

JULY 2007 EVENTS

45'S CARD PARTIES

Put on your best poker face, as we will be having 45's Card Parties every Friday afternoon until the end of the summer at the **Hazen Park Centre**. I hope to see you all there! Refreshments will be provided. Bring a friend!

Dates: June 29 (Pioneer Days 45's), July 6, 13, 20 & 27 / 1:30 to 3:30 p.m. / FREE!

MUNCH & MOVE

Get a healthy start to your day by enjoying an early morning walk followed by a nutritious breakfast. Dietician Bonnie Green has organized a walking club every Tuesday morning that leaves the **Hazen Centre**. Upon return a healthy breakfast at **Sobeys** will be prepared and she will share some nutrition tips for you to consider. Everyone is welcome.

Begins: July 3 / 8:00 to 9:30 a.m. / Tu / 8 weeks / FREE!

CARPET BOWLING

Thanks to a New Horizons Federal Grant this activity can be an excellent social and fitness opportunity! We play every Tuesday and Wednesday morning at the **Hazen Park Centre**.

Begins: July 3 / 10:30 a.m. to 12noon / Tu/Wed / FREE!

BASIC COMPUTER WORKSHOPS

Learning or enhancing your computer skills can be fun at the **Community Access Centre in the Arts & Learning Centre, 137 MacDonald Avenue**.

Begins: July 4, / 9:30 to 10:15 a.m. / Wed / 4 weeks / FREE!

*** Please pre-register by calling Kat or Bill at 357-4406 (Max 7 people)**

OUTDOOR CONCERT SERIES in the PARK

Each Wednesday evening at **Sir Douglas Hazen Park** Band-Shell enjoy a wonderful summer concert featuring a number of local artists and groups from 7:00 to 8:00 p.m. In the event of rain the concert will be held in the **Hazen Park Centre, 994 Onondaga Street**. Enjoy the following:

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| July 4 | Dance concert featuring the Stanford School of Highland Dance and Leach School of Dance |
| July 11 | Pipe Band and Highland Dance Concert featuring the Oromocto Branch 93 Royal Canadian Legion Pipes & Drums, the Barb Murray School of Highland Dance, and the Elizabeth Smith School of Highland Dance |
| July 18 | Will, Bill & Doug Trio folk country and contemporary music |
| July 25 | Cedar Creek country duo |

BRIDGE

Join us every Wednesday afternoon at the **Hazen Park Centre** for a couple of hours of the challenging game of Bridge. For additional information please call Betty Gilbert at 357-8002.

Begins: July 4 / 1:15 to 3:30 p.m. / Wed / 8 weeks / FREE!

GAMES DAY

Join us in the **Hazen Park Centre** for a morning of fun games including carpet bowling, washer

toss, timed walk, cribbage and more! Refreshments will be served!

Date: July 5 / 10:00 a.m. to 12noon / FREE!

CERAMICS

In this class you will learn to paint a ceramics piece. All the supplies are included. The class will be held at the **Oromocto Ceramics Pouring Club** below the Oromocto Library on Miramichi Road.

Date: July 5 / 1:00 to 3:00 p.m. / FREE

*** Please pre-register by July 3, by calling Kat or Bill at 357-4406 Max (14 people)**

BBQ & FUN BINGO

Bring your bingo dauber and you will be set for an afternoon of bingo with prizes in the **Hazen Park Centre**. The BBQ will start at noon with hot dogs, salads, and refreshments. Bring a friend!

Dates: July 9 & 23 / 12noon to 2:00 p.m. / FREE!

SUMMER SWIMMING

Enhance or maintain your physical fitness level with this programme that takes place every Tuesday and Thursday at the **Base Gagetown Indoor Pool**. Bring a friend!

Begins: July 10 / 12noon to 1:00 p.m. Tu/Th / 8 weeks / FREE!

BINGO AT THE MANORS

Enjoy an afternoon of bingo with prizes! Bingo will take place in the manors on the dates indicated below. Bring a friend!

Dates: July 10 Sunbury Complex, July 24 Foresters Manor / 1:30 to 2:30 p.m. / FREE!

HEALTHY COOKING WORKSHOPS

Learn new skills from a certified cook and the necessities of healthy cooking on a budget. Nutritionist Bonnie Green will also discuss the essentials of a healthy food plan and how to get the most out of your menu. The best part is lunch is included!

Dates: July 11, 25 / 11:00 a.m. to 1:00 p.m. / FREE!

*** Please pre-register by July 6, by calling Kat or Bill at 357-4406 Max (21 people)**

PAINTING IN A DAY!

Join Judy Lynn and learn to complete an acrylic painting in just one day in **Judy's Art Studio**. Learn how to develop a life-long hobby. All supplies are provided!

Painting in a Day Scenery: July 12 / 9:00 a.m. to 3:00 p.m. / FREE!

Painting in a Day Still Life: July 26 / 9:00 a.m. to 3:00 p.m. / FREE!

*** Please pre-register by July 6 / 20 by calling Kat or Bill at 357-4406 (Max 8 people per class)**

POT LUCK & FUN BINGO

Bring your favorite dish and your bingo dauber and you will be set for an afternoon of bingo with prizes! This event will take place in the **Hazen Park Centre**. The pot luck will start at 12noon, and refreshments will be provided.

Dates: July 16 & 30 / 12noon to 2:30 p.m. / Hazen Centre / FREE!

CHINESE COOKING

You will learn to create 2-3 authentic Chinese dishes from instructor Ming Chen.

Date: July 19 / 11:00 a.m. to 1:00 p.m. / FREE!

*** Please pre-register by July 13 by calling Kat or Bill at 357-4406 (Max 14 people per class)**