



Recreation OROMOCTO

Building a Healthy Community

MARCH - APRIL
2024

Community Guide

UPCOMING CHANGES TO THE DELIVERY OF THE COMMUNITY GUIDE

The Town of Oromocto is modernizing the Community Guide and becoming more environmentally friendly. We will no longer be delivering a printed copy to every household in Oromocto & Lincoln.

Options to view the Community Guide:

1



Online: by visiting
www.recreationoromocto.ca.

A direct link to the guide will be shared through our social media accounts.

2



Pick up a paper copy: A limited number of printed copies will be made available for pickup in high traffic areas such as: Town of Oromocto Municipal Building, Hazen Centre, Arts and Learning Centre, King's Arrow Arena, and Gateway Visitor Information Centre.

3



Via email: If you'd like to receive the guide directly via email please confirm your subscription by contacting recreation@oromocto.ca.

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

INFO & ONLINE REGISTRATION AT WWW.RECREATIONOROMOCTO.CA

Jackie Dunn
Acting Director
506-357-4455
jdunn@oromocto.ca

Laurie Muise
Facilities/Culture/Tourism
506-357-4459
lmuisse@oromocto.ca

Ben Noseworthy
Tourism/Communications
506-357-4458
bnoseworthy@oromocto.ca

Bernie Hurley
Arena/Sport Facilities
506-470-9852
bhurley@oromocto.ca

KING'S ARROW ARENA

2023-24 FREE PUBLIC
SKATING

MONDAY TO FRIDAY: 11:30AM TO
1:00PM & 2:30PM TO 3:45PM
SUNDAY: 3:15PM TO 4:45PM

Mandatory Head Protection Policy:

All participants ages 18 years and younger will be required to wear a CSA approved helmet.

All children under the age of 12 must be accompanied by an adult over the age of 18.

Please note:

- The arena is closed for Statutory Holidays.
- Public skating may be cancelled for special events.



NOTE:
Arena closes
March 31st for
the season



THE NEW BRUNSWICK DEMENTIA FRIENDLY INITIATIVE pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.

If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, please contact **Samantha Hachey** at **506-460-6262** or **shachey@nbanh.com**.



URBAN/RURAL RIDES
TRANSPORT URBAIN/RURAL

Contact: (506) 999-2102
gfaurbanruralrides@gmail.com

Looking for safe, convenient and
affordable transportation?
REGISTER FOR FREE!

Are you a senior, a person living with moderate disabilities
or a person struggling to afford transportation?
REGISTER TODAY!



Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit [www.orumocto.ca/page/widepage/By-Laws for By-Law 417 A](http://www.orumocto.ca/page/widepage/By-Laws%20for%20By-Law%20417%20A).

The general rule is: "Do not feed wildlife."



computer services

Problems with your computer? We will help!

Full support for home or business needs
Servers/Networking/Wireless
Virus cleanups
Hardware and software support
Remote assistance or onsite support
New & Refurbished Computers

1299 Hanwell Road
Tel: 206-6300
help@pcgirls.ca
www.pcgirls.ca

24 Hour turnaround time on most issues

OROMOCTO FITNESS CLASSES

TO REGISTER: ONLINE: WWW.RECREATIONOROMOCTO.CA • AT THE MUNICIPAL OFFICES:
4 DOYLE DRIVE (MONDAY TO FRIDAY, 8:30AM TO 4:30PM) • TELEPHONE: (506) 357-4400



ADULT FITNESS CLASSES

CentreFit (Pilates)

Wendy's CentreFit Program is a mat inspired Pilates program that uses your own whole body as resistance while continually challenging and engaging your spine/core. Each class will help develop a strong and stable core while promoting flexibility and total body movements.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

March 11-April 22, 7:00-8:00pm, Mondays • Fee: \$82/6 sessions
No class Easter Monday

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/seated/kneeling/on back.

Must be cleared for exercise and functionally independent.
Must have the ability to get up and down off the floor. Bring own pillow/
blanket/mat/blocks – whatever you need for your practice.

13 March-April 24 7:00-8:15pm, Wednesdays • Fee: \$96/7 sessions

Yoga Warriors Program

Yoga Warriors classes integrate concepts of traditional hatha yoga with modern knowledge of the mind/body. The Yoga class is a slow flow accessible program designed for veterans and serving members.

Begins: 21 March, Thursdays • Fee: \$82/6 sessions.

55+ FITNESS CLASSES

Registration begins 4 March — 8:45am

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 14 March 10:30-11:15am Thursdays • Fee: \$35/ 6 sessions

55 + Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 11 March, 10:30-11:20am Mondays • Fee: \$35/ 6 sessions
No class Easter Monday

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from
1:30 p.m. to 3:30 p.m. at the Hazen Centre.

COME AND JOIN THE FUN!

For more info, please call President Lucille Crawford at 446-5179



55+ WALKING CLUB

Enjoy a relaxing walk with our walking club at the
**Base Fitness Centre (Lanes 3 & 4) from 11:00am
to 12noon on Tuesdays and Thursdays (until the
end of March)**

**Registration occurs on-site directly before the
walk.**

DID YOU KNOW?

**Keeping active can improve many aspects of a
Senior's life including cognitive function, physical
strength & social interaction!**



TOWN OF OROMOCTO RECOGNITION PROGRAM

The Town of Oromocto Recognition Program is designed to recognize outstanding achievement in the areas of Sport and Recreation. Categories include: Provincial, Atlantic/Maritime, National & International Awards, Volunteer & Business Service Awards. **The nomination deadline is 5 April 2024. Forms are available at: www.oromocto.ca/grant-amp-awards**

MAY 6 – 17, 2024 SPRING CLEAN-UP

Eligible Items:

- Pieces of trees, brush, lawn rakings, garden refuse and similar articles. Residents are asked to compost where feasible.
- Lawn rakings and other similar rubbish are to be bagged, preferably in compost bags, alternatively in clear plastic bags, and placed at curbside for pick-up.
- Individual bundles or items ARE NOT to exceed one meter (1 yard) in greatest dimension, nor weigh more than 20 kilograms (44 pounds).

Not Permitted:

- Household items such as appliances, furniture, etc.
- Vehicle parts or tires
- Household hazardous waste products

Forbidden Items:

- Petroleum, chemical or solvent/paint type products or any hazardous waste is FORBIDDEN.

For non-yard waste items, visit <https://www.oromocto.ca/recycling-and-garbage> for other disposal means or contact the Fredericton Region Solid Waste Commission at 506-453-9938.

RESIDENTS OF THE TOWN OF OROMOCTO ARE WELCOMED TO PARTICIPATE

PICK UP (WARDS #1, #2 & #3):

Materials MUST be placed at curbside no earlier than Monday, 6 May and no later than 7:00 am on Friday, 17 May 2024

DROP OFF (ALL WARDS):

Eligible items can also be taken to the Department of Engineering & Public Works
181 Black Watch Avenue, Oromocto

**A waste container is available for plastic bags*

DEPT. OF ENGINEERING & PUBLIC WORKS
181 Black Watch Ave. • 506-357-4409
publicworks@oromocto.ca



137 MacDonald Avenue
Oromocto, NB E2V 1A6
Phone: (506) 357-7892
Fax: 506-357-4111

CVALA.CA • FACEBOOK.COM/CENTRALVALLEYADULTLEARNINGASSN

General Education Development (GED) Program: Classes are completely Free!

Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available; Full or Part-time options
- Continuous enrollment so get started at any time

Getting your GED is a great first start to bigger and better things – many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests.

Don't wait – contact us today at 357-7892 or testing@cvala.ca to get started!

Canada's *Model* Town OROMOCTO

2024 SUMMER STUDENT/ CASUAL EMPLOYMENT

Applications for Summer Student/Casual employment with the Town of Oromocto will be received via email or at the Municipal Offices (Third Floor), 4 Doyle Drive until 4:00 pm, Friday 22 March 2024.

For many positions, applicants must be a full-time student in the 2023-24 school year, and entering or currently enrolled in a post-secondary institution for Fall 2024. If you are a student, please attach confirmation to application form.

JOB POSITIONS AVAILABLE IN THE FOLLOWING DEPARTMENTS:

- Engineering & Public Works
- Finance & Human Resources
- Fire
- Planning & Compliance
- Recreation & Tourism

Start dates vary depending on the position. The majority of positions will start in May and will end at the end of August.

Only applicants selected for an interview will be notified. Interviews will occur in April. Positions are subject to funding approval and Town, Provincial and Federal hiring policies.



To learn more about these positions and how to apply, please visit:
WWW.ORMOCTO.CA/CAREER-OPPORTUNITIES

BREAKFAST FUNDRAISER MARCH 6 • APRIL 20

Oromocto Training & Employment Centre
286 Restigouche Rd., Unit D,
Oromocto, NB E2V 2H5

For more information, please call
(506) 357-3397


Oromocto Training
and Employment Centre

FAY TIDD PUBLIC LIBRARY

March/April Library Programs 2024

March Break: There's something going on every day for the library's MARCH BREAK CAMP! Please check the Fay Tidd Public Library FB page or the library for the schedule. The grand finale will be an all ages GRUFFALO PUPPET SHOW on Friday, March 8 at 10:30am!

Wednesdays: Enjoy an hour and a half-long YIN YOGA class free at the library. Classes start at 6pm. Register weekly on Thursday for the following week's class.

Fridays: Having an issue downloading from our online library? Want to learn how to set up an email? We book one-on-one TECH APPOINTMENTS on Friday afternoons.

Fridays: We are having a DROP IN STORYTIME at 10:15am for all ages. Learn important early literacy skills through stories, play, songs, rhymes, and activities.

First & Third Fridays: BUILDING is Friday afternoon at 3:30pm for school-aged children (5 years old and up). Children will explore their inner builder during this hour-long program.

Sat, March 2 & April 6: Set your goals and intentions or just have fun in our ADULT JOURNALING CLUB at 2pm. New members are always welcome.

Tues, March 12 & April 9: BOOK CLUB will meet at 6pm. Meet new people and learn about new books. Please call as space is limited.

Thurs, March 14 & April 18: All the stickers. We're having PRETEEN JOURNALING CLUB at 3:30pm! Registration is for youth in grades 4-6.

Sat, March 16: Learn WATERCOLOUR in this fun introductory workshop at 2pm. For adults 18+. Please register as supplies are limited.

Sat, March 23: 50s SOCK HOP fundraiser for the library at the Hazen Park Centre from 8:30-11pm. Tickets are \$20 and can be purchased in advance at the library. Must be 19+ to attend.

Sat, April 13: Decorate your own CANVAS TOTE to carry your library books! Please register as supplies are limited.

Sat, March 30 & April 27: Join us for FAMILY FUN DROP-IN. Toys, games, and art activities will be out all day...a fun drop-in program for the whole family focused on learning through play.

For more info and special events go to www.gnb.ca/publiclibraries or follow us on FB. Call 357-3329 to register unless otherwise listed as "drop-in".

LIBRARY HOURS

Tues & Wed 10:00am – 8:00pm
Thurs, Fri, Sat 10:00am – 5:00pm

LOCAL RECREATION ORGANIZATIONS

NB Military Family Resource Centre – (506) 422-3352

PSP Gagetown – (506) 422-2749

Oromocto Minor Hockey Assoc. – www.omhahockey.ca

Oromocto Ringette Assoc. – visit their Facebook page

Oromocto Skating Club – visit their Facebook page

Capital Area Minor Football Assoc. – visit their FB page

Oromocto & Area Minor Baseball Assoc. – visit their FB page

Oromocto Minor Softball Assoc. – visit their FB page

Oromocto Area Soccer Assoc. – visit their Facebook page

Oromocto Dragons Judo Club – info@dragonsjudoclub.com

Oromocto Boxing Club – oromctoboxingclub@gmail.com

Oromocto Youth Bowling (YBC) – rodnitz@rogers.com

Piranhas Youth Volleyball – nic.boucher@nbed.nb.ca

Gage Golf & Curling – www.gagegolfandcurling.com

Oromocto & Area Pickleball Club - visit their FB page

To have your group listed, please email bnoseworthy@oromocto.ca

C.B. **WARREN'S** AUTO CARE **357 - 2228**

9 Seneca Street, Oromocto, NB E2V 2H1

cb.warrensauto@gmail.com

Owner: Chris Warren

OASA
REGISTRATION
IS NOW OPEN!

oromctosoccer.powerupsports.com



Interested in helping your community?

OASA is looking for volunteers interested in coaching our recreational and competitive programs!



Contact

coaches@oromctosoccer.ca
for more info!

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact: Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

OROMOCTO QUILTERS

We meet the third Thursday of the month at 6:30pm at the Hazen Center. Everyone welcome! Learn new skills or improve old ones. Membership for the year is only \$20. For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

THE OROMOCTO MARKET

A community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

OROMOCTO PIONEER GARDENS CEMETERY COMPANY INC.

The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, & executes all matters related to the cemetery. For more info, email us at info@oromctopioneergardens.ca or check our Facebook page www.oromctopioneergardens.ca.

THE OROMOCTO & AREA MINOR BASEBALL ASSOCIATION

Provides a fun environment for children to play baseball. We offer programs in our Recreational League and Competitive League, there is something for everyone. Registration for the 2024 season will run from 18 Feb through 15 May 24.

It is recommended that you register early as the higher level teams will have a maximum number of players this year. If you are interested in becoming a board member, coach or to volunteer please reach out to sashajpaul@hotmail.com

TOWN NOTICES

Council Highlights

Oromocto Nursing Home

Council participated in an announcement with representatives from the Province of New Brunswick and Enhanced Living (operator) regarding the new Oromocto Nursing Home. Since 2012, Council and staff have worked tirelessly to make this a nursing home a reality. Here are a few highlights of their activities:

1. Council demonstrated the pathway for the creation of a continuum of care and invested in the services of a health-care consultant (Silvermark Inc) to develop a roadmap to address the service gaps and guide its way forward to meeting its top priority, the need for access to long-term care beds.
2. The Town also:
 - initiated meetings with the Department of Social Development, senior staff, and correspondence with the Minister of Social Development;
 - established quarterly meetings with elected officials to drive alignment of community priorities;
 - increased community service levels in partnership with the Alzheimer's Society;
 - established an Age-Friendly Committee and achieved the World Health Organization's Age-Friendly Community certification;
 - invested in its seniors programming;
 - participated in the Dementia Friendly Communities initiative;
 - led the establishment of a regional community transportation program and secured funding for its first year;
 - participated in research projects and exploration of pilot programs with the Department of Health;
 - and identified and sold a municipal parcel of land for the purpose of construction of the nursing home.

The 60-bed nursing home will be located off Sebani Street. If anyone is interested in employment opportunities, please forward a resume and covering letter to: apply@enhancedliving.ca.

By-Law Readings

1st and 2nd Reading for the Dangerous or Unightly Premises by-law were held. A copy of the proposed by-law can be found on the Town's website: Oromocto.ca

Committee Appointments

Town Council appointed the following individuals to serve on the volunteer committees:

1. Planning Advisory Committee: Jeff Guthrie and Anton Topilnyckj
2. Recreation and Tourism Committee: Marc Cote, Breannah Collins, Dale Currie, Michelle Bedard and Philip Toole.

Contract Awards

1. Dillon Consulting to complete a review of the Town's Building and Subdivision by-laws.
2. The Ginger Agency was awarded a contract to develop a Brand Identity and Communications Strategy for the Town.

Human Resources

Jassy (Xiaojun) Liu has been appointed to the position of Financial Accountant/ Assistant Treasurer. Council also approved the creation of a new Assistant Deputy Fire Chief position.



Town of Oromocto Notice of Meetings

Council in Committee:

12 March 5:30PM
10 & 16 April 5:30PM

Regular Session:

14 March 5:30PM
18 April 5:30PM

Spring News from the Department of Engineering and Public Works:

Spring Leaf Pickup

The Town of Oromocto Spring Leaf Pickup starts in May for residents of **Wards 1-3**. Compostable yard waste such as leaves, grass clippings, branches, bushes, garden refuse and other similar articles can be placed curbside for pickup from **May 6 – May 17**. We ask that lawn rakings, leaves and other similar yard waste are to be bagged – residents are encouraged to use compost bags.

Residents of the Town of Oromocto in Wards 1-4 are also welcome to drop off yard waste items to the Dept. of Engineering & Public Works at 181 Black Watch Avenue. If you have other non-yard waste items for disposal, please visit our webpage at <https://www.oromocto.ca/recycling-and-garbage> for other disposal means.

Meter Reads

The Department of Engineering and Public Works, with the Town of Oromocto, will be in your area performing meter reads starting in April. More information found at: <https://www.oromocto.ca/utility-bills>



HAPPY

Easter Day

Our office will be closed from Friday, 29 March 2024 until Monday, 1 April 2024. We will resume regular operations on Tuesday, 2 April 2024.



YOU'RE INVITED!

OPEN HOUSE

HELP SHAPE THE TOWN'S SUBDIVISION & BUILDING BY-LAWS!

The Town is undertaking updates to its Subdivision and Building By-laws which will apply across the new Town of Oromocto boundary, including the former LSD of Lincoln.

A Subdivision By-law prescribes how and under what conditions a property can be subdivided. A Building By-law sets out standards and conditions for building design, construction, and alteration work to be completed.

Join us on March 12 to learn more and share your thoughts and ideas on the By-law updates.

MARCH 12, 2024

Hazen Park Centre
994 Onondaga Street, Oromocto

6:00 PM – 6:30 PM

Presentation regarding proposed
By-law updates

6:30 PM – 7:00 PM

Q&A session regarding proposed
By-law updates

7:00 PM – 7:30 PM

Opportunity to discuss proposed By-law
updates one-on-one with Town staff

Please contact the Town of Oromocto Planning & Compliance Department with any questions at 1-506-357-4500

Girl Guides

Everything she wants to be.

*Looking for a place where girls are empowered
to take the lead, jump into awesome activities
and explore what matters to them?*

girlguides.ca/jointoday

1-800-565-8111


The Oromocto Galleria
Showcasing over 100 Local Crafters & Artisans
Celebrating 10 Years!

Store Hours:
Tues/Weds - 10 to 5
Thurs - 10 to 6
Fri - 10 to 5
Sat 10 to 4
Closed Sun & Mon

291 Restigouche Road,
Oromocto, NB
506 208-9508

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273 Restigouche Rd, Oromocto

506-357-8883

WWW.NAPACANADA.COM

ODC
OROMOCTO
DENTAL
CENTRE

DR. JESSICA NIELSEN • DR. JONATHAN GALLANT

202 RESTIGOUCHE RD. (506) 446-3300