

# JANUARY -FEBRUARY 2021

## Recreation OROMOCTO

Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



#### **CHRISTMAS TREE DISPOSAL**

Christmas Trees may be dropped off at the following designated sites until 8 January:

King's Arrow Arena - Next to Parking Area Works Department - 181 Black Watch Ave Carleton Park - Saint John Avenue Oromocto West - Waasis Road West (BMX & Skate Park)



#### TOWN OF OROMOCTO 2021 DOG LICENSE

All dogs must be registered in the Town. \$20 for neutered male/spayed female dog \$30 for unneutered male/ unspayed female dog **PROOF OF RABIES VACCINATION MUST BE PROVIDED** 

BEFORE DOG LICENSE CAN BE ISSUED

Licenses may be purchased at these locations: Oromocto Municipal Office ~ Oromocto SPCA Oromocto Veterinary Hospital ~ Vets Love Pets

#### KING'S ARROW ARENA FREE PUBLIC SKATING (until 26 March 2021)

Adult Skate: Mon to Fri

11:00am to 12:30pm

Parent & Tot Skate: Mon, Tue & Thur

2:30pm to 3:30pm

Open Skate (all ages): Wed & Fri

2:30pm to 3:30pm

Participants must register in advance at www.recreationoromocto.ca, and follow the "register now" link and instructions. Participants can register for individual times up to one week in advance starting on Mondays.

Ages 12 and under must be accompanied by an adult, who must also pre-register. Max: 40 per skate.

#### Mandatory Head Protection Policy

All participants ages 18 years and younger will be required to wear a CSA approved helmet.

Please note the arena is closed for Statutory Holidays. Public skating may be cancelled for special events.

#### TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events Laurie Muise - Facilities/ Culture/ Tourism Bernie Hurley - Arena/Sport Facilities Bill Jarratt - Director

357-4455 357-4459 357-8155 357-4456 jdunn@oromocto.ca lmuise@oromocto.ca bhurley@oromocto.ca bjarratt@oromocto.ca



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Occupancy Loads:

- 500 Standing
- 365 Chairs
- 228 Liquor license (no dancing)
- 167 Liquor license (with dancing)



www.oromocto.ca

For additional information on the Hazen Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email Imuise@oromocto.ca.

### **ATTENTION PET OWNERS**

As per Town By-law 417 **dogs & cats** "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

Please leash your dog & cat in public spaces.

#### HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

Acceptable items include: newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribblers, envelopes, refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons.

Gateway Plaza, Freeman's Convenience and Oromocto Market Superstore



#### **ENJOY THE OUTDOORS THIS WINTER!**

Gateway Trails are groomed. Great for snow shoeing and cross country skiing!



Or, visit one of our sliding hills, located in Anniversary Park or behind the Community Centre at 66 Miramichi Road.

#### Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit www.oromocto.ca/page/widepage/By-Laws for By-Law 417 A. The general rule is: "Do not feed wildlife."

#### ADULT FITNESS CLASSES

#### CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat. Begins: 11 Jan 7:00 - 8:00pm Mondays

Fee: \$82/ 6 wks

#### **Restore Yoga**

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice

Begins: 13 Jan 7:00 - 8:15pm Wednesdays Fee: \$96/ 7 wks

To register for the above classes, please visit the Service Centre located on the third level of the Municipal Offices at 4 Doyle Drive or online at www.recreationoromocto.ca.

#### **55+ FITNESS CLASSES**

#### 55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 11 Jan 10:15 - 11:05am Mondays Registration begins at 8:45am on 5 Jan Fee: \$23/ 6 wks

#### 55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 15 Jan 10:15 - 11:00am Fridays Registration begins at 8:45am on 5 Jan Fee: \$27/ 7 wks

To register for the above classes, please visit the Service Centre located on the third level of the Municipal Offices at 4 Doyle Drive or online at www.recreationoromocto.ca.

> DID YOU KNOW?

Keeping active can improve many

aspects of a Senior's life including

cognitive function, physical strength & social interaction!

To register with Patient Connect NB for a primary care

provider, please call 811 or visit
www.gnb.ca/patientconnectNB.
Patients will need to provide their name, address,

• A number of health-related questions will be asked.

OROMOCTO Dental Centre

DR JESSICA NIELSEN DR JONATHAN GALLANT

# 202 RESTIGOUCHE RD (506) 446-3300



phone number and Medicare number.



## FAY TIDD PUBLIC LIBRARY @ 357-3329

#### Here's what to expect when visiting your library:

Maximum Capacity: There is a limit of 8 people in the library at a time.

Face Masks: Masks are mandatory in all indoor spaces.

Physical Distancing: There are directional arrows in tight areas, but please look before you go.

Quarantine: Returned items will be quarantined for 72 hours and will remain on your account for that time.

Grab n' Go: We encourage people to make their visit as brief as possible (10 - 15 minutes).

Study Space: There are individual study areas available to book and information will be taken for contact tracing.

- Computer Usage: Computer stations are available to book for a half hour and information will be taken for contact tracing.
- Printing Services: Printing, photocopying, and faxing are available. Please ask at the information desk. Payment is cash only.
- Programs: There are no in-person programs planned at this time, but check out some of our great take-home packs that promote early learning and literacy!

**Hackmatack Book Club:** (Ages 9-12 y.o.) This year's book club is an interactive display and an assortment of amazing books. Please contact the library for details.

**Teen Take and Make**: Every month a different creation! Stop in to the library to pick up your kit while supplies last. Check our Facebook page to see this month's project.

You can access our online resources from the comfort of your home! No card? No problem! Request a library card through our website: **www.gnb.ca/publiclibraries**. You'll gain access to online resources such as eBooks, animated story books, language learning tools, car repair resources, and more!

#### LIBRARY HOURS

Tues: 3pm to 5pm and 6pm to 8pm

Wed, Thurs, Fri and Sat: 10 am to 12 pm and 1pm to 3pm

For the most current information, please check our website: **www.gnb.ca/publiclibraries** or follow the Fay Tidd Public Library on Facebook.

#### Sunday and Monday: CLOSED





137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111 www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

> <u>General Education Development (GED) Program: Classes are completely Freel</u> Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available to fit your schedule; Full or Part-time options
- Continuous enrollment so get started at any time

Getting your GED is a great first start to bigger and better things — many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests.

Don't wait - contact us today at 357-7892 or admin@cvala.ca to get started!

"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning



Did you still need your parents at age 10, age 12... what about at age 14 or 16?

Social Development invites you to learn about foster care and older child adoption in New Brunswick. There are children and youth in our communities who need a loving, supportive home to grow up in.

Find out how you could be the difference for a child

www.gnb.ca/SocialDevelopment

Aviez-vous encore besoin de vos parents à l'âge de 10 ans, de 12 ans ou encore à l'âge de 14 ou de 16 ans ?

Le ministère du Développement social vous invite à en apprendre davantage au sujet des familles d'accueil et de l'adoption d'enfants plus âgés. Il y a des enfants dans nos communautés qui ont besoins d'un domicile qui offre de l'amour et du support.

Découvrez comment vous pouvez faire la différence pour un enfant

www.gnb.ca/Développementsocial





## CHIMNEY FIRE SAFETY

#### Things to do before you light a fire:

- Have the chimney checked by a chimney professional.
- Know how to operate the fireplace or stove.
- Have the right hearth tools and equipment.
- Check your home's fire safety equipment.

For the sake of fire safety, have your chimney checked at least once each year by a chimney professional.

Your chimney professional will check to see if the chimney requires cleaning, and will also check for unsafe conditions in the chimney.

Check your smoke alarms and fire extinguishers. Replace the batteries in smoke alarms regularly.

Many businesses are required to have their fire extinguishers inspected yearly. It is a good habit for homeowners, too.

Make sure you have the right kind of extinguisher. It should be labeled with the types of fires it is designed for, but if you are not sure, ask your local fire department for more information.

They also can generally provide you with info about establishing fire drill routines & exit routes for the safety of your family.



A little bit of preparation can prevent a lot more than a bad experience, and will put your mind at ease.

#### Problems with your computer? We will help!

Full support for home or business needs Servers / Networking / Wireless Virus cleanups 129 Hardware and software support Remote assistance or onsite support New & Refurbished Computers

1299 Hanwell Road Tel: 206-6300 help@pcgirls.ca www.pcgirls.ca

24 Hour turnaround on most issues

# **Community Notices**

#### LINTUHTINE MUSIC ACADEMY Lintuhtine Studio Oromocto Arts & Learning Centre 137 MacDonald Ave

Info: Helen Mórag McKinnon at eilidhmorag2012@gmail.com or 1-506-470-1377



For the future, please e-mail or text to let Helen know if you wish to be contacted regarding any of the available programmes - that way you will be put on a contact list.

#### CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

If you discover any maintenance concerns, call 357-8155 or e-mail recreation@oromocto.ca

#### LOCAL RECREATION ORGANIZATIONS

#### NB MILITARY FAMILY RESOURCE CENTRE - 422-3352 PSP GAGETOWN - 422-2749

Oromocto Minor Hockey Association - www.omhahockey.ca Oromocto Ringette Association - oromoctoringette@gmail.com Oromocto Skating Club - www.oromoctoskaters.yolasite.com Oromocto Area Minor Football - www.capitalareafootball.nb.ca Oromocto Baseball Assoc.- visit their Facebook page Oromocto Softball Association - oromoctosoftball@gmail.com Oromocto Area Soccer Assoc. - www.oromoctosoccer.ca Oromocto Dragons Judo Club - info@dragonsjudoclub.com Oromocto Boxing Club - oromoctoboxingclub@gmail.com Base Gagetown Recreation Association - www.pspgagetown.nb.ca Oromocto Youth Bowling (YBC) - rodnitz@rogers.com Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311 Oromocto & Area Pickleball Club - visit their Facebook page

#### **OROMOCTO & SURROUNDING AREA COMMUNITY GARDENS**

The Oromocto Community Gardens has available beds for anyone wishing to dabble in growing their own produce, herbs, or flowers. If interested, please message us directly from our Facebook page.

THE OROMOCTO MARKET, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

#### **OROMOCTO SPORTS WALL OF FAME**

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info, please call Jerry McCann at 687-4420.



#### **Oromocto Pioneer Gardens Cemetery Company Inc.**

Please visit our website at www.oromoctopioneergardens.ca Contact us at 292-2477 or at info@oromoctopioneergardens.ca Sales can be arranged by contacting us either at the above number or through e-mail.

#### HOSPITALS SEEKING HELPING HANDS

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week. Please consider donating your time and contact Tracey Fraser at 506-452-5322.

#### MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact: Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

## Town Notices

#### COUNCIL HIGHLIGHTS NOVEMBER - DECEMBER 2020

Council has shown its resilience during the pandemic and been able to advance a number of key priorities in the last two months of 2020 as follows:

#### Acceptance of the "Road Map to Aging Care" Report

Council has made an investment in meeting its top priority, the need for suitable housing options and delivery of care for its aging citizens. Silvermark, a local consulting company, was hired to develop the Road Map to Aging Care report which was accepted by Council and submitted to the Province of New Brunswick to explore opportunities to create a continuum of care for our region.

#### 2021 Budgets Approved

The Town of Oromocto Council passed its 2021 General Operating and Water and Sewer Utility Budgets on Thursday, 12 November 2020. The budget priorities identified were two-fold: (1) eliminate the garbage service fee; and (2) hold rates steady for water consumption and commence a five-year, phased-in fixed service fee per quarter.

#### **Approval of By-Laws**

Council approved two by-laws: (1) By-Law 538, A By-Law Relating to the Collection and Disposal of Waste in the Town of Oromocto, to eliminate the garbage service fee; and (2) By-Law 537, A By-Law Relating to Water and Sanitary Sewerage Services in the Town of Oromocto, to authorize the water and sewerage service fee. Each by-law is available for viewing at the Clerk's Office or online at **www.oromocto.ca**.

#### Appointment to the Planning Advisory Committee

Council has reappointed Chantal Barnett and Anton Topilnyckyj as regular members to the Planning Advisory Committee to complete a two-year term. Thank you Chantal and Anton for your continued service to our community.

#### Visitor Information Centre Update

Last year a tender was issued and the results came in very high for the construction of a new visitor information centre. After much deliberation, the Director of Recreation and Tourism presented to Council a revised design and schedule for the future development.

#### **Future Development**

The Town of Oromocto has recently completed or in the process completing negotiations for land sales for future development on Cyr Street, Delucry Court and Restigouche Road.

#### **Notice of Meetings**

#### **Town of Oromocto**



**Council in Committee:** 19 Jan - 5:30PM 16 Feb - 5:30PM

**Regular Session:** 21 Jan - 5:30PM 18 Feb - 5:30PM

#### Public Information Notice Temporary Storage Shelters

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated.

*If you have any questions , please contact the Planning and Compliance office at 357-4500.* 

#### NB MILITARY HISTORY MUSEUM BASE GAGETOWN

Tours by appointment only. Please contact us at 506-422-2000 ext 1304 or info@nbmilitaryhistorymuseum.ca



www.nbmilitaryhistorymuseum.ca Base Gagetown, Building A5

#### TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at: Online at www.oromocto.ca/grants-amp-awards



### NAPA OROMOCTO

LOCALLY OWNED 273 Restigouche Rd, Oromocto

#### **506-357-8883** WWW.NAPACANADA.COM

Assisting adults with an intellectual disability towards achieving independence and securing gainful employment within their Community.

OROMOCTO TRAINING & EMPLOYMENT CENTRE 286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5 Monday-Friday 7:30am-4:00pm

Lorie Mitchell, Executive Director @ 357-3397 ext 3 Email: lmotec@nb.aibn.com



## **RECREATION & PARKS**

build strong families & healthy communities!

#### **RECREATIONAL ACTIVITIES**

are essential to the holistic development of children and youth!



ORÔMOCTO

A Town on the Move.



Owner: Chris Warren

# Girl Cuides

Everything she wants to be.

Looking for a place where girls are empowered to take the lead, jump into awesome activities and explore what matters to them?

girlguides.ca/jointoday

1-800-565-8111

#### OROMOCTO ROTARY CLUB "Service Above Self" www.oromoctorotary.ca



#### 2021 Calendars are available.

A chance to win weekly - 104 draws a year Help Rotary support Local! There are **Goldmine Toonie draws** every Monday for **\$2.00 weekly**. Any Rotarian can help you with calendars or the Goldmine.