



Recreation
OROMOCTO
Building a Healthy Community



FEBRUARY 2015

PROGRAM REGISTRATION TAKES PLACE AT THE MUNICIPAL BUILDING,
4 DOYLE DRIVE, MONDAY TO FRIDAY 8:30AM TO 4:30PM 357-3333

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events (357-4455) jdunn@oromocto.ca

Laurie Muise - Facilities/ Culture/ Tourism (357-4459) lmuisse@oromocto.ca

Bernie Hurley - Arena/Sport Facilities (357-8155) bhurley@oromocto.ca

Bill Jarratt - Director (357-4456) bjarratt@oromocto.ca

HELP OUR COMMUNITY BECOME
THE NEXT KRAFT HOCKEYVILLE

Oromocto

#khv_RaisedintheKA

VISIT KHV2015.CA TO LEARN MORE



REBUILDING
THE FUTURE

OROMOCTO VISION

Dr. M Soicher Dr. T McCarthy Dr. A Bartlett

Optometrists - 1285 Onondaga St., Oromocto

Eye Examinations, Contact Lens Fitting, Children and Designer Frames Available

Evaluation for Laser Surgery Vision Correction

Examens visuels disponible en français

New Patients Welcome, Please call 357-3392

OFFICE HOURS: 8am-5pm Monday to Friday

Check Us Out at: www.facebook.com/oromoctovision

Be sure to visit
www.facebook.com/RecreationOromocto or www.oromocto.ca
for the Schedule of Events



OROMOCTO SNOWFEST



FEBRUARY 13-15, 2015



OASA INDOOR SOCCER PROGRAM

The U10 (ages 5-9) & U14 (ages 10-14) boys and girls soccer programs are designed for players looking to learn new skills and improve existing skills during the indoor season.

U10 - Fridays 18:00-19:00 until May 1

U14 - Fridays 19:00-20:30 until May 1

Rec Assoc. Members \$30 / Non-Rec Assoc. \$40

**For more info, please contact Martin Levis at
Martinlevis@hotmail.com.**

After School Program

Registration Packages for this licensed Child Care Program are available at our Service Centre on the 1st floor of the Municipal offices (located at 4 Doyle Drive). The program is designed for school aged children (grades K-5). The cost is \$70/child per week. Full Time Clients Only

Quality coordinators will offer an activity-based schedule in a safe, supportive setting.

Please pick up a registration package for more info.

EVERYDAY COOKING CLASSES IN THE SOBEYS OROMOCTO COMMUNITY ROOM 446-5030

February 3rd (Tuesday) **6-8pm** Theme: Superbowl
Sweet Potato & Maple Bacon "Stuffed Skins", Root Beer & Bourbon Wings, Jamaican Jerk Chicken Wings, Cinnamon Rolls & Almond Glaze

February 10th (Tuesday) **6-8pm** Theme: Warm Menu
(Seniors Class 55+)
Mushroom & Rosemary Soup with a Vanilla "Cappuccino", Baby Potatoes with Garlic Beurre Noisette, Thyme infused Cog Au Vin Pumpkin Pecan Cake Roll

February 24th (Tuesday) **6-8pm** Theme: Indian Inspired
Onion Bhaji with Garlic & Mint Raita, Indian Butter Chicken, Masala Marinated Chicken Thigh for Butter Chicken, Tandoori Squash, Melon Citrus Ice Cream with Homemade Honeycomb



BIRTHDAY PARTY AGES 5-10
Book Your Party Today!
Sobeys Community Room

55+ PROGRAMS

55+ Recycled Teenagers

This stretching & mild exercise class takes place each Monday and Wednesday morning from 9:00 to 10:00am at the Hazen Centre.

For more info, please call Helen at 367-6888.

55+ Carpet Bowling/Bean Bag Toss/Washer Toss

Enjoy Carpet Bowling & Bean Bag Toss every Tuesday and Wednesday morning from 10:30 to 12:00 noon and Washer Toss every Thursday from 10:30am to 12:00 noon at the Hazen Centre.

For additional info, call Bill at 357-7806.

55+ Indoor Walking Club

Enjoy a relaxing walk with our indoor walking club at the Base Fitness Centre from 11:00am to 12noon on Tuesday and Thursday. Registration occurs on-site directly before the walk begins.

55+ Bridge

If you enjoy playing bridge, join us each Wednesday from 1:00 to 3:15pm at the Hazen Centre.

For additional info, please call Betty at 357-8002.

55+ Scrabble

If you enjoy playing Scrabble, join us each Friday from 1:30 to 3:30pm at the Hazen Centre.

For additional info, please call Emma at 357-7806.

ART & CRAFTS DROP-IN

Free to attend!

Thursdays 1:00 to 4:00 p.m.

For more info, please contact Judy Lynn Sorrie at 357-3025 or judylynn@bellaliant.net

ARTISTS WHO CARE

**All sessions will be at the AWC Gallery in the Oromocto Arts & Learning Centre.
A variety of arts and music workshops and lessons for our area 55+ population.**

Pre-registration is required.

Monday, Feb 2 10:00 am - 12:00 pm
Monday, Feb 9, 10:00 am - 12:00 pm
Monday, Feb 16 10:00 am - 12:00 pm
Monday, Feb 23 10:00 am - 12:00 pm

An African Sunset scene with tile and alcohol inks with Beth McIntosh
Valentine Project with Jeanne Cowan
Mid Winter Blues with acrylics with Barbara Heans
A Face in mixed media with Helen McKinnon-Bagnell



**Funded by the Government of Canada New Horizons for Seniors
For additional info, please visit our Facebook page or call Laurie at 357-4459.**



Great
smiles
HAVE COME
to **Oromocto**

NOW OPEN IN PIONEER PLAZA



HATHEWAY
ORTHODONTICS

506-455-9775

261 Restigouche Rd. WWW.COOLSMILES.CA

February is HERITAGE MONTH and this year's theme is "Hope Restored" taken from the New Brunswick motto. 2015 marks the 50th anniversary of the new Canadian flag as well as the current New Brunswick flag. Be sure to view our display.

Feb 3 SANDMAN STORYTIME, a 30-minute evening story time, is held each Tuesday evening at 6:30pm. The whole family will enjoy stories, rhymes and lots of fun. No registration is required for this drop-in program.

Feb 7 Morgan (a therapy dog) from SILENT SIDEKICKS will be in the library on Saturday from 2:00-3:30pm. Children can read to Morgan for 15 minutes. Please book your session in advance.

Feb 13 The over-sixty crowd is invited to our Heritage Month BROWSE & BRUNCH at 9:00am. This hour is packed full of food, fun and conversation. Please call in advance to reserve your seat.

Feb 13 WACKEY WINTER CHALLENGE: Children (K-Gr. 5) can test their knowledge about winter by competing in our contest. The contest starts at 3:30pm, followed by refreshments. Please register in advance.

Need help with our new e-reader or setting up a Facebook account? Our computer intern is available for one-on-one consultations. To schedule an appointment, call the library.

The Library offers free internet access as well as printing services.

For more info on these programs and to register, please call 357-3329.

HOURS	
Mon	10:00am - 6:00pm
Tue/Wed	10:00am - 8:30pm
Thurs	10:00am - 6:00pm
Fri & Sat	10:00am - 5:00pm
Sun	CLOSED



**TOWN OF OROMOCTO
RECOGNITION PROGRAM**

The annual Town of Oromocto Recognition Program is designed to recognize outstanding achievement in the areas of sport, recreation, business and volunteer service. Categories include:

- Provincial / Atlantic & Maritime**
- National / International Awards**
- Volunteer & Business Service Awards**

**The nomination deadline is
3 April 2015 and forms are available at:
Oromocto Municipal Offices 4 Doyle Drive**



OROMOCTO DRAGONS JUDO CLUB

Offers Judo Classes for all levels
Starting at 4 years

Price starting at \$40 per month

We have classes every day.
The Technical Director is Jean Pierre Cantin,
Olympian & 6th Degree Black Belt.

**Contact: 449-3637
E-mail: jpc@dragonsjudoclub.com
www.dragonsjudoclub.com**



**Angela Rutter, CD, LPN
506-471-5791
www.angelarutter.ca**
Serving you and all your Real Estate needs! Experienced in military relocations & first time home buyers. Certified in home staging and offered to my clients for free!



**OROMOCTO
ROTARY CLUB**
"Service Above Self"



Meetings twice a month
Seniors Bingo at Foresters/ Sunbury Manors
Held First and Second Tuesday monthly
Supper Meetings at United Church 6pm



CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC.
 137 MacDonald Avenue, Oromocto, NB (Phone) 357-7892 (Fax) 357-4111
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

Tech Savvy Seniors Program

Funded by Government of Canada's New Horizons for Seniors Program



Upcoming Workshops:

- Feb 10 - **Digital Camera/Basic Editing:** Learn digital camera basics, how to upload pictures to the computer and basic editing skills using Windows Live Photo Gallery.
- Feb 11 - **Skype:** create an account, add & edit contacts and video chat with people around the world.
- Feb 12 - **Intro to Microsoft Word:** learn how to create, edit and personalize documents.

Contact us today to register at 357-7892 or admin@cvala.ca



Are you Tech Savvy? Interested in volunteering? Contact us today for more information!

"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc.

RECREATION & PARKS BUILD STRONG FAMILIES & HEALTHY COMMUNITIES!

PAY NOW or PAY MORE LATER!

Recreation & Parks reduce health care, social service, and police/justice costs!

CO-ED REC SPORTS

Rec Co-ed Badminton (Ages 19+)

Tuesdays from 7:30 to 9:30pm at Harold Peterson

For more info, please call Tracey at 357-1820.

Rec Co-ed Volleyball (Ages 19+)

Wednesdays from 7:30 to 9:30pm at Harold Peterson

For more info, please email Candice at candicemacrae@hotmail.com.

Emergency Response Training

TM Cert offers a wide variety of first aid certification including workplace standard and emergency first aid, as well as CPR and AED training.



For additional info on up-and-coming courses in Oromocto, please call Trudy at TM Certified Emergency Response Training, 506-470-1135 or visit www.tmcert.ca.



- Active community member
- Knowledgeable and experienced in military lifestyle; Relocation Specialist
- Enthusiastic, professional, energetic, honest & dependable
- Proud Member of the Oromocto community for over 20 years.



Kelly Murdock
506.461.7800

Helping you is what we do

► *Be the change...*

kellymurdock@royallepage.ca
www.kellymurdock.ca



Oromocto Veterinary Hospital
(506) 357-8880

Mon – Thu	7 AM – 7 PM
Friday	7 AM – 6 PM
Saturday	8 AM – 1 PM



Medical and Dental services; Surgery; On-site laboratory; Nutritional and Behavioural Counselling; Pet Portal



info@oromoctovethospital.com
www.oromoctovethospital.com

Community Notices

ARMY CADET LEAGUE NB

Become an Army Cadet! Tuesdays from 6:00 to 9:00pm in D-57 at CFB Gagetown. Free!
For more information, contact Capt. Mike Law at 454-6722 or Brian Vessey at 446-6974.

OROMOCTO PIONEERS SQUARE DANCE CLUB at the OHS Cafeteria on Monday Nights
Round Dancing 7:00pm / Plus 7:30pm / Beginners Plus Class/Club Mainstream 8:00pm
For more info, call Ed Garnett at 446-6058 or 449-0135



Oromocto Pioneer Gardens Cemetery Company Inc.

Please visit our website at www.oromoctopioneergardens.ca

Contact us at 292-2477 or info@orumoctopioneergardens.ca

****NEW COLUMBARIUM UNITS ARE NOW ON-SITE****

Sales can be arranged by contacting us at the above number or through e-mail.

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For More Info Please Contact:

Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

HOSPICE SERVICES

Hospice services are now available in the Oromocto area. Volunteers from Oromocto have been trained, and are ready to work with individuals and families coping with advanced illness, death and bereavement.

For more information, please contact Stephanie Golding at 472-8185 or
visit the website www.hospicefredericton.ca

Come learn and soar with the Oromocto Air Cadets.

All youths between the age of 12 and 18 years old are welcome.

The Squadron meets every Wed 1815-2100 hrs at Bldg D-15 on Base Gagetown.

For more info, please contact the Sqn Commanding Officer, Capt Meredith Wills at 478-1052.

OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building,
4 Doyle Drive, 3rd Level. For additional info, please call Jack Matheson at 471-2803.

COMMUNITY RECREATION & SPORTS CONTACT INFORMATION

- ~ Oromocto Minor Hockey Association - www.omhahockey.ca
- ~ Oromocto Area Minor Football Association - www.capitalareafotball.nb.ca
- ~ Oromocto Area Soccer Association - www.oromoctosoccer.goalline.ca
- ~ Oromocto and Area Minor Baseball Association - www.oamba.ca
- ~ Oromocto Skating Club - www.oromoctoskaters.yolasite.com
- ~ Oromocto Ringette Association - orumctoringette@gmail.com
- ~ Oromocto Dragons Judo Club - jpc@dragonsjudoclub.com
- ~ Oromocto Boxing Club - orumctoboxingclub@gmail.com or Find Us On Facebook
- ~ Base Gagetown Recreation Association - www.pspgagetown.nb.ca

odc

Oromocto Dental Centre
Dr. Peter Currie, D.D.S., M.Sc

202 Restigouche Road,
Oromocto NB Canada E2V 2G9
Tel: 506-446-3300 - Fax: 506-446-3885



Gardiner
REALTY
Serving Atlantic Canada Since 1970!

457 Bishop Drive
ROYAL LEPAGE Fredericton, NB
E3C 2M6

alexandradaille@royallepage.ca



Home...a place
to rest your heels!

Alexandra Daigle
REALTOR®
506.440.7057

audiocorp
EXCELLENCE IN AUDIOLOGY

Celebrating 21 Years of Quality Service!
Everyone deserves better hearing. Call and make an appointment to discuss your hearing needs with one of our Registered Clinical Audiologists!

Special Offers

- No fee 90-day trial period
- 1-year battery supply with every hearing aid purchase
- VAC health identification cards accepted

2 Gateway Drive, Unit 3
Oromocto, NB
(506) 446-3658
suzanne@audiocorp.ca
www.audiocorp.ca



Problems with your computer? We will help!



Viruses, Pop-ups
New & refurbished computers
Home and business support
Hardware repairs

1299 Hanwell Road
Tel: 206-6300

24 Hour turnaround on most issues!



Girl Guides of Canada **Guides du Canada**

www.girlguides.ca/join_us
1-800-565-8111

Visit our Website: www.girlguides.ca

**Guiding is the place
for today's girls**

506.450.8000

WWW.SORELLA.CA

358 KING ST | FREDERICTON, NB
2 GATEWAY DR | OROMOCTO, NB

SORELLA
Spa

Redeem this Voucher

10% off First Cut

Mani/Pedi • Shellac • Massage • Cosmetic Medical Procedures
by appointment (Botox®, Filler, Chemical Peels & Latisse™)

Lash Tint / Extensions • Makeup • Waxing
Facials / Skincare using YONKA Paris
Group Booking • Hair Services (Oromocto)



Madore's Handyman Services
"Built on a Foundation of Trust"



Earl (Jay) Madore
Owner/Operator
Tel: 506 461-3432

- ✂ Small Jobs
- ✂ Honey-Do-Lists
- ✂ Home Repairs

Call for an estimate today!

Email: madoreshandymanagementservices@rogers.com

**Take the worry out of preparing your
Income Tax Return**

VISIT YOUR LOCAL TAX SPECIALIST

"Cash Refund" in Less than 24 Hours



Open from
9am to 9pm Daily
CALL 357-3130