



**NOVEMBER  
DECEMBER 2021**

**Recreation  
OROMOCTO**  
*Building a Healthy Community*



**TO REGISTER: ONLINE at [WWW.RECREATIONOROMOCTO.CA](http://WWW.RECREATIONOROMOCTO.CA)  
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE  
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333**



**ADULT FITNESS CLASSES**

**CentreFit (Pilates)**

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

**Begins: 1 Nov 7:00 - 8:00pm Mondays**  
**Fee: \$96/ 7 wks**

**Restore Yoga**

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/.

**Begins: 3 Nov 7:00 - 8:15pm Wednesdays**  
**Fee: \$96/ 7 wks**

*In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, we may transition to online classes.*

*If this occurs, refunds will not be provided as classes will still be offered in virtual form.*



**HOLIDAY CLOSURE  
NOTICE**

**The Town Municipal Offices  
will close at noon on December 24  
and will re-open on  
Tuesday, January 4, 2022.**

**Public Information Notice  
Temporary Storage Shelters**

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated.

*If you have any questions, please contact the Planning and Compliance office at 357-4500.*

**TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT**  
**Info & online registration at [WWW.RECREATIONOROMOCTO.CA](http://WWW.RECREATIONOROMOCTO.CA)**

Jackie Dunn - Programs/Special Events	357-4455	<a href="mailto:jdunn@oromocto.ca">jdunn@oromocto.ca</a>
Laurie Muise - Facilities/ Culture/ Tourism	357-4459	<a href="mailto:lmuisse@oromocto.ca">lmuisse@oromocto.ca</a>
Bernie Hurley - Arena/Sport Facilities		<a href="mailto:bhurley@oromocto.ca">bhurley@oromocto.ca</a>
Bill Jarratt - Director	357-4456	<a href="mailto:bjarratt@oromocto.ca">bjarratt@oromocto.ca</a>



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

**Occupancy Loads:**

- ◆ 500 - Standing
- ◆ 365 - Chairs
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



[www.oromocto.ca](http://www.oromocto.ca)

**For additional information on the Hazen Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email [lmuisse@orumocto.ca](mailto:lmuisse@orumocto.ca).**

**MEALS ON WHEELS OROMOCTO & AREA VOLUNTEERS URGENTLY NEEDED**

Nancy Nitz-Ashby (Coordinator) 357-0950  
Murry Parlee (President) 357-2543

**HOSPITALS SEEKING HELPING HANDS**

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week.  
*Please consider donating your time and contact Tracey Fraser at 506-452-5322.*

**SUNBURY SENIORS FRIENDSHIP CLUB**

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre.  
Come and join the fun.  
For more info, please call Doris Wilson at 357-1770.

**DID YOU KNOW?**

Keeping active can improve many aspects of a Senior's life including cognitive function, physical strength & social interaction!

**55+ FITNESS CLASSES**

**55+ Chair Yoga \*New time**

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

**Begins: 1 Nov 10:30 - 11:20am Mondays**  
**Registration begins at 8:45am on 25 Oct**  
**Fee: \$27/ 7 wks**

**55+ Move Well (Pilates based) \*New day & time**

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

**Begins: 3 Nov 2:00 - 2:45pm Wednesdays**  
**Registration begins at 8:45am on 25 Oct**  
**Fee: \$27/ 7 wks**

*In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, Wendy may transition to online classes. If this occurs, refunds will not be provided as classes will still be offered in virtual form.*

**55+ Recycled Teenagers**

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Hazen Centre.  
**Please call Helen at 357-6888 for info.**

**55+ Bridge**

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.  
**Please call Moe at 357-1808**

**55+ Carpet Bowling/ Bean Bag Toss**

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.  
**Please call Betty at 357-6664.**

**SENIORS' CARD PARTIES**

**at the Hazen Centre (994 Onondaga St.)**

Sunbury Seniors Friendship Group: Fridays @ 7:00pm  
Autum Years 50 Plus Club : Saturdays @ 7:00pm  
(Starting 18 Sept)

**HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS**

**Acceptable items include:** newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribblers, envelopes, refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons.

**Gateway Plaza,  
Freeman's Convenience  
and Oromocto Market Superstore**



**LOCAL RECREATION ORGANIZATIONS**

**NB MILITARY FAMILY RESOURCE CENTRE - 422-3352  
PSP GAGETOWN - 422-2749**

- Oromocto Minor Hockey Association - [www.omhahockey.ca](http://www.omhahockey.ca)
- Oromocto Ringette Association - [oromctoringette@gmail.com](mailto:oromctoringette@gmail.com)
- Oromocto Skating Club - [www.oromctoskaters.yolasite.com](http://www.oromctoskaters.yolasite.com)
- Oromocto Area Minor Football - [www.capitalareafotball.nb.ca](http://www.capitalareafotball.nb.ca)
- Oromocto Baseball Assoc. – visit their Facebook page
- Oromocto Softball Association - [oromctosoftball@gmail.com](mailto:oromctosoftball@gmail.com)
- Oromocto Area Soccer Assoc. - [www.oromctosoccer.ca](http://www.oromctosoccer.ca)
- Oromocto Dragons Judo Club - [info@dragonsjudoclub.com](mailto:info@dragonsjudoclub.com)
- Oromocto Boxing Club - [oromctoboxingclub@gmail.com](mailto:oromctoboxingclub@gmail.com)
- Base Gagetown Recreation Association - [www.pspgagetown.nb.ca](http://www.pspgagetown.nb.ca)
- Oromocto Youth Bowling (YBC) - [rodnitz@rogers.com](mailto:rodnitz@rogers.com)
- Piranhas Youth Volleyball - [nic.boucher@nbed.nb.ca](mailto:nic.boucher@nbed.nb.ca)
- Gage Curling Club - [shawn.riggs@forces.gc.ca](mailto:shawn.riggs@forces.gc.ca) or 999-2311
- Oromocto & Area Pickleball Club - visit their Facebook page



**DR JESSICA NIELSEN  
DR JONATHAN GALLANT**

**202 RESTIGOUCHE RD  
(506) 446-3300**

**TOWN OF OROMOCTO  
2022 DOG LICENSE**

All dogs must be registered in the Town.  
\$20 for neutered male/spayed female dog  
\$30 for unneutered male/  
unspayed female dog

**PROOF OF RABIES VACCINATION  
MUST BE PROVIDED  
BEFORE DOG LICENSE CAN BE ISSUED**

*Licenses may be purchased at these locations:*

- Oromocto Municipal Office ~ Oromocto SPCA
- Oromocto Veterinary Hospital ~ Vets Love Pets

**Hazards of Feeding Wildlife in an Urban Area**

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit [www.oromocto.ca/page/widepage/By-Laws](http://www.oromocto.ca/page/widepage/By-Laws) for By-Law 417 A.

**The general rule is: "Do not feed wildlife."**

## ATTENTION PET OWNERS

As per Town By-law 417 **dogs & cats** "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

**Please leash your dog & cat in public spaces.**

As per Town By-law 417, if an animal defecates on any public or private property, other than the property of its owner, the owner shall remove such feces.

**Please be responsible and clean up after your pets.**

To register with Patient Connect NB for a primary care provider, please call **811** or visit [www.gnb.ca/patientconnectNB](http://www.gnb.ca/patientconnectNB).

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.



THE LOWER  
RIVER  
PASSAGE



LE CIRCUIT  
DU BAS  
SAINT-JEAN

**NOTICE**

**GATEWAY TRAIL  
Parking Area Closed  
Alternate Trail Access**

Please be advised that the Gateway Wetland trail head parking lot and picnic area off Gateway Drive will be closed as construction for the new visitor and interpretive centre will begin.

Most of the trail is still accessible, and parking is available at Canadian Tire Oromocto on Miramichi Road.

A Wetland trail access point is directly across from Canadian Tire and there is a crosswalk leading to it. Please use caution when crossing this busy street.

Another parking and access option is at the end of D'Amours St.



### CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

**If you discover any maintenance concerns,**  
call 357-8155 or e-mail [recreation@oromocto.ca](mailto:recreation@oromocto.ca)



Problems with your computer? We will help!

Full support for home or business needs

Servers / Networking / Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

1299 Hanwell Road

Tel: 206-6300

[help@pcgirls.ca](mailto:help@pcgirls.ca)

[www.pcgirls.ca](http://www.pcgirls.ca)

*24 Hour turnaround on most issues*

# FAY TIDD PUBLIC LIBRARY 357-3329

## What to expect when visiting your library:

**Proof of Vaccination:** We ask to see proof of vaccination and a government-issued piece of ID to enter the building.

**Face Masks:** Masks are mandatory in all indoor spaces.

**Physical Distancing:** Please look before you go to keep six feet of distance.

**Curb Side Pickup available:** If you are unable to enter the building, you can phone 357-3329 during library open hours to have your holds brought out to you.

## What we offer:

**FREE access to over 2 million books, movies, magazines, and CDs with your library card.** Our library also has games, musical instruments and skill kits for things like canning and coding available.

**Computer Usage:** Computer stations are available to book for a half hour and information will be taken for contact tracing.

**Printing Services:** Printing, photocopying, and faxing are available. Please ask at the information desk. Payment is cash only.

**Study Space:** There are individual study areas and WiFi available.

## October 30, November 27, and December 18

**Family Fun Drop-In all day.** Toys, games, art activities...a fun drop-in program for the whole family focused on learning through play.

**STEAM Take-Home kits:** Children in kindergarten to grade 3 can register to receive a monthly take-home program for Science, Technology, Engineering, Art, and Math (STEAM). Supplies are limited so register soon!

**All Together Stories kits:** Stories, songs, crafts and activities for the whole family to do together. Supplies are limited so register for your kit soon!

**Take and Make:** Every month a different creation! Stop in to the library to pick up your kit while supplies last. Check our Facebook page to see this month's project. These kits are for teens and adults. Supplies are limited.

**Mitten tree:** The library will be accepting donations of mittens, toques, and scarves for the Oromocto and Surrounding Area Food and Clothing Bank between November 15 and December 10.

**60th Anniversary Cookbook:** The library board has compiled a cookbook of favourite community recipes to celebrate the library's anniversary! Pre-order yours in November to receive it in time for the holidays!

## LIBRARY HOURS

Tues: 2pm to 5pm and 6pm to 8pm

Wed, Thurs, Fri and Sat:  
10 am to 12 pm and 1pm to 4pm

Sunday and Monday: CLOSED



## CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC.

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111  
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

### General Education Development (GED) Program

Covers the 5 Major subject areas:  
Math, Science, Social Studies, Reading and Writing

Small Class Sizes

Flexible Schedule, Day & Evening Classes

Part-time or Full-time Enrollment  
Work at Your Own Pace!

**Free!**

Continuous  
Enrollment!

Register today!  
Call 357-7892 or  
email [admin@cvala.ca](mailto:admin@cvala.ca)

### Digital Literacy Program

Do you need to develop your digital skills to achieve your educational or employment goals?

- \* Device/OS Basics & File Management
  - \* Internet
  - \* Email
- \* Device Security, Privacy & Ethics
- \* Productivity Programs
- \* Social Media - Share and Collaborate
- \* Much More!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning

# Community Notices

## OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level.  
For info, please call Jerry McCann at 687-4420.

## LINTUHTINE MUSIC ACADEMY Lintuhtine Studio - 137 MacDonald Ave Oromocto Arts & Learning Centre



Info: Helen Mórág McKinnon at [eilidhmorag2012@gmail.com](mailto:eilidhmorag2012@gmail.com) or 1-506-470-1377

Grades 6 - 8 singers: Mondays from 5:30 - 6:30pm  
Special practices: Mondays from 8:40 - 9:10pm  
Currently, we will not have Under 12 programming.  
Cost: Adults & Senior teens -\$130 (full year)  
Younger teens - \$120 (full year)

### THE CHRISTMAS STORY

Saturday, Dec 4 @ 7:00pm - Oromocto United Church  
Sunday, Dec. 5 @ 7:00 pm - Saint Andrews Presbyterian Church (Fredericton)

*Monetary donation at door for the local Food Banks*



## NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.

**If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, please contact Samantha Hachey at 506-460-6262 or [shachey@nbanh.com](mailto:shachey@nbanh.com).**

## Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

**For more info, please visit [www.oromocto.ca/page/widepage/By-Laws for By-Law 417 A](http://www.oromocto.ca/page/widepage/By-Laws%20for%20By-Law%20417%20A).  
The general rule is: "Do not feed wildlife."**

## St Luke's Thrift Shop open at G335, directly behind St Mary's Chapel

Thrift shop accepting donations and selling a multitude of household and personal items.  
Operating hours : Mon & Tue: 1830-2000 ~ Tues & Wed: 1300-1430 ~ Fri: 0930-1100 ~ Sat 1300-1500.  
Call 422-4108 or 357-8701 for info.

## OROMOCTO QUILTERS

We meet the third Thursday in October and November at 6:30pm at the Hazen Center. Everyone welcome!  
Learn new skills or improve old ones. Membership for the year is only \$20.  
For more information call Ute Lamb at 440-2131 or email [utelamb@gmail.com](mailto:utelamb@gmail.com)

**THE OROMOCTO MARKET**, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

## Oromocto Pioneer Gardens Cemetery Company Inc.



The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, and executes all matters related to the cemetery.

For more info or to volunteer please contact [info@oromoctopioneergardens.ca](mailto:info@oromoctopioneergardens.ca)

## SRSCCC 341 NIPIGON SEA CADETS

Are you ready for your next adventure? The Sea Cadet Program may be just what you're looking for! The Cadet Program is open to youth ages 12-18, has no fee to join and is committed to providing safe, fun, and challenging experiences it's participants won't get anywhere else. Visit our Facebook page for more info!



# Town Notices

## KING'S ARROW ARENA

### 2021 FREE PUBLIC SKATING

Friday 2:30pm to 3:45pm  
Sunday 3:15pm to 4:45pm

Head protection is mandatory for children under the age of 19, and as per the Provincial Public Health mandatory order all patrons 12 years of age and older must have and be able to provide proof of full COVID vaccination, or medical exemption, and a government issued ID to attend.

Masks are mandatory while attending, however may be removed while skating.

Please note that these times may be affected as COVID restrictions change. More days and times may be added as the COVID situation improves.

**The arena is closed for Statutory Holidays.**



## FALL LEAF COLLECTION TOWN OF OROMOCTO NOVEMBER 1 - 12, 2021

In an effort to divert the volume of waste materials from the landfill, the Town will offer a leaf curbside collection of all residential households.

Please place leaves in clear polyethylene plastic bags or compostable bags.

**Please do not place leaves at curbside in advance of November 1 and not after the November 12 collection period.**

Yard waste can also be taken to the Fredericton Region Solid Waste Commission (1775 Alison Blvd.)

during its normal hours of operation:

Mon-Fri 7:30am - 5:30pm &  
Saturday 7:30 am - 3:00pm

## Town of Oromocto ~ Notice of Meetings

### Council in Committee:

16 Nov & 14 Dec 5:30PM

### Regular Session:

18 Nov & 16 Dec 5:30PM

### 2022 BUDGET PRESENTATION:

16 November 5:30PM



## COUNCIL HIGHLIGHTS for SEPTEMBER & OCTOBER 2021

### Surveillance Cameras at Anniversary Park

Council authorized the Director of Recreation and Tourism to create a surveillance camera policy and install surveillance cameras as a pilot project at Anniversary Park.

### Relocation of Recycling Bins

Council authorized the consolidation of three recycling depots to two centralized depots. The first phase of the relocation will be completed in 2021, moving the bins from the Gateway area to the parking lot behind the Fire Hall off MacLaren Drive.

### Silvermark Contract

Council authorized the extension of the stakeholder engagement and advisory services agreement for the development of a full continuum of care for older citizens in Oromocto by Silvermark.

### Land Sale – Lewis Street

The Director of Planning and Compliance was authorized to enter into a formal purchase and sale agreement for 2.67 acres off Lewis Street.

### Recreation and Tourism Committee Appointments

Council approved the appointment of the following individuals for a second, two-year term to the Recreation and Tourism Committee effective 1 October 2021 to 30 September 2023:

Jennifer Campbell	Breannah Collins
Marc Cote	Dale Currie
Colton Jonah	Vanessa Wilson.

### COVID-19 Vaccination Policy

Council approved the Town of Oromocto Vaccination Policy that requires all non-vaccinated employees to be tested twice weekly for COVID-19, if not already fully vaccinated.

### Holidays/Leave Policy

Council authorized the addition of the National Truth and Reconciliation Day to its Holidays/Leave Policy.



**RECREATION & PARKS build strong families & healthy communities!**

**RECREATIONAL ACTIVITIES are essential to the holistic development of children & youth!**



## NB MILITARY HISTORY MUSEUM BASE GAGETOWN

Tours by appointment only.  
Please contact us at  
506-422-2000 ext 1304 or  
info@nbmilitaryhistorymuseum.ca



[www.nbmilitaryhistorymuseum.ca](http://www.nbmilitaryhistorymuseum.ca)  
Base Gagetown, Building A5

## OROMOCTO ROTARY CLUB "Service Above Self"



[www.romocrotary.ca](http://www.romocrotary.ca)



Watch for 2022 Calendar Sales and  
Online Auction in November.

Follow our Facebook Page  
"Oromocto Rotary Club"  
for more information!

## TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who  
has made an outstanding contribution to arts &  
culture, community service, sports or recreation in  
Oromocto.

Nomination Forms available at:  
Online at [www.romocto.ca/grants-amp-awards](http://www.romocto.ca/grants-amp-awards)

## C.B. WARREN'S AUTO CARE

9 Seneca St.  
Oromocto, N.B.  
E2V 2H1

cb.warrensauto@gmail.com  
Owner: Chris Warren



## NAPA OROMOCTO

LOCALLY OWNED  
273 Restigouche Rd, Oromocto

**506-357-8883**  
[WWW.NAPACANADA.COM](http://WWW.NAPACANADA.COM)

## Girl Guides

Everything she wants to be.

Looking for a place where girls are empowered  
to take the lead, jump into awesome activities  
and explore what matters to them?

[girlguides.ca/jointoday](http://girlguides.ca/jointoday)

1-800-565-8111



## INCLUSION ROOM RENTAL

Looking for the perfect spot  
to host your function?

Check out OTEC'S Inclusion Room, Capacity: 60  
Availability Mon-Fri After 4:00pm,  
Sat & Sun-All Day

**OROMOCTO TRAINING & EMPLOYMENT CENTRE**  
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5  
Monday-Friday 7:30am-4:00pm

For more info & pricing, contact Brenda Noble  
Phone: 357 - 3398 or email: [bnotec@nb.aibn.com](mailto:bnotec@nb.aibn.com)



## PRINTING SERVICES

Otec provides a small  
printing service which includes:  
Photocopying, Scanning,  
Flyers, Brochures just to mention a few.

**OROMOCTO TRAINING & EMPLOYMENT CENTRE**  
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5  
Monday-Friday 7:30am-4:00pm

For more info & pricing, contact Brenda Noble  
Phone: 357 - 3398 or email: [bnotec@nb.aibn.com](mailto:bnotec@nb.aibn.com)