

# odc

Oromocto Dental Centre Dr. Peter Currie, D.D.S., M.Sc

202 Restigouche Road, Oromocto NB Canada E2V 2G9  
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# February 2009 Leisure Guide

TOWN OF OROMOCTO ~ DEPT. OF LEISURE SERVICES & TOURISM  
4 DOYLE DRIVE ~ Mon to Fri, 8:30 to 4:30pm ~ www.oromocto.ca

## COMMUNITY EVENTS NOTICE BOARD

A **Community Events Board** is now available for public use to post yard sales etc.... The Board is located by the **Oromocto Library** on Miramichi Road. We ask that you please date your yard sales etc...and please remove these notices from the Board immediately following your event. This Board is provided by the **Town of Oromocto** for your use so please use it wisely. Please refrain from posting notices in the Traffic Circles as this is prohibited by Town By-Law.

## YOUTH OPPORTUNITIES

FOR INFO: 357-4455

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### PRETEEN DANCE (8 to 12 yrs)



FRIDAY, 27 February  
6:00pm to 8:00pm

Oromocto Community Centre

Cost: \$3 (\$2 with Food Bank Donation)

\*\*\* If school is cancelled due to poor weather, the  
dance will also be cancelled.

### BABYSITTER'S COURSE (Ages 12+)

Our Instructor uses the **Canada Safety Council's**  
curriculum to teach this certificate course. \$28

Dates: Friday 20 Feb 4:00 pm—6:00 pm  
Saturday 21 Feb 9:00 am—5:00 pm

### OUTDOOR RINKS

WEATHER PERMITTING, OUTDOOR RINKS ARE  
AVAILABLE AT THE FOLLOWING LOCATIONS:

\*\*\* Tennis Courts on Winnebago Street  
\*\*\* Anniversary Park

### PUBLIC SKATING KING'S ARROW ARENA

Mon to Fri 12:00 - 1:00 pm  
Mon to Fri 2:30 - 3:45 pm  
Sunday 2:45 - 4:15 pm



**Dr. J.G. White / Dr. M. Soicher / Dr. Tara McCarthy**

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New Patients Welcome, Please call 357-3392

Office Hours: 8 am - 5 pm Monday to Friday

357-4456

ADULT COURSES & WORKSHOPS

357-4456

GUITAR FOR BEGINNERS

Learn how to play your guitar in 5 easy lessons. A beginner manual is included. The instructor Nicholas deVries has taught in Oromocto for over 20 years.

Begins: 2 Feb 6:30 to 7:30pm Mon \$54 / 5 weeks

INTRO to ADULT PENCIL DRAWING

Joyce Kuzyk will assist you to acquire the basic skills of realistic drawing. In eight easy classes you will master a pencil in ways you may not have considered possible! A supply list is provided when you register at Oromocto Leisure Services.

Begins: 3 Feb 6:30 to 8:30pm Tue \$54 / 8 weeks

ACRYLIC PAINTING

Enhance your knowledge of acrylics with this course designed by Judy Lynn Sorrie. Beginner to advanced skill levels welcome. A supply list is provided when you register.

Begins: 3 Feb 7:00 to 9:00pm Tue \$54 / 8 weeks

OIL PAINTING

Enhance your knowledge of oil painting with this course designed by Judy Lynn Sorrie. Beginner to advanced skill levels welcome. A supply list is provided when you register.

Begins: 4 Feb 7:00 to 9:00pm Wed \$54 / 8 weeks

WATERCOLOUR PAINTING

Joyce Kuzyk will teach basic colour theory, colour mixing and watercolour techniques to create your own watercolour masterpieces. A supply list is provided when you register at Leisure Services.

Begins: 5 Feb 6:30 to 8:30pm Thu \$54 / 8 weeks

ACRYLIC & OIL OPEN PAINTING

Enhance your knowledge of oil and acrylic painting with instructor Judy Lynn Sorrie. Beginner to advanced skill levels welcome. A supply list is provided when you register.

Begins: 5 Feb 7:00 to 9:00pm Thu \$54 / 8 weeks

ADULT WELLNESS COURSES 357-4456

CINEMA CIRCLE

The 'awaken Cinema circle' course examines personal development and spiritual growth by exploring a wide variety of ways in which to change, grow, and achieve one's creative potential. The focus is on the discovery of self and the authentic search for meaning in one's own life through a collection of uplifting films. The course combines theory, personal experience, self-reflection, teaching, practice, hands-on activities, exercises, group discussions and experiential learning experiences. Come, watch, discuss, and EXPERIENCE! For additional information please visit:

http://thepdi.com/oromoctoawaken.htm

Begins: 10 Feb 9:30 am to 12noon Tue \$89 / 8 weeks
Or 10 Feb 6:30 to 9:00pm Tue \$89 / 8 weeks

WORKPLACE STANDARD FIRST AID with AED

First Aid & CPR training is mandatory for employees in the workplace; but unlike most other types of safety training, these skills and knowledge are also applicable to an individual's daily life. Learn the essentials of first aid and CPR with this course.

Date: 11/12 Feb 9:00am to 5:00pm Wed/Thu / \$90 or
Date: 14/15 Feb 9:00am to 5:00pm Sat/ Sun / \$90

SHIFTING TO WELLNESS

This course is designed for shift workers to assist with a reduction in sleep problems and fatigue, matching healthy eating to lifestyle, changing mindset on shift work, spending more quality time with family, experience increased job satisfaction.

Date: 23/24 Feb 9:00am to 5:00pm Mon/Tue \$90

OROMCTO'S DISCOVERY GALLERY

A number of local artisans will be at the Gallery from 10:00am 5:00pm, Monday through Friday, displaying and creating works of art. Discover Oromocto's history, and experience an inspirational atmosphere with local artisans at the Visitor Information Centre, located at the Restigouche, Waasis Road intersection. For additional info please call Judy Lynn Sorrie at 357-3025 / 292-0784.

Art Workshops at Discovery Gallery

Registration for the following series of workshops is on-going at Oromocto Municipal Offices 4 Doyle Drive, 8:30-4:30, Monday through Friday.

Drawing & Painting with Carla Dianne Colford

Learn the basics of drawing and painting or enhance developed skills on Mondays from 10am to 2pm. \$15 / one hour workshop max 4 participants.

Photography with Helen Morag McKinnon

Learn the basics of photography or enhance developed skills, and discover creative ways to display your existing photos on Thursdays from 1pm to 5pm. \$15 / one hour workshop max 4 participants.

Drawing & Painting with Judy Lynn Sorrie

Learn the basics of drawing and painting or enhance developed skills on Wednesdays from 10am to 5pm, or Fridays from 10am to 3:30pm. \$15 / one hour workshop max 4 participants.

Workshop Dates?? You choose the date that is most convenient for you and simply book a 1 hr session directly with the instructor!

DEPARTMENT OF LEISURE SERVICES & TOURISM

Jim Arbeau - Director (357- 4458)
E- Mail: arbeau@oromocto.ca

Bill Jarratt - Adult/Tourism (357- 4456)
E- Mail: bjarratt@oromocto.ca

Louise Flight - Facilities (357- 4459)
E- Mail: lflight@oromocto.ca

Jackie Dunn - Youth (357- 4455)
E- Mail: jdunn@oromocto.ca



TOWN OF OROMCTO RECOGNITION PROGRAMME

The annual Town of Oromocto Recognition Programme is designed to recognize

outstanding achievement in the areas of sport, recreation, business and volunteer service. Categories include:

Provincial / Atlantic & Maritime / National / International Awards

Volunteer & Business Service Awards

The nomination deadline is 31 March 2009 and forms are available at Oromocto Municipal Offices 4 Doyle Drive

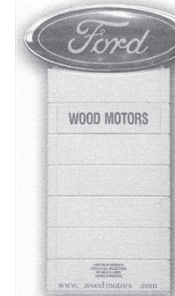


Oromocto Pioneer Gardens Cemetery Company Inc.

Information available on our web site at www.oromocto.ca Select the 'Resident' tab for the link to the cemetery. Contact us at 292-2477, or by e-mail: oromoctopioneergardens@rogers.com

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Lorraine at 357-8099, or ldawe@nb.sympatico.ca
or 1-800-565-8111

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# COMMUNITY NOTICES

**Oromocto Family Snowfest**  
Arts and Crafts Show and Sale  
Hazen Park Centre Saturday 28 February  
9:00am to 4:00pm

## TOWN OF OROMOCTO NOTICE OF MEETINGS

11 & 17 FEB 4:45pm Council in Committee Meeting      19 FEB 7:00pm Regular Session

**OROMOCTO PIONEER QUILTERS**  
THE OROMOCTO PIONEER QUILTERS MEET THE 2ND TUESDAY OF THE MONTH IN THE HAZEN PARK CENTRE. For more info call Nancy Colpitts at 446-9472

**Welcome Wagon Oromocto and Area**  
Welcome to the Neighborhood!  
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## CHECK OUT OUR OROMOCTO LEISURE SERVICES & TOURISM PAGE ON FACEBOOK

**RECREATIONAL Co-ed VOLLEYBALL (Ages 19+)**      Thursdays 7:30 to 9:30pm  
This programme will take a non-competitive format and is designed to enhance your fitness level. Volleyball is being held at Harold Peterson Middle School. For additional info please call Tracy at 471-0346.

**Lintuhtine Choral System**  
Lintuhtine celebrates its 25<sup>th</sup> Anniversary in 2009. Celebration plans are ongoing. **Lintuhtine Choral System** now offers 7 levels of choirs ranging in age from 3 years to adult. If you would like more information about the choir or the anniversary events, please contact **Choir Director Helen McKinnon at 357-3838.**



Sunday, February 22, 2009, is Canada's National Yoga Day for Arthritis

On this day thousands of participants and volunteers will take part in **Power of Movement** — a yoga fundraiser in locations across Canada.

**Hazen Park Centre**      **994 Onondaga Street**  
**1:00 to 2:00pm**      **Bring a mat**

357-4456

55+ CORNER

357-4456

### Retired Folk's Ice Hockey

Are you retired with all this time on your hands and nothing to do? If you want to stay active then join us Monday mornings from 10:45 to 11:45am at the Kings Arrow Arena, for some free pick-up hockey. For additional details or to sign-up please call Lowell Carr at 357-6193.

### Aquafitness

A great way to stay physically fit! Designed to enhance fitness level, and independent living! The programme runs Tuesday and Thursday mornings from 10:00 to 11:00am. There is no charge for this programme.

### Carpet Bowling

Enjoy this challenging game every Tuesday and Wednesday morning from 10:30am to 12noon. No experience is necessary. For additional information please call 357-4456.

### Indoor Walking Club

Enjoy a relaxing and invigorating walk with our indoor walking club at the Base Fitness Centre from 11:00am to 12noon. Bring a friend, a bottle of water and have fun on Tuesday/Thursday mornings.

### Bridge

A bridge club is established in Oromocto. If you enjoy playing bridge please join us each Wednesday from 1:15 to 3:15pm at the Hazen Park Centre 994 Onondaga Street. For additional information please call Betty at 357-8002.

### Bingo at the Manors

Enjoy a few games of fun bingo with friends on Tuesday 17 February at Sunbury Complex 1:30 to 2:30pm.

### Recycled Teenagers

This stretching and mild exercise class takes place each Monday and Wednesday morning from 9:00 to 10:00am at the Royal Canadian Legion on Restigouche Road. For additional information please call Helen at 357-6888.

### Cribbage, Euchre, Pool, & Shuffleboard

Each week these activities take place at the Royal Canadian Legion on Restigouche Road. For additional information please call 446-5133.



The Department of Leisure Services & Tourism is seeking the services of French & English Instructors to deliver recreational, educational, and cultural courses/programmes/workshops to the citizens of Oromocto. **For additional info please contact Jackie Dunn at 357-4455 or Bill Jarratt at 357-4456.**

## OROMOCTO COMMUNITY ADULT LEARNING CENTRE 357-7892

### Photography Course at the Oromocto Adult Learning Centre

Are you interested in how to take better digital pictures or would you just like to learn how to use your camera. If so then this beginner digital photography workshop will set you on your way to successful picture taking. Take the mystery out of digital camera modes, and discover tricks & tips used by the pros. Learn composition, exciting angles and lighting, how to capture the moment, everything you need to help you get the pictures you want. Cost: \$65 Contact the centre at 357-7892 to pre-register.



### 1st Oromocto Scout Group

Are you looking for something fun, challenging and full of adventure? How about Scouting?

Scouts Canada is an organization where boys and girls between the ages of 5 and 18 learn leadership skills and teamwork while having fun. You will enjoy camping, hiking, canoeing, visiting cool places, and playing games to mention but a few of our youth program activities offered.

For more information or to join phone Mike at 357-7683 or Heather at 446-3639.  
You can also visit our web sites at [www.scoutsriverton.com](http://www.scoutsriverton.com) and [www.scouts.ca](http://www.scouts.ca)





Family

# Snowfest

2009



## Friday 27 February

- A Blizzard of Books - Oromocto Library 3:30pm to 4:30pm**
- Pre-Teen Dance - Oromocto Community Centre 6pm to 8pm**
- 55+ Card Party - Hazen Park Centre 7:30pm to 9:30pm**

## Saturday 28 February

- Rotary Club Breakfast - Hazen Park Centre 9am to 10:30am**
- Arts & Craft Show and Sale - Hazen Park Centre 9am to 3pm**
- Bear Paws Concession - Sir Douglas Hazen Park 12pm to 4pm**
- Jumping Jack - Hazen Park Centre 1pm to 3pm**
- Biathlon Demonstration - Sir Douglas Hazen Park 1pm to 3pm**
- Kid's Fun Bingo - Hazen Park Centre 1pm to 3pm**
- Pony / Sleigh Rides - Small Craft Aquatic Centre 1pm to 3pm**
- Snowmobile Rides - Sir Douglas Hazen Park 1pm to 3pm**
- Dog Sled Rides - Sir Douglas Hazen Park 1pm to 4pm**
- Ice Sculptures - Sir Douglas Hazen Park 1pm to 4pm**
- Hot Chocolate & Cake - Hazen Park Centre 1pm to 4pm**
- Kid's Winter Games - Sir Douglas Hazen Park 1pm to 4pm**
- Skating & Hot Chocolate - Tennis Court Rink 6pm to 7:30pm**
- 55+ Card Party - Hazen Park Centre 7:30pm to 9:30pm**

## Sunday 1 March

- Family Sledding Party - Lindsay Valley 12noon to 5pm**

Dept. of Leisure Services & Tourism / River Valley Snowmobile Club / Robinson Dog Sleds  
 Mr. Monty MacMillan / Oromocto Public Library / ECO-Logical Adventures  
 OHS 120 Leadership / Oromocto R.C.M.P. Auxiliary / Oromocto Biathlon Club



Oromocto Public Library

357-3329

**Feb 3** The **SANDMAN STORY TIME** continues at 6:30pm. This 30-minute evening story time is fun for the whole family! No registration is needed for the drop-in program.

**Feb 4** The Oromocto Public Library will be hosting the **"Twilight Book Club"** each Wednesday evening from 6:30-7:30pm during February. The club will discuss the Twilight series featuring a different book each week. Join us as we learn about Stephenie Meyers and her books. The program is for teens 13-17 years. Please register in advance.

**Feb 11** Local author, Robin Hanson, will be launching his new book, **"Before It's Gone: The Oromocto River Watershed"** on Wednesday, Feb 11, 2009 at 7:00pm as part of Heritage Week. He will focus on the rivers in the Oromocto Watershed and how they have been used for transportation throughout the years. Refreshments will follow.

**Feb 13** The over-fifty crowd is invited to our Valentine **BROWSE & BRUNCH** from 9:00am to 10:00am. Please call in advance to reserve a seat.

**Feb 19** The **BOOK LOVERS' DESSERT & DISCUSSION GROUP** will meet at the library at 6:30pm. Dessert, discussion and lots of fun are expected during this relaxed and informal evening. Please register in advance by calling the library.

**Feb.4-25** Space is still available in the Wednesday afternoon **PRE-SCHOOL STORY TIMES** that starts at 1:00pm. The sessions will run from Feb. 4 to Feb. 25, 2009. Designed for children 3-5 years old, the 45-minute program is packed with stories, songs and crafts. Please register in advance.

**Feb 27** A **BLIZZARD OF BOOKS!** This Oromocto Family Snowfest program starts at 3:30pm. Children are invited to enjoy an hour of stories, crafts and a puppet show full of winter fun. Refreshments will follow. Please register in advance.

**All of the above Library Programs are free of charge**

**For more information about these free programs call the library at 357-3329**

### The following hours are in effect:

Mon	12:30pm - 8:30pm
Tues & Wed	10:00am - 8:30pm
Thurs	10:00am - 6:00pm
Fri & Sat	10:00am - 5:00pm
Sun	CLOSED



- Manager – Dave Wilson**
- Meet our Department Managers**
- Front End – Jessica Drummond**
- Grocery – Jim Moore**
- Produce – Mike Agnew**
- Bakery – Aleta Wood**
- Deli – Tina Blizzard**
- Seafood – Leslie Bransfield**
- Meats – Albert Peach**

**Community Nutritional Programs** with Dietitian Margaret Langille continue throughout the month on Tue and Wed. Check for the schedule in-store at the Dietitian's Display.

Feb is Heart Month and we ask you to support the **NB Heart Foundation** by purchasing a Heart at the checkouts or depositing loose change in the Wishing Well.

Later this month, there will be a **Breakfast for Learning Fundraiser**. A portion of sales on announced items will be donated to the New Brunswick Breakfast for Learning Program. You may not be aware that Sobeys has established a partnership with Breakfast for Learning and in November Sobeys made an initial financial contribution.