



Recreation  
OROMOCTO

*Building a Healthy Community*



# APRIL 2015

PROGRAM REGISTRATION TAKES PLACE AT THE MUNICIPAL BUILDING,  
4 DOYLE DRIVE, MONDAY TO FRIDAY 8:30AM TO 4:30PM 357-3333

## TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

Info & online registration at [WWW.RECREATIONOROMOCTO.CA](http://WWW.RECREATIONOROMOCTO.CA)

Jackie Dunn - Programs/Special Events (357-4455) [jdunn@oromocto.ca](mailto:jdunn@oromocto.ca)

Laurie Muise - Facilities/ Culture/ Tourism (357-4459) [lmui@oromocto.ca](mailto:lmui@oromocto.ca)

Bernie Hurley - Arena/Sport Facilities (357-8155) [bhurley@oromocto.ca](mailto:bhurley@oromocto.ca)

Bill Jarratt - Director (357-4456) [bjarratt@oromocto.ca](mailto:bjarratt@oromocto.ca)



## TOWN OF OROMOCTO 2015 SUMMER STUDENT CASUAL EMPLOYMENT

Applications for Summer Student Casual employment with the  
Town of Oromocto are now being accepted.

Please visit [www.oromocto.ca](http://www.oromocto.ca) for a current list of positions,  
application details, deadlines & job descriptions.

Applicants must be a full-time student in the 2014-15 school year  
and entering/ currently enrolled in a post-secondary institution for Fall 2015.  
Please attach confirmation to application form.

*Only applicants selected for an interview will be notified.  
Positions are subject to funding approval and  
Town, Provincial and Federal hiring policies.*

**Applications &  
Job Descriptions  
are available  
on-line at  
[www.oromocto.ca](http://www.oromocto.ca)  
or the Oromocto  
Municipal Offices  
at  
4 Doyle Drive**

## OROMOCTO VISION

**Dr. M Soicher    Dr. T McCarthy    Dr. A Bartlett**  
**Optometrists - 1285 Onondaga St., Oromocto**

Eye Examinations, Contact Lens Fitting, Children and Designer Frames Available  
Evaluation for Laser Surgery Vision Correction

*Examens visuels disponible en français*

**New Patients Welcome, Please call 357-3392**

**OFFICE HOURS: 8am-5pm    Monday to Friday**

**Check Us Out at: [www.facebook.com/oromoctovision](http://www.facebook.com/oromoctovision)**

## EVERYDAY COOKING CLASSES IN THE SOBEYS OROMOCTO COMMUNITY ROOM 446-5030

### March 31<sup>st</sup> (Tuesday) 6-8pm Seafood Related

Lemon Lime Mussels, Coconut Curry Shrimp Noodle Stir-Fry, Thai Curry Shrimp Stir-Fry Sauce, Easy Chilean Sopapillas Squares

### April 7<sup>th</sup> (Tuesday) 6-8pm Healthy Cooking Class with Dietician

(Seniors discount)

Panzanella (Bread Salad), Springtime Cobb Salad, Citrus Basil Vinaigrette Avocado Parfaits

### April 21<sup>st</sup> (Tuesday) 6-8pm Maple

Waffle & Chicken Meatballs with Maple Hot Sauce Drizzle, Orange Maple Glazed Salmon, Pan Seared Brussels Sprouts with Cranberries & Pecans Glazed Apple Maple Blondies

### April 23<sup>rd</sup> (Thursday) 12-1:30pm Store Tour with Dietician – FREE!

Learn how to make healthier choices in our store!



### BIRTHDAY PARTY AGES 5-10

**Book Your Party Today!**  
**Sobeys Community Room**

### COMMUNITY RECREATION & SPORTS CONTACT INFORMATION

- ~ Oromocto Minor Hockey Association - [www.omhahockey.ca](http://www.omhahockey.ca)
- ~ Oromocto Area Minor Football Association - [www.capitalareafootball.nb.ca](http://www.capitalareafootball.nb.ca)
- ~ Oromocto Area Soccer Association - [www.oromoctosoccer.goalline.ca](http://www.oromoctosoccer.goalline.ca)
- ~ Oromocto and Area Minor Baseball Association - [www.oamba.ca](http://www.oamba.ca)
- ~ Oromocto Skating Club - [www.oromoctoskaters.yolasite.com](http://www.oromoctoskaters.yolasite.com)
- ~ Oromocto Ringette Association - [oromoctoringette@gmail.com](mailto:oromoctoringette@gmail.com)
- ~ Oromocto Dragons Judo Club - [jpc@dragonsjudoclub.com](mailto:jpc@dragonsjudoclub.com)
- ~ Oromocto Boxing Club - [oromoctoboxingclub@gmail.com](mailto:oromoctoboxingclub@gmail.com) or Find Us On Facebook
- ~ Base Gagetown Recreation Association - [www.pspgagetown.nb.ca](http://www.pspgagetown.nb.ca)

### ART & CRAFTS DROP-IN

**Free to attend!**

**Thursdays 1:00 to 4:00 p.m.**

For more info, please contact Judy Lynn Sorrie at  
357-3025 or [judylynn@bellaliant.net](mailto:judylynn@bellaliant.net)

### Rec Co-ed Volleyball (Ages 19+)

Wednesdays from 7:30 to 9:30pm at Harold Peterson Middle School.

**For more info, please email Candice at**  
**[candicemacrae@hotmail.com](mailto:candicemacrae@hotmail.com).**



### MODEL TOWN PHYSIOTHERAPY

281 Restigouche Road, Suite 217

Oromocto, NB E2V 2H2

T 357-5167 | F 357-2375

[info@modeltownphysio.ca](mailto:info@modeltownphysio.ca)

[www.modeltownphysio.ca](http://www.modeltownphysio.ca)

The **Oromocto Training and Employment Centre** will be  
hosting their **Grand Opening** on

Friday, April 17<sup>th</sup> at 4 pm at our new location,  
286 Restigouche Rd, Unit D, Oromocto NB.

Our Annual Dinner/Auction themed "Spring Fling"  
will follow at the Oromocto Legion,  
284 Restigouche Rd @ 6pm.  
Tickets: \$20/ person or \$35/ couple.

*For more information or for tickets,*  
*please contact OTEC 357-3397 ext. 0*



## 55+ PROGRAMS

### 55+ Aquafitness

A great way to stay physically fit! Designed to enhance fitness level and independent living. The program runs Tuesday and Thursday mornings from 10:00 to 11:00am.

**Begins: 7 Apr**      **10:00 to 11:00am**      **Tu/ Th**  
**Fee: \$22 / 10 wks**

### 55+ Recycled Teenagers

This stretching & mild exercise class takes place each Monday and Wednesday morning from 9:00 to 10:00am at the Hazen Centre.

**For more info, please call Helen at 367-6888.**

### 55+ Bridge

If you enjoy playing bridge, join us each Wednesday from 1:00 to 3:15pm at the Hazen Centre.

**For additional info, please call Betty at 357-8002.**

### 55+ Pilates

A movement class designed to fit the needs of the more mature participant. This is a gentle, slow-paced Pilates class to improve mobility, balance and increase overall vitality and health. Move well - move better.

**Begins: 10 Apr**      **9:00 to 10:00am**      **Fri**  
**Fee: \$18/ 8 wks**

### 55+ Carpet Bowling/Bean Bag Toss

Enjoy Carpet Bowling & Bean Bag Toss every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

**For additional info, call Bill at 357-7806.**

### 55+ Scrabble

If you enjoy playing Scrabble, join us each Friday from 1:30 to 3:30pm at the Hazen Centre.

**For additional info, please call Emma at 357-7806.**

## ARTISTS WHO CARE

**FUNDED BY THE GOVERNMENT OF CANADA NEW HORIZONS FOR SENIORS**

**All sessions will be at the AWC Gallery in the Oromocto Arts & Learning Centre.**

**A variety of arts and music workshops and lessons for our area 55+ population.**

**Pre-registration is required.**

Wednesday, April 8	6:00 - 9:00 pm	Painting with Texture and Colour - Barb Heans
Monday, April 13	10:00 am - 12:00 pm	Husking & Quilling - Helene Boyko
Monday, April 20	10:00 am - 12:00 pm	Tulip in Acrylic and Mixed Media Workshop - Jeanne Cowan
Monday, April 27	10:00 am - 12:00 pm	Alcohol Inks, African Sunset Part 2 - Beth McIntosh

**\*Note - Participants must have taken Part 1 and need to bring the tile to class.**



**For additional info, please visit our Facebook page**

**or call Laurie at 357-4459.**



Great  
**smiles**  
HAVE COME  
to **Oromocto**

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ORTHODONTICS

**506-455-9775**

261 Restigouche Rd. [WWW.COOLSMILES.CA](http://WWW.COOLSMILES.CA)

**Apr 3 & 6** The library will be **closed** on Good Friday and Easter Monday.

**Apr 8 BABIES IN THE LIBRARY**, this 30-minute program for parents and babies (infants to 18 months) will run for 6 weeks on Wednesday mornings from 10:15-10:45am. Please register in advance.

**Apr 10** The over-fifty crowd is invited to our **BROWSE & BRUNCH** at 9:00am. This hour is packed full of food, fun and conversation. Please call in advance to reserve your seat.

**Apr 18** The Oromocto Public Library hosts the Silent Sidekicks **"READING TO THE ANIMALS"** program from 2:00pm-3:30-pm. Interested parents and children should call the library for more information about Morgan, the therapy dog, or to register for a session.



The library is offering a drop-in evening story time, the **SANDMAN STORY TIME** each **Tuesday evening** at 6:30pm. This 30-minute family program offers plenty of stories, fun and a small craft. Fun for the whole family!

**LEGO CLUB** will be returning twice a month on **Friday afternoons** at 3:30pm for children aged 5 and up. This hour long program will pass quickly as children create a variety of Lego items. Please register in advance.

**All library programs are free of charge.**  
**We offer free internet access & printing services.**

	HOURS
Mon	10:00am - 6:00pm
Tue/Wed	10:00am - 8:30pm
Thurs	10:00am - 6:00pm
Fri & Sat	10:00am - 5:00pm

## TOWN OF OROMOCTO RECOGNITION PROGRAM

The annual Town of Oromocto Recognition Program is designed to recognize outstanding achievement in the areas of sport, recreation, business and volunteer service. Categories include:

Provincial / Atlantic & Maritime  
National / International Awards  
Volunteer & Business Service Awards

**The nomination deadline is**  
**1 April 2015 and forms are available at:**  
**Oromocto Municipal Offices 4 Doyle Drive**

## ARTISTS WHO CARE OPEN HOUSE

**Arts & Learning Centre - MacDonald Ave**

**Everyone welcome!**

**Thursday, April 30 from 7:00 - 8:00pm**

Past participants are invited to bring a piece or two that you created during our workshops.  
Refreshments provided.



**Angela Rutter, CD, LPN**  
**506-471-5791**

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## OROMOCTO ROTARY CLUB "Service Above Self"



### Rotary Calendar Draws:

January-March: Roger Ebbett, Linda/ Dale Cogswell,  
Karl Patriquin, Marilyn Sood, Gary O'Shaughnessy,  
David Horne, Colby McDonald,  
Rhonda/Brian Deveau

\$250.00 Valentine Draw - Steve Alexander





## CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC.

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111  
[www.cvala.ca](http://www.cvala.ca) ~ [www.facebook.com/CentralValleyAdultLearningAssn](https://www.facebook.com/CentralValleyAdultLearningAssn)

### General Education Development (GED) Program

Covers the 5 Major subject areas:  
Math, Science, Social Studies, Reading & Writing

Small Class Size

Flexible Schedule, Day & Evening Classes

Part-time or Full-time enrollment

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### Digital Literacy Program

Learn computer basics Today!

Classes are 3 hour each,  
once a week for 10 wks

Laptops are Provided

Windows 7 and 8

Small Class Size



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc. Inc.

## RECREATION & PARKS BUILD STRONG FAMILIES & HEALTHY COMMUNITIES! PAY NOW or PAY MORE LATER!

**Recreation & Parks reduce health care, social service, and police/justice costs!**

### **After School Program**

For more information, Registration Packages for this licensed program are available at our Service Centre on the 1st floor of the Municipal Offices. The program is designed for school aged children (Gr. K-5).

Cost: \$70/ child per week. Full Time Clients Only

Quality coordinators will offer an activity-based schedule in a safe, supportive setting.

### **Emergency Response Training**

**TM Cert** offers a wide variety of first aid certification including workplace standard and emergency first aid, as well as CPR and AED training.



For additional info on up-and-coming courses in Oromocto, please call Trudy at TM Certified Emergency Response Training, **506-470-1135** or visit [www.tmcert.ca](http://www.tmcert.ca).



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[www.kellymurdock.ca](http://www.kellymurdock.ca)



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225 Restigouche Rd  
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Friday 7 AM – 6 PM  
Saturday 8 AM – 1 PM

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 [www.oromoctovethospital.com](http://www.oromoctovethospital.com)

# Community Notices

## RELAY FOR LIFE GALA DINNER & AUCTION

Hazen Park Centre - April 9th - Three course dinner will be served by Oromocto Celebrities.

All proceeds to support the "Visions Of Hope" Relay For Life Team

Tickets \$20 each. For reservations, please call Betty Damery at 446-4609 .

## OROMOCTO PUBLIC HOSPITAL AUXILIARY GIFT SHOP

**Open Monday to Friday 9 – 3 PM / Sunday 1 – 3 pm**

Located in Main Lobby of Oromocto Hospital. Newly Renovated - wide variety of gift items, cards, scarves, purses, jewellery, home knitting, snacks, coffee & more. Great selection of stuffed animals. Gift Shop operated by Volunteers so please drop by if interested in volunteering. All profits are donated to the Hospital for purchase of medical equipment.

## Oromocto and Area Food and Clothing Centre - Souper Monday

We are so much more than a Food Bank. Come for 'Souper Monday' lunch in the Community Room and ask about renting for your class, event or meeting. Call us at 357-3461, or drop in on D'Amours St.



## Oromocto Pioneer Gardens Cemetery Company Inc.

Please visit our website at [www.oromoctopioneergardens.ca](http://www.oromoctopioneergardens.ca)

Contact us at 292-2477 or [info@oromoctopioneergardens.ca](mailto:info@oromoctopioneergardens.ca)

**\*\*NEW COLUMBARIUM UNITS ARE NOW ON-SITE\*\***

Sales can be arranged by contacting us at the above number or through e-mail.

## OROMOCTO ROTARY CLUB

Paul Harris Fellowship Awards - May 25<sup>th</sup> - Oromocto United Church

Inductees: Murry Parlee & Dianne Buchanan

Meet & Greet 6 pm Dinner 6:30pm. Tickets \$20.00 or Couple \$35.00

On sale May 1: Contact Paula 357-8014, Ralph 357-8312 or Cliff 446-4019

***Oromocto Rotary Club Sponsorship - 1 week (July-Aug) for an Adult or Child. Deadline: April 30***

***Contact: Email - [buchana@nb.sympatico.ca](mailto:buchana@nb.sympatico.ca) or Phone - 357-5819***

## OROMOCTO PIONEERS SQUARE DANCE CLUB

at the OHS Cafeteria on Monday Nights

Round Dancing 7:00pm / Plus 7:30pm / Beginners Plus Class/Club Mainstream 8:00pm

**For more info, call Ed Garnett at 446-6058 or 449-0135**

## *Come learn and soar with the Oromocto Air Cadets.*

Ages 12-18 years. The Squadron meets every Wed 1815-2100 hrs at Bldg D-15 on Base Gagetown.

*For more info, please contact the Sqn Commanding Officer, Capt Meredith Wills at 478-1052.*

## ARMY CADET LEAGUE NB

Become an Army Cadet! Tuesdays from 6:00 to 9:00pm in D-57 at CFB Gagetown. Free!

For more information, contact Capt. Mike Law at 454-6722 or Brian Vessey at 446-6974.

## OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info, please call Jack Matheson at 471-2803.

# Town Notices

## Notice of Meetings Town of Oromocto



8 & 14 April  
Council in Committee  
16 April  
Council

## SPORT FIELD RESERVATIONS

**ALL SPORT FIELDS ARE CLOSED  
UNTIL FURTHER NOTICE**

Please call 357-8155  
for all Sport Field Reservations  
(Turf Field/Grass Fields/Ball Diamonds, etc).

## ON STREET PARKING RESTRICTIONS

Please be advised that the Town of Oromocto's **Traffic By-Law 502, Section 15 (1)** prohibits parking a vehicle on any street, including the entire unpaved right-of-way, in the Town at any time. The Town requests your cooperation in refraining from parking vehicles on the streets. In this way, we can ensure clean and safe roads are maintained efficiently.

**If you have any questions, please contact the  
Planning and Compliance Office at 357-4500.**

## HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

**Acceptable items for the recycling bins include:**  
newspapers, cardboard, boxboard, phonebooks,  
paperback books, magazines, catalogues, white  
& colored paper, computer paper, scribbles,  
envelopes (with or without windows),  
refundable containers (non-glass only), metal  
food cans, plastic containers, plastic grocery  
bags and milk cartons.

### Recycling depot locations:

**Gateway Plaza, Freeman's Convenience  
and Oromocto Market Superstore**



## NEED A VENUE FOR YOUR "SPECIAL OCCASION"?

The Hazen Centre is available for rent

For additional info, please call  
357-4459 or e-mail [lmuisse@oromocto.ca](mailto:lmuisse@oromocto.ca)

## CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

**If you discover any maintenance concerns while using  
the Trail System, please call 357-8155 or  
e-mail [recreation@oromocto.ca](mailto:recreation@oromocto.ca)**

## TOWN OF OROMOCTO - 2015 DOG LICENSE

All dogs must be registered in the Town of Oromocto as per By-Law No. 314.

### **Licenses may be purchased at:**

Oromocto Municipal Offices      Oromocto SPCA  
Oromocto Veterinary Hospital      Vets Love Pets

## ATTENTION DOG OWNERS



As per Town of Oromocto By-law 417 dogs "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

**Please leash your dog in public spaces.**

# odc

**Oromocto Dental Centre**  
**Dr. Peter Currie, D.D.S., M.Sc**

202 Restigouche Road,  
Oromocto NB Canada E2V 2G9  
**Tel: 506-446-3300 - Fax: 506-446-3885**



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