BUILDING BONANZA** is Friday afternoon at 3:30pm for school-aged children (5 years old and up). Children will explore their inner builder during this hour long program.

All library programs are free of charge. Please register in advance by calling 357-3329.

For more information and special events go to www.gnb.ca/publiclibraries or follow us on Facebook.

The library offers free Internet access as well as printing services.

All library programs are free of charge. Please register in advance by calling 357-3329.

For more information and special events go to www.gnb.ca/publiclibraries or follow us on Facebook.

LIBRARY HOURS

Tues & Wed 10:00am – 8:00pm
Thurs, Fri, Sat 10:00am – 5:00pm



Community Notices

HAZEN PARK CENTRE

The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Capacity:

- ◆ 365 - Chairs only
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



For additional information on the Centre, to book an appointment to view or to book your "special event", please call Laurie at 357-4459 or email lmuse@oromocto.ca.

HOST FAMILIES Wanted!

Every year students in grades 6 to 12 from all over the world choose New Brunswick for a cultural and academic experience. Our school and homestay program is well-recognized and respected in NB and abroad.

Become a host to an international student!

- Learn about a new culture
- Share Canadian cultural experiences
- Create lifelong friendships
- Receive a bi-weekly stipend for hosting
- Access support 24/7 from AEI team

APPLY TODAY!

For more information visit NBISP.CA
Larry Wood larry.wood@nbed.nb.ca
506-476-7634



To register with Patient Connect NB for a primary care provider, please call **811** or visit www.gnb.ca/patientconnectNB.

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.



Lintuhtine Music Academy of Oromocto

Monday evenings 6:30 - 8:45 pm

Must have Covid shots.

For info, please contact the director
Helen Mórág McKinnon at

eilidhmorag2012@gmail.com or 1-506-470-1377

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact:

Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

OROMOCTO QUILTERS

We meet the third Thursday of the month at 6:30pm at the Hazen Center. Everyone welcome!

Learn new skills or improve old ones. Membership for the year is only \$20.

For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

THE OROMOCTO MARKET, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

Oromocto Pioneer Gardens Cemetery Company Inc.

The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, & executes all matters related to the cemetery.

For more info, email us at info@oromoctopioneergardens.ca or check our Facebook page and website: oromoctopioneergardens.ca.

LADIES' AUXILIARY - OROMOCTO LEGION BRANCH 93

The next monthly meetings will be January 4 & February 1, 2023.

Town Notices

COUNCIL HIGHLIGHTS

Public Presentation of Zoning By-Law 522-E

Council set the date of Tuesday, 13 December 2022 at 5:30 pm in Council Chambers for the Public Presentation of the Zoning By-Law Amendment, 522-E, A By-Law to Amend the Zoning By-Law.

FCM Partners for Climate Protection Program Appointments

Council appointed Councillor Sheridan Mawhinney, as the elected official, and Director of Planning and Compliance, Mr. Dallas Gillis, as a corporate staff person, to oversee implementation of the PCP Milestones and be the points of contact for the PCP program for the Town of Oromocto

Pioneer Days Committee Chair Appointment

Mr. Jeff Melanson was appointed as the Chair for the 2023 Oromocto Pioneer Days Committee.

Annual Lease Agreement Renewals

The following leases agreements were renewed for another year, Oromocto Ceramics Pouring Club; Acorn to Academy; Oromocto Judo Club and the Central Valley Adult Learning Association.

Nav Canada Lease Agreement Renewal

The Mayor and CAO/Clerk were authorized to enter into an agreement with NAV Canada to lease space for their electronic navigation equipment, as reviewed by Council in Committee on 9 November 2022.



Town of Oromocto Notice of Meetings

Council in Committee:

13 & 17 Jan 5:30PM
8 & 14 Feb 5:30PM

Regular Session:

19 Jan 5:30PM
16 Feb 5:30PM



We wish to remind the residents of Oromocto that parking of vehicles on Town streets is prohibited as established by By-Law 502, Parking, Section 15.(1).

It is important that the Town roadways are kept clear so that the plow equipment can properly clean the service areas. It is also advised that any snow removed from driveways is not to be placed on the road right-of-ways, as per By-Law 501, Debris Disposal, Section 7.(3).

Should homeowners have reflective markers at the end of their driveways, we kindly ask that they are placed 4' from the street. This is to ensure sufficient distance for the plows to pass by.

The safety of our residents is of utmost importance and our operators do their best to ensure this during inclement and hazardous weather.

Let's not forget to remove any items from the roadways. This largely encompasses sports equipment such as basketball and hockey nets. These, along with any other items that may be obstructing the roadways, should be removed.

Service Priorities

Plowing, sanding & salting Snow removal and maintenance order:
1) Roadways (major arteries and hospital routes, then collector streets, followed by residential streets and minor roads)
2) Sidewalks
3) Trails
4) Street Widening

TOWN OF OROMOCTO 2023 DOG LICENSE

All dogs must be registered in the Town.
\$20 for neutered male/spayed female dog
\$30 for unneutered male/ unspayed female dog

**PROOF OF RABIES VACCINATION
MUST BE PROVIDED
BEFORE DOG LICENSE CAN BE ISSUED**

Licenses may be purchased at these locations:

Oromocto Municipal Office ~ Oromocto SPCA
Oromocto Veterinary Hospital



Active
Transportation
OROMOCTO
A Town on the Move!

**RECREATION & PARKS
build strong
families & healthy
communities!**

**NB MILITARY HISTORY MUSEUM
BASE GAGETOWN**

*Tours by appointment only.
Please contact us at
506-422-2000 ext 1304 or
info@nbmilitaryhistorymuseum.ca*



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5



ROTARY CLUB OF
OROMOCTO
NEW BRUNSWICK • CANADA
SERVICE ABOVE SELF SINCE 1982
www.oromocrotrotary.ca



Follow our Facebook Page
"Oromocto Rotary Club"
for more information!



NAPA OROMOCTO

LOCALLY OWNED
273 Restigouche Rd, Oromocto

506-357-8883
WWW.NAPACANADA.COM

C.B.
WARREN'S
AUTO CARE
357 - 2228

9 Seneca St.
Oromocto, N.B.
E2V 2H1

cb.warrensauto@gmail.com
Owner: Chris Warren

LOCAL RECREATION ORGANIZATIONS

NB MILITARY FAMILY RESOURCE CENTRE - 422-3352
PSP GAGETOWN - 422-2749

Oromocto Minor Hockey - www.omhahockey.ca

Oromocto Ringette - oromocroringette@gmail.com

Oromocto Skating Club - www.oromocetoskaters.yolasite.com

Oromocto Area Minor Football -

www.capitalareafootball.nb.ca

Oromocto Baseball Assoc. – visit their Facebook page

Oromocto Softball Association -

oromocsoftball@gmail.com

Oromocto Area Soccer Assoc. - www.oromocetosoccer.ca

Oromocto Dragons Judo Club - info@dragonsjudoclub.com

Oromocto Boxing Club - oromocoboxingclub@gmail.com

Base Gagetown Recreation Association -

www.pspgagetown.nb.ca

Oromocto Youth Bowling (YBC) - rodnitz@rogers.com

Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca

Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311

Oromocto & Area Pickleball Club - visit their Facebook page

Girl Guides

Everything she wants to be.

*Looking for a place where girls are empowered
to take the lead, jump into awesome activities
and explore what matters to them?*

girlguides.ca/jointoday

1-800-565-8111



INCLUSION ROOM RENTAL

*Looking for the perfect spot
to host your function?*

*Check out OTEC'S Inclusion Room, Capacity: 60
Availability Mon-Fri After 4:00pm,
Sat & Sun-All Day*

OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

For more information, please call 357-3397.