



### TOWN OF OROMOCTO RECREATION AND TOURISM DEPT

### WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events (357-4455) jdunn@oromocto.ca Louise Flight - Facilities/Tourism (357-4459) lflight@oromocto.ca Bernie Hurley - Arena/Sport Facilities (357-8155) bhurley@oromocto.ca Bill Jarratt - Director (357-4456) bjarratt@oromocto.ca

PROGRAM REGISTRATION TAKES PLACE AT THE MUNICIPAL BUILDING, 4 DOYLE DRIVE, OFFICE HOURS - MONDAY TO FRIDAY 8:30AM TO 4:30PM 357-4400 www.oromocto.ca, or register on-line at www.recreationoromocto.ca







You are Invited to Participate in a Public Meeting to Discuss



FUTURE SPORT, RECREATION AND CULTURAL FACILITY NEEDS ASSESSMENT

What do you think the Town of Oromocto needs in the way of sport, recreation and cultural facilities? What would be your priorities? Where in your opinion is the best location for future facilities? Are new leisure facilities a priority for the Town?

Please join us on 21 May 2014, 7:00pm at the Hazen Park Centre, 994 Onondaga Street Oromocto to hear our consulting team, led by dmA Planning & Management Service, outline the study process, timing and deliverables; and to share your ideas and opinions. The consulting team will gather community input through this public meeting, community and stakeholder focus groups, individual interviews and surveys of residents and sport, recreation and culture groups that use facilities in our community. Please join us as we launch the public consultation process of the facility needs assessment. This meeting is open to all residents of the community. Bring the kids! We want to hear from the younger and the older generations in our Town.

For more information please contact: Bill Jarratt, Director of Recreation and Tourism, 357-4456.

### Dr. M. Soicher/Dr. Tara McCarthy

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New Patients Welcome, Please call 357-3392 Office Hours: 8 am - 5 pm Monday to Friday Check Us Out at: www.facebook.com/oromoctovision

### ADULT WELLNESS PROGRAMS (Please call 357-4455 for info)

To register or for more info visit www.recreationoromocto.ca or the 1st floor of the Municipal Building

### Fat Burn Four: Kettlebells for Women

Lift to lose! Get that leaner and stronger body with a Kettlebell Workout designed for women by women! Safely learn the basic Kettlebell exercises under the guidance of a fitness coach!

Begins: 4 June 6:30 to 7:30pm Wed \$76/6 wks

### **Yoga Fusion**

Join Wendy in this Yoga Fusion class. Enjoy the creative integration of Vinyasa Flow Yoga and Pilates Core exercises. All levels welcome!

Begins: 16 June 6:15 to 7:20pm Mon \$76/6 wks

### Zumba ®

Exercise in a party-like atmosphere! Tone & sculpt your! body by doing simple, fun and effective moves. The Latin flavour and international rhythms will move your body like never before. NO dance experience required. Join instructor Crystal Daigle and stay fit!

Begins: 17 June 6:30 to 7:30pm Tue \$40/6 wks

#### **Pilates: Core Essentials**

Core Essentials gives you the key essential exercises you need to keep your back/core strong and provides you with the flexibility gains for pain-free movement.

Begins: 23 June 7:30 to 8:30pm Mon \$76/6 wks

### **Rec Co-ed Badminton**

This program will take a non-competitive format and is designed to enhance your fitness level, and provide a fun evening out on Tuesdays from 7:30 to 9:30 p.m. at Harold Peterson Middle School. For additional info, please call

Tracey at 357-1820.

### Rec Co-ed Volleyball (AGES 19+)

This program will take a non-competitive format and is designed to enhance your fitness level. Volleyball is being held Thursday evenings at Harold Peterson Middle! School from 7:30 to 9:30 p.m. For additional info, please call Colleen at 357-3014.

A Town Resident Rebate will apply

### 55+ CORNER

(Please call 357-4455 for more info) -----

### 55+ Carpet Bowling/Bean Bag Toss

Enjoy these challenging games every Tuesday and Wednesday morning from 10:30 to 12:00noon at the Hazen Park Centre, 994 Onondaga Street. For additional info, call Bill at 357-7806.

### 55+ Bridge

If you enjoy playing bridge, join us each Wednesday from 1:00 to 3:15pm at the Hazen Park Centre, 994 Onondaga Street. For additional info, please call Betty at 357-8002.

### YOUTH PROGRAMS

(Please call 357-4455 for info) To register or for more info visit www.recreationoromocto.ca or he 1st floor of the Municipal Building

### **Zumba Kids® (Ages 4 to 8 years)**

The crazy-cool dance fitness workout inspired by Zumba® but for kids! Your child will love to move & groove to hip hop, salsa, reggaeton and more! Pre-registration is required! Limited space available. Maximum of 18.

Begins: 26 May 6:00 to 6:45pm Mon \$31/4 wks

A Town Resident Rebate will apply

### **SUMMER DAY CAMP**

Our Department offers a quality child-care programme for children entering Kindergarten to entering Grade 5. The DC operates from 7:30am to 5:30pm, Monday to Friday. Nutritional snacks and special activities are planned in accordance with our weekly themes. A maximum of 30 children per week will be accepted with preferences to those registered for the entire summer. Fee: \$110 per child/week

The Camp will operate 23 Jun – 29 Aug (except holidays).

PAYMENT FOR ALL SELECTED WEEKS MUST BE PAID TO SECURE SPOT. APPLICATION FORMS ARE AVAILABLE AT OUR OFFICE AT 4 DOYLE DRIVE ON 5 MAY.

### **SPECIALTY CAMPS**

Please check out the June Recreation Guide for details (including timings, ages and cost) on our upcoming week-long specialty camps. Past camps have included Basketball, Judo, Music and many other fun activities!

#### **OROMOCTO PUBLIC LIBRARY 357-3329**

May 9 The over-fifty crowd is invited to join us for BROWSE & BRUNCH at the library from 9:00 to10:00am. Meet old friends and make new ones. Please register in advance for this program.

**May 19** The library will be **CLOSED** for Victoria Day.

May 26 Canadian children's author, Phillipa Dowding, will be giving a book reading at 1:00pm. Her book "Gargoyles at the Gate" was featured at as Hackmatack Book Club selection this year. For more information please call the library at 357-3329.

May SILENT SIDEKICKS, join Morgan, a golden retriever, for a one-on-one reading session on Wednesday evening or Saturday afternoon, Please call in advance to book.

All Library programs are free of charge.

The Library offers free internet access as well as printing services.

For more info on the above programs and to register, please call 357-3329.

### **HOURS**

Mon 10:00am - 6:00pm Tue/Wed 10:00am - 8:30pm Thurs 10:00am - 6:00pm Fri & Sat 10:00am - 5:00pm Sun CLOSED





CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC., 137 MacDonald Avenue, Oromocto, NB (Phone) 357-7892 (Fax) 357-4111 www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

### **General Education Development Program**

Covers the 5 Major subject areas: Math, Science, Social Studies, Reading and Writing

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### **Digital Literacy Program**

Learn computer basics Today!

Classes are 3 hours, once a week for 10 weeks

Laptops Provided

Windows 7 and 8

**Small Class Size** 

"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Association Inc!

### **SPORT FIELD RESERVATIONS**

For all Sport Field Reservations (Turf Field/Grass Fields/Ball Diamonds etc..) please call 357-8155.





Please Check Our Website For Updated Information!

### **RELAY FOR LIFE - SILENT AUCTION**

TACTICS SCHOOL AND OROMOCTO VOLUNTEER FIREFIGHTERS ASSOCIATION

15 May 2014, 0900-1500hrs

**Building J-7 - TACTICS SCHOOL HALLWAY Open to all!** 

Contacts: Major Jamie Hunter - 422-7651 Chief Warrant Officer Donald Tupper - 422-2124

### RELAY FOR LIFE

1950's Rock n' Roll Dance

03 May 2014 - Oromocto Legion Doors Open at 7pm

**Advance Tickets \$10 at the Legion** 

1950's Attire Welcome!!

FREE - 1 Hour Jive Lesson!

## RECREATION AND PARKS BUILD STRONG FAMILIES AND HEALTHY COMMUNITIES

Oromocto Pioneer Gardens, Cemetery Company Inc.



Please visit our website at <a href="www.oromoctopioneergardens.ca">www.oromoctopioneergardens.ca</a>
Contact us at 292-2477 or <a href="info@oromoctopioneergardens.ca">info@oromoctopioneergardens.ca</a>



Sales can be arranged by contacting us at the above number or through e-mail.



### OROMOCTO ROTARY CLUB "Service Above Self"

Rotary Calendar Winners:
Mr/Mrs. Joas Van Oord, Arthur Fields,
Ashley McLean, K & J Stella, Beverly Thompson,
Mary Douthwright, Kelly Russell, Amanda Guitard

DINNER MEETINGS - UNITED CHURCH MONDAYS 6PM 07 & 21 April







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### NEED A VENUE FOR YOUR "SPECIAL OCCASION"?

Hazen Park Centre, 994 Onondaga Street is available for Rent

For additional information please call 357-4459 or e-mail lflight@oromocto.ca

RECREATION AND PARKS BUILD STRONG FAMILIES AND HEALTHY COMMUNITIES!



### HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS.

Acceptable items for the recycling bin

depots include: newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribblers, envelopes (with or without windows), refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons. Recycling depot locations: Oromocto Market Superstore, Gateway Plaza and Freeman's Convenience



# Public Information Reminder TEMPORARY STORAGE SHELTERS



This is a reminder to all residents of Oromocto, the Town's Zoning By-Law 402, Section 30 (2) requires "Temporary Storage Shelters" to be removed no later than 30 April 2014 annually.

The cooperation of all property owners/residents to remove their temporary storage shelter will be appreciated.

If you have any questions, please contact the Planning and Compliance Office at 357-4500.

### **Emergency Response Training**

**TM Cert** offers a wide variety of first aid certification including workplace standard and emergency first aid, as well as CPR and AED training. For additional info on up-and-coming courses in Oromocto, please call Trudy at TM Certified Emergency Response Training, **506-470-1135** or visit **www.tmcert.ca** 



# **COMMUNITY NOTICES**

#### COMMUNITY RECREATION & SPORTS CONTACT INFORMATION

- ~ Oromocto Minor Hockey Association www.omhahockey.ca
- ~ Oromocto Area Minor Foorball Association www.capitalareafootball.nb.ca
- ~ Oromocto Area Soccer Association www.oromoctosoccer.goalline.ca
- ~ Oromocto and Area Minor Baseball Association www.oamba.ca
- ~ Oromocto Skating Club www.oromoctoskaters.volasite.com
- ~ Oromocto Ringette Association oromoctoringette@gmail.com
- ~ Oromocto Dragons Judo Club jeanpierrecantin@yahoo.ca
- ~ Oromocto Boxing Club oromoctoboxingclub@gmail.com or Find Us On Facebook

### TOWN OF OROMOCTO NOTICE OF MEETINGS

14 & 20 May 5:30pm Council in Committee Meeting / 22 May 7:00pm Regular Session

#### HOSPICE SERVICES

Hospice services are now available in the Oromocto area. Volunteers from Oromocto have been trained, and are ready to work with individuals and families coping with advanced illness, death and bereavement.

For more information, please contact Stephanie Golding at 472-8185 or visit the website www.hospicefredericton.ca

**OROMOCTO PIONEERS SQUARE DANCE CLUB OHS Cafeteria on Monday Nights** 

Club Dancers/Plus 7:00pm / Beginners Class/Club Mainstream 8:00pm

For more info, call Ed Garnett at 446-6058 or 449-0135

### MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For More Info Please Contact:

Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

### **OROMOCTO SPORTS WALL OF FAME**

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info please call Jack Matheson at 471-2803.

OROMOCTO BOXING CLUB (Located behind the Library on Miramichi Road)

Contact Info: oromoctoboxingclub@gmail.com or check us out on Facebook!



### BIRTHDAY PARTY AGES 5-10

**Book Your Party Today! Sobeys Community Room Oromocto** 

### EVERYDAY COOKING CLASSES IN THE COMMUNITY ROOM 446-5030

May 6 Tue 6:00-8:00pm (Theme: Mother's Day Breakfast)

Citrus Punch, Chef Salad, Bacon & Egg Bake, Black Forest Trifle

May 13 Tue 12:00-2:00pm (Senior's Class) (Theme: Cooking with Color - Peppers)

Hearty Rustic Soup, Chicken Cashew Stir-Fry, Spiced Glazed Pineapple & Mango with Yogurt

May 27 Tue 6:00-8:00pm (Theme: A Better Burger)

Apple Bacon Onion Relish, Bestest Better Burger Ever, Mexican Bulgur Salad, Easy Chocolate-Mint Grasshopper Pie

## TOWN OF OROMOCTO Curbside Spring Cleanup Program

5 May to 16 May 2014 inclusive



### **ELIGIBLE ITEMS:**

- Pieces of tree, brush, lawn rakings, garden refuse and similar articles, but <u>NOT</u> appliances, furniture or tires. Please compost where feasible.
- Lawn rakings and other similar rubbish must be bagged in clear plastic bags and placed at curbside for pick-up.
- Individual bundles or items <u>SHALL NOT</u> exceed one meter (1 yard) in greatest dimension nor weigh more than 20 kilograms (44 pounds).

### **FORBIDDEN ITEMS:**

Petroleum, chemical or solvent/paint type products or any hazardous waste is **FORBIDDEN**.

Recyclable items must be recycled.

### PICK UP:

Materials **MUST** be placed at curbside no earlier than Mon., 6 May, no later than 7:00 a.m. on Fri., 17 May.

#### **DROP OFF:**

Eligible items can also be taken to the Fredericton Region Solid Waste Commission (1775 Alison Blvd.) Mon-Fri 7:30 am – 5:00 pm & Sat 7:30 am - 3:00 pm

All residents are encouraged to participate.

Contact the Works Department if you have any questions 357-4409



### Madrigal Music Studio - Music & Art

Music Lessons: Judy Lavigne, Julie MacLean, Katrina Chiasson Budaker (bilingual) (voice, violin, guitar, harp, piano, flute)

Art Lessons: Judy Lavigne and Katrina Chiasson Budaker

Step Dancing Classes/Musical Theatre: Paige Le Clair Classes and Private Lessons available in Oromocto and Fredericton North



Ask about our Glee Groups!



**Judy Lavigne: 506-999-2631** 





- Active community member
- Knowledgeable and experienced in military lifestyle; Relocation Specialist
- Enthusiastic, professional, energetic, honest & dependable
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# odc

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